

Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

October 2013



Council News

At last month's meeting we discussed the idea of hosting a "social" once a month from Nov thru Feb. We have been checking with several halls to see the feasibility of this event. More discussion at the next meeting. Any ideas/suggestions are welcome.

At this month's meeting we have 3 more membership applications to be read for the second time. There may also be a couple more to be read for the first time. It is always a good thing when you know that what you do touches others, to the point that they want to be part of your family.

On Sat & Sun Sept 21 & 22 we were honored to give away our form of medicine (music) at the 13 Moon Turtle Clan pow-wow. It was a real good time. We introduced some "not-so-traditional" songs, but they were well received. The way I look at it; if people dance to a song and are smiling and happy, then it is medicine, maybe not in the traditional sense, but still healing, in its own way.

Also for those who don't realize it, Oct is the Council's anniversary month; 7 years old. So what better way to celebrate that, than with a ceremony. On Sat Oct 12 we will conduct a Healing of the Water ceremony, hopefully a Naming and if weather allows, a pipe ceremony. See announcement ----->

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open. Drumming is not the only thing we do well, but it is what brought us all together at the beginning and what led to the creating of this Council.

If you know of a member, or friend of this Council, who is sick or in the hospital, please let us know ASAP.

****See you at the next meeting: Sunday Oct 6**

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Healing of the Water, Naming and Pipe ceremonies

(Healing of the Water is an Ojibwa/Chippewa style ceremony whereby everyone is invited to offer their prayers and blessings upon a certain body of water, {the brook}, for all water to be clean and purified. The prayers then flow over Mother Earth and touch every other body of water that this brook is connected to.)

Saturday, Oct 12

@ Founders Brook Park



Old Boyd's Lane, Portsmouth RI
{Call for directions, if needed}

Ceremony to start at 12:00

Followed by a Pot Luck late lunch & dancing @ 222 Middle Rd Portsmouth
(please bring something to share)

Natives: Regalia please

Non-natives: Casual

R.S.V.P.: on or before 10/5
401-683-4589

On the lighter side:



"What do you mean, you don't like buffalo?"



Spiritually Speaking

Peace... comes within the souls of men when they realize their relationship, their oneness, with the universe and all its powers, and when they realize that at the center of the universe dwells Wakan-Tanka, and that this center is really everywhere, it is within each of us.

Black Elk, Oglala Sioux

My father explained this to me. He said, "All things in this world have souls or spirits. The sky has a spirit, the clouds have spirits, the sun and the moon have spirits, so have animals, trees, grass, water, stones – everything."

Edward Goodbird, Hidatsa

We were taught to believe that the Great Spirit see and hears everything, and that he never forgets; that hereafter he will give every man a spirit home according to his deserts... This I believe, and all my people believe the same.

Chief Joseph, Nez Perce

In our language there is no word to say inferior or superior or equal; because we are all equal.

Alanis Obomsawin, Abenaki

The Great Spirit told me, "I am the Maker of heaven and earth, the trees, lakes, rivers and all things else. I am the Maker of Mankind; and because I love you, you must do my will.

Pontiac, Ottawa

Can things go well in a land where freedom of worship is a lie, a hollow boast? To each nation is given the light by which it knows GOD, and each finds its own way to express the longing to serve HIM... If a nation does not do what is right according to its own understanding, its power is worthless.

Thunderchild, Plains Cree



Upcoming Events:

Sat Sept 28
Coventry Heritage Day
Paine House Museum, 7 Station St, Coventry RI
401-556-6924

Sun Oct 6
Aquidneck Indian Council's Oct Meeting
1:00 - ?
222 Middle Rd, Portsmouth RI
401-683-4589

Sat Oct 12
Healing of the Water ceremony
12:00 - ?
Founders Brook, Old Boyd's Lane, Portsmouth RI
401-683-4589

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

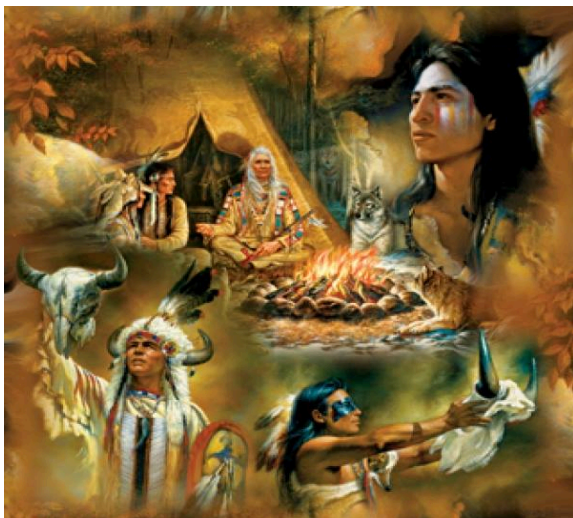
Prayer of Renewal

~KiiskeeN'tum- She Who Remembers

Beginnings, fresh and clean, part of the Sacred Wheel. Each morning is a new opportunity, to share our love, our souls, and spirits, with those who choose to walk this path along with us, to learn the lessons of the Wheel, and grow closer, to The One Who-Created-All.

Each day is fresh and unblemished, clean and pure. Look around, rejoice in the New Beginning, the Sun rises again, our hearts beat within our bodies. We draw fresh breath, and re-enter the world.

Set aside the pain of past days, each day begins afresh. Build upon the past, its lessons and joys, be strengthened by the love within. Reach out in love to those around us, for each day is a gift, given but once.



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Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship? *The Oniset Wig Wam Spiritualist Camp*

9 Crescent Place, Onset, MA.
Opening May 12th for the 2013 Season
www.OnisetWigwam.com
Mondays: Unfoldment Classes with Sharon Ferraro
Tuesdays: Healing Share Thursdays: Gallery Nights

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)
Sunday Services: June thru August - 7:00 PM to 8:30 PM
Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.
Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,
Contact: Rev Patti Craig
1-508-436-3105 evroty@aol.com

Editorial:

Doubts

by: *Raven Speak (Robin Riley)*



Good day my friendly readers. I am always happy to be welcomed to write my thoughts for the month that crosses my path.. And I am always listening to others and my surroundings and acknowledging my teachings from every little detail that my journey throws at me. So I wanted to tell you about one of my biggest lessons this month.. The one time when my son came to me for help & guidance: I doubted everything he was asking for. Not only was I doubting him for what he was wanting to do but I was doubting myself in believing he was strong minded enough to do what he wanted to do.

So speaking from my own experience, at the center of my Self doubts, I always find ego and fear. My fear comes from my ego being the "expert" who says "do it like this..." then says, "I don't have to do it or prove it, it's been done before."

I've found that once I tell my ego where to go (consistently), my fears of failure pretty much disappear, and my excuses not to do, be, try, or overcome go away with it.

Getting rid of the automatic ego reaction did, however, take some self-discipline, time, and patience. It is a sneaky creature, and can morph into so many different presentations... always when you are at your most vulnerable and susceptible point. The trick is to trust your Self, not your doubt infested ego, and always believe you are doing your best in every given moment. Sometimes your best is really really great. Sometimes your best isn't so great, but it's still your best at that moment, and that's all you should ask for.

I found out that there are 3 major things you have to have in your life to win the battle with doubt:

1) Acceptance. If you can accept that you're in a not so great place, then you are one step on your way to changing it. Acceptance, that whatever it is you are doubting about yourself is just a temporary snippet of time (that will pass), is a method for reducing your fear through simplicity. Too much dwelling and too many details make us believe that failure is imminent. If you think about that, it's rather ridiculous to worry because we're all going to fail at something occasionally. That's a part of balance: win some, lose some. Stop your ego from chattering, tell it to just be quiet. All in all people do tend to think and talk too much.

2) Letting go of expectation. Letting go of expectations removes clouds of feelings, like stress and urgency, from most situations, not to mention nixing the tendency to project outcomes. Pick the outcome you want and stick with it without comparisons to outside influences. If you must compare, only compare your Self to your Self. Focus on all those brilliant and validating accomplishments you spoke of. They are your accomplishments, and they are brilliant. You are unique, so you do not compare to any other individual on the planet. Only you can do what you set out to do. Knowing that gives me confidence. Perhaps it will help you, too.

3) Communication. Another aspect I work on is communication with my Self. Contrary to popular old beliefs and smart-aleck comments, talking to your Self is not a weakness, nor is it a sign of being loopy. It is a sign of congruent awareness which, when utilized, develops into an empowering habit of automatic, justifiable self-confidence.

Of course, if you're like me and everyone else, other aspects of doubt tend to surface and try to defeat you from time to time, but I've found that addressing these three areas upfront paves the way to nipping self-doubt in the butt. At the very least, it will give you the push to get someone you trust involved to shove you a bit harder in the right direction if you cannot do it yourself.

My message to you my friend is that; You've probably already figured it out and your eyes are shut to the bigger picture that is painted out to be your answer.. Your doubts are always going to come and go no matter how much you battle.. But just know that to doubt something is sometimes ok.. It's also known to be a better way of not running away but being honest to what you don't feel comfy dealing with..

HAVE A WONDERFUL DAY..
(RAVEN SPEAKS THE FLAMING TRUTH)

Next meeting:



Sunday Oct 6, 1:00

@ 222 Middle Rd Portsmouth

Guests Always Welcome

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
c/o 222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net
Website: www.aquidneckindiancouncil.org

St Joseph's Indian School

Constant Needs:

- Men's deodorant
- Hair gel
- Little girls full slippers in sizes 8-14
- Children's robes
- Dish cloths
- School supplies
- Boys Boxers (all sizes)
- Bath towels
- Running shoes - men's & women's sizes
- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
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Remember to save:

“General Mills” + “Betty Crocker” products box tops.
&
“Campbell’s” products labels.

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)



Inspirational:

All I have seen teaches me to trust the Creator for what I have not seen.

3 Horses, Comanche

From 3 Horses:

As I sit to write this message, for October, I'm still stuck on summer mode. I know I said that for September's message, but I don't want the Fall to enter yet. I know I cannot stop progress, only Great One Above can do that, but there is/was so much more I wanted to do, but never got around to it. Now that the weather is getting colder and the darkness is setting in sooner, no one wants to camp out or sit around a campfire and listen to stories or teachings. It would be nicer inside the tee-pee, but we still haven't found replacement poles yet. As soon as we do, we will set it back up, then maybe, we can sit outside (in the tee-pee) with a fire and enjoy common time.

Also as I am writing this message, I am still looking for a hall to host our socials. As some of you may know, winter socials are a chance to gather, eat, share ideas and dance. We all know it's not the same as a pow-wow, but it is a chance to get out of the house and be with your *Tiyosopae* – extended family. We will keep everyone up to date on the outcome of finding a hall for this. Anyone with any ideas, let us know. I know it is not always in my power to do what I want, even if I think it is in the best interest of our people, but it is in Creator's power to let/make things happen. So, I will let him take charge. *Great One, I ask You to help us - watch over us, and bless us. Give us what You think we need. A-ho!*

See you along the Good Red Road. *Peace*.....



3 Horses & Dreams of Wolves

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority, nor expert on any specific Tribe or Nation.