

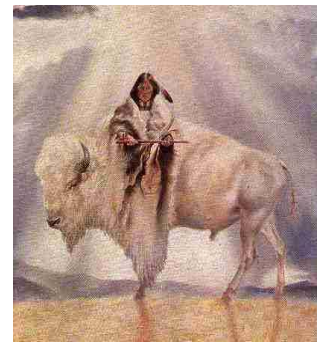
Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

November 2019

We're still here



Council News

On Sun Oct 13th we conducted the “Healing of the Water” ceremony. It was originally scheduled for Saturday, but I guess Great One Above had other plans. All in all it turned out to be a great day. Very spirit filled. The addition of the ladies’ songs provided great balance to the ceremony. Thanks to all that attended.

November is Native American Awareness & Heritage Month. In the past we have had many requests to conduct presentations at various schools, libraries, and other community/civic organizations. We hope to continue that again this year. Some presentations are open to the public, some are private. We will list any open presentations in the Calendar of Events on page 3.

November 11th is Veteran’s Day. Reflect on ALL who have given of themselves. Honor the living Veterans as well those who have crossed over.



Upcoming event: Fall Pot-luck Lunch & Dance Social Gathering. It is always a good afternoon to come out, eat, dance and have some fun. This gives us a chance to gather and share our mixed Native cultures. You don’t have to be Native to enjoy this cultural event. It is open to the public, invite your friends. There will be smudging, food, drumming and dancing and you may win something nice in our raffle. ----->

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

Open drum practices every Thurs night at 6:00. All are welcome to attend. If in doubt – call before you come.

Next meeting is Nov 3rd

Contents:

- Page 1; Council news.
- Page 2; Lighter Side. Spiritually Speaking, Elder’s Message
- Page 3; Events, Adverts, Teaching
- Page 4; Special Event
- Page 5; Native Veterans History
- Page 6; Native Teaching
- Page 7; Native Recipe
- Page 8; Assorted info. Charity Info. Inspirations. Message from 3 Horses.

*We invite you to attend
our Fall Potluck - Lunch, Dance
Social Gathering*

Sat Nov 9th 12:00 – 5:00
@ Sandywoods Center for the Arts,
43 Muse Way, Tiverton, RI
Raffles, Dancing and afternoon fun.
Open to the public - all are welcome.



Please bring something to share.
(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers
All Native entertainers welcome. Call us.

****This is an Alcohol & Drug Free Event****

Contact us for more info.

On the lighter side:



Spiritually Speaking

"So I prayed, but I had to pray from my heart. All of my concentration and thoughts went from my head to my heart. All of my senses - hearing, smell, taste, and feeling - were connected to my heart."

Wallace Black Elk, Lakota

The heart is the gateway to the Unseen World, to the Spirit World. It takes real concentration to do this. To connect to our own heart is also a mental state. It starts in the head and transitions to the heart. This mental state is our inner stillness. Be still and know. This place of the heart is very joyous and peaceful. It is this place that we become one with God, our Creator.

Great Spirit, teach me to be a heart warrior.

"Laughter - that is something very sacred, especially for us Indians."

John (Fire) Lane Deer, Rosebud Lakota

Laughter is mental, laughter is emotional, laughter is physical, and laughter is spiritual. Laughter helps us find balance. If we get too angry, laughter will turn that emotion in a balanced direction. If we have a mental picture of someone who is too strong, laughter will help ease the tension. If the body is stressed, laughter will release natural relaxants into our muscles and our nervous system. Laughter often changes our attitude. We need to lighten up and laugh more.

Great Spirit, teach me to laugh.

Message from the Elder:

John Rock Thrower

Creator tells us to be kind to one another, the trees, the winged ones, the swimmers and the 4 legged ones, to walk softly on mother, and to pray to father. To have gratitude for each new day and for our families. And to take care of those who can't do for themselves. These are the standards I live up to everyday, some days it's so very hard, but without complaint we move on and do our very best.

Sometimes we struggle and others will come to help and we tell them no its because we don't want anyone to look down on us, or treat us any different than anyone else, if you see us struggling its ok to offer help, but don't be surprised or angry if we tell you no we got it, it's because we are trying to keep our dignity.

Have a kind heart for those who are disabled or handicapped, we just want to be loved and respected.

Calendar of Events:

Sun Nov 3rd
Aquidneck Indian Council's monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Nov 9th
Fall Pot-luck Lunch & Dance Social
Sandywoods Center for the Arts
43 Muse Way, Tiverton RI
401-683-4589 12:00 - ?

Fri Nov 15th
NAAM Presentation - Shining Star Preschool
Middletown RI
10:00

Sun Dec 1st
Aquidneck Indian Council's monthly Meeting
Nikomo and Christmas Party
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

** Above is not a complete list of all events happening in our area, just a highlight of events that we are involved in. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

Thanksgiving



For some, above is what Thanksgiving is all about, or, a prelude to Christmas shopping.

The idea of Thanksgiving should be a time of reflecting, being with family and giving thanks to the Great One Above for all that we have.

Many generations have passed, and the legend or reason behind the first Thanksgiving celebration, has been lost.

Take a moment to remember, if the Wampanoag hadn't had pity on the Pilgrims, there wouldn't have been a great day of gathering to "Give Thanks".

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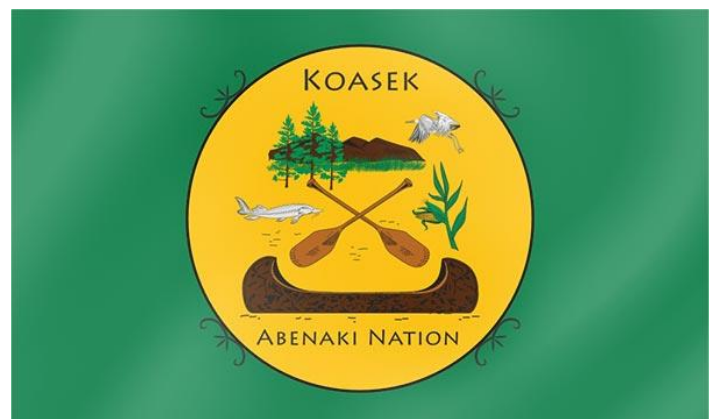
790 Aquidneck Ave. Middletown, RI 02842
401-849-2799 chuckallott@ailt.org

Preserving the Island's open spaces and natural character for the
lasting benefit of our community.

Looking for a new style or place of Worship?
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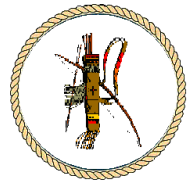
Contact: Rev Patti Craig
1-508-436-3105 evroty@aol.com



Koasek Band - Abenaki Nation



The
AQUIDNECK INDIAN COUNCIL



Invites you to attend

our Fall Potluck - Lunch, Dance Social Gathering

Sat Nov 9th 12:00 – 5:00

@ Sandywoods Farm, 43 Muse Way, Tiverton, RI

Raffles, Dancing and afternoon fun.

Open to the public - all are welcome.



Please bring something to share.

(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome. Call us.

****This is an Alcohol & Drug Free Event****

Directions to: Sandywoods Farm

From Fall River, Providence, and points north, take Route 195 to Route 24S. Follow 24S to 81S. Follow Route 81 to the 81/177 intersection, then turn right, then take your first left (at the Bulgarmarsh Recreation Area) onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

From Newport and southern RI, take the Jamestown and Newport bridges and continue through Middletown and Portsmouth on Route 114 (West Main Road) to Route 24N. After crossing the Sakonnet River bridge, take the Fish Road exit (Exit 6) off of 24N. Turn right at end of exit, then left at the end of Fish Road onto Bulgarmarsh Road. Follow Bulgarmarsh to the Bulgarmarsh Recreation Area (just before the 177/81 intersection) and turn right onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

NOTE: Because Muse Way and the other roads at Sandywoods Farm are newly constructed, you may find that they do not yet show up on your GPS device. info@sandywoodsfarm.org

For more info contact us at

401-683-4589

aquidneck_Indian@verizon.net

www.aquidneckindiancouncil.org

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

History: Comanche Code Talkers



Nūmūrekwa'etūū — “Comanche speakers”

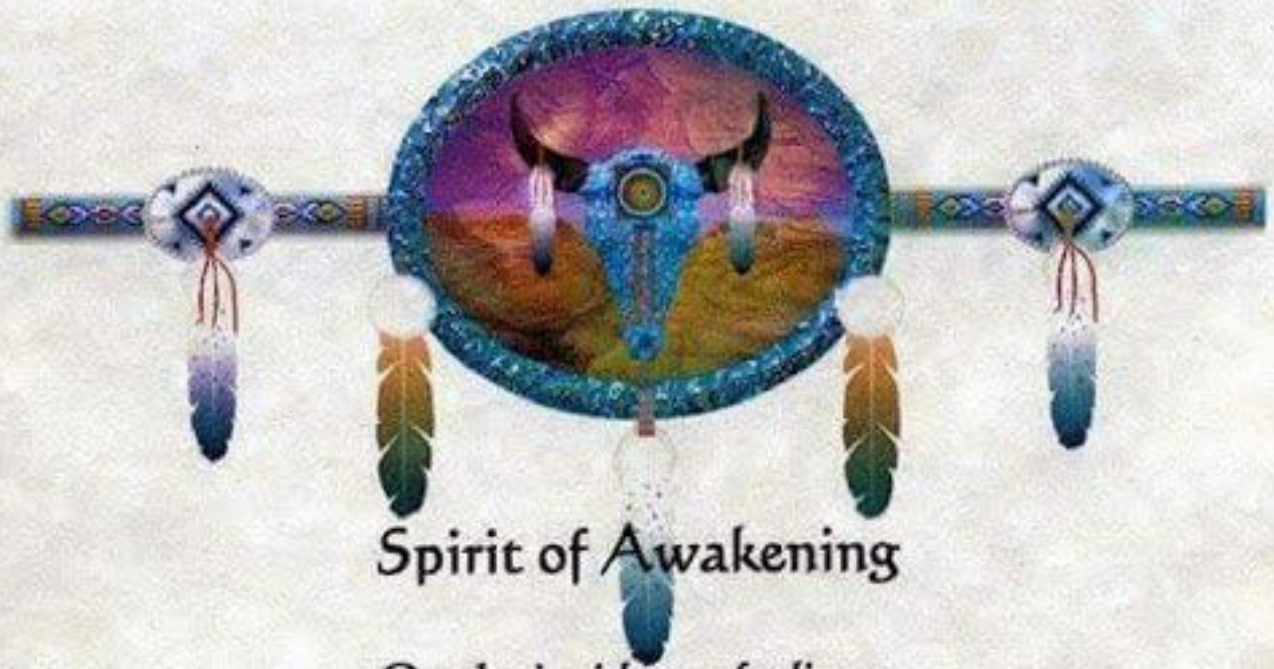
During World Wars I and II, the United States military used select Native American service men to relay secret battle messages based on words from their traditional tribal languages. “Code Talkers,” as they came to be known, are twentieth-century heroes.

Although the Nūmūū (Comanche) language was utilized in battle during WWI, it wasn't until WWII that an organized code was developed. Twenty-one Comanche men were hand-picked by the U.S. Government to participate in the WWII Code Talker program. Seventeen of those men went on to enlist in the U.S. Army and received training as radio operators and line repairmen with the 4th Infantry Division. During this time, the Army gave them free rein to develop secret Comanche code words that no one outside the group would be able to understand, including other Comanche. The move proved successful. It took a military machine up to four hours to transmit and decode a message, but a Comanche Code Talker could decode the same message in less than three minutes. Their codes were never broken.

Fourteen of the Comanche Code Talkers were sent overseas during WWII to fight in the European Theater. Thirteen of those men hit the beaches of Normandy with Allied troops on D-Day. When the 4th Infantry Division landed on Utah Beach, they were five miles off their designated target. The first message sent from the beach was sent in Comanche from Code Talker, Private First Class Larry Saupitty. His message was “*Tsaaku nūnuwee. Atahtu nūnuwee,*” which translates to: “We made a good landing. We landed in the wrong place.”

Several Comanche Code Talkers were wounded in battle but all survived the war. These valiant soldiers are credited with saving the lives of thousands of American and Allied service men. All the Comanche Code Talkers have now passed away but their heroic actions will forever be remembered by a grateful Nation.





Spirit of Awakening

On the inside are feelings,
On the outside are beings,
Going down the red path,
Down the good red road,
In the direction of the Creators way.
You have chosen this way too,
For to help the people in all good ways,
Your coups are prominent.
And for good reason,
Spirits, helpers, and gifts
In caretaking of Father Sky,
And Mother Earth's ceremonies.
Each one holds a part of the whole
That the Creator has brought together
For life as we know it.

Ahoe
Mitake Oyoason

Native Recipe

Pheasant with Chestnut Stuffing



There were unlimited amounts of game birds in the eastern woodlands (especially in RI) when the colonists arrived; including partridge, grouse, wild duck, pheasant, quail and wild turkey.

Some common Native stuffings: Currants, Wild Grapes, Chestnuts & Hazelnuts

Ingredients:

2 3lb Pheasants

2 tablespoons bread crumbs

1 stalk celery

½lb bacon

2lbs Chestnuts

1 small grated onion

1 tablespoon marinade (your choice)

salt, pepper or other spices (to taste)

Instructions:

Stuffing:

Roast 2lbs of chestnuts, cool & peel. Grate in blender or processor. Add 2 tablespoons of bread crumbs, grated onion, chopped celery, 1 tablespoon of marinade and mix well.

Stuff 2 Pheasants. Rub the birds outside with salt, pepper and/or other spices.

Cover the breasts with uncooked strips of bacon.

Roast at 450* for 15 minutes> then lower temp to 325* for 30 to 40 minutes.

Serves 2 - 3

Next meeting:



**** Sunday Nov 3, 1:00**
@ 222 Middle Rd Portsmouth
Guests Always Welcome

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
222 Middle Rd. Portsmouth, RI 02871
401-683-4589
Email: aquidneck_indian@verizon.net
Website: www.aquidneckindiancouncil.org

Inspirational:

"People say that crisis changes people and turns ordinary people into wiser or more responsible ones."

Wilma Mankiller, Cherokee

From 3 Horses:

November is Native American Awareness & Heritage Month as well as Veterans Day and Thanksgiving. As always we may be very busy fulfilling requests for presentations/observations. Try to attend any/some of the functions which are listed in our Events Calendar. It is always good to educate the people on Native culture, to do away with some of the stereotypes. Sometimes this can be done with song. *Let the calling of your heart be heard by all, most especially to Great One Above and to our ancestors.. Don't be afraid to sing...*

Thanksgiving is a day to reflect on family & loved ones. It's not about the turkey or football. It's about 2 different cultures with different ideals coming together in friendship. Sometimes we don't think about the truth, but it is hard to think that one people had to give up everything, be subjected to harsh and devastating treatment, so another could flourish. This ought not to have been. But during this time, think of the great things that have been passed on to us. Thank Creator for HIS blessings. Reach back across the generations and thank your ancestors. Spend the day with loved ones. Spend a part of the day outside communicating with nature and the Creator. Give true thanks and forget the pre-Christmas hype....

See you along the Good Red Road. *Peace.....*

3 Horses & Dreams of Wolves

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&
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products labels. ----->

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)

