

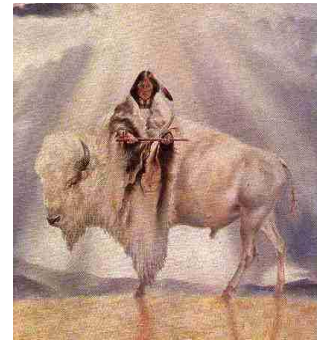
Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

Nov 2018

We're still here



Council News

At the last meeting we were happy to welcome Jo-Ann to the Council family.

Also at the last meeting there were a lot of discussion on future events. Sometimes not everything is listed in the "Calendar of Events".

**On Friday Oct 5th we helped Sandywoods Center for the Arts conduct a "National Native American Day". It was a great turnout. There was over 400 counted at the door. We were happy to have Chief Page and his family come out and help support this event. All in all it was a great event.

On Sat Oct 20th, we hosted the "Healing of the Water" ceremony. The day started off kind of "iffy" due to it raining Friday night. But, the day turned out to be warm & sunny. We offered our prayers, our songs, the blessed water and the pipe. There were many spirits present. I was told they were happy that we were there, whether they understood our purpose or not, they were pleased. After the ceremonies we had a great feast. We enjoyed our time together and anticipate hosting this ceremony again next year.

**Reminder: November is Native American Awareness & Heritage Month. We already have some requests for presentations during the month of Nov. I know not everyone will be able to attend these events, but please try and lend a hand when available.

Upcoming Social Sat Nov 10 ----->

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open.

Next meeting is Sunday Nov 4.

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Message from 3 Horses.

Fall Potluck - Lunch, Dance Social Gathering

Sat Nov 10th 12:00 – 5:00
@ Sandywoods Farm, 43 Muse
Way, Tiverton, RI

Raffles, Dancing and afternoon fun.
Open to the public - all are welcome.



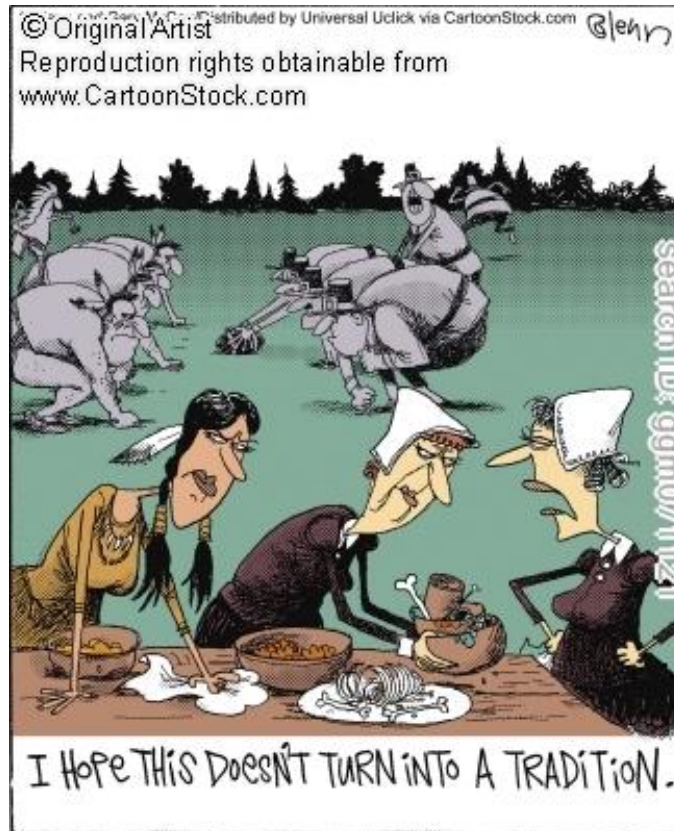
Please bring something to share.
(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome. Call us.

****This is an Alcohol & Drug Free Event****

For details or info: 401-683-4589
aquidneck_indian@verizon.net



Spiritually Speaking

"Our Spiritual belief is that we were created as part of the land - so our identity, our names, and our songs are all tied to the land."

--Chief Roderick Robinson, NisGa'a

In the traditional way, the names of native people had great meaning. We even had naming ceremonies. The naming of someone was very important and had great significance because it was tied to the Earth. The identity of each member and the teachings of the songs were all tied to Mother Earth. We need to know these teachings from our culture. This knowledge will help us heal the people.

My Maker, today help me find my identity.

"Money cannot buy affection."

--Mangas Coloradas, Apache

In these modern times we put too much emphasis on material things and on money. We believe that money is power. If we have money, people will respect us. If we have money, people will admire us. If we have money, we can have anything we want. Maybe we can purchase anything in the material world, but we cannot purchase anything in the Unseen World. The Unseen World is not for sale. It can only be given away. Love, affection, admiration, trust, respect, commitment -- these must be earned or given away. If we use these things from the Unseen World, we are using real power.

My Creator, let me demonstrate Your power today. Let me be loving to all I meet.

Upcoming Events:

Sun Nov 4
Aquidneck Indian Council's Monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Nov 10
Fall Lunch & Dance Social
Sandywoods Center for the Arts
43 Muse Way, Tiverton, RI
401-683-4589 12:00 – 5:00

Sun Dec 2
Aquidneck Indian Council's Monthly Meeting
Christmas Party & Nikoma
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Dec 8
Winter Lunch & Dance Social
Sandywoods Center for the Arts
43 Muse Way, Tiverton, RI
401-683-4589 12:00 – 5:00

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

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Preserving the Island's open spaces and natural character for the
lasting benefit of our community.

Looking for a new style or place of Worship? *The Oniset Wig Wam Spiritualist Camp*

9 Crescent Place, Onset, MA.
www.OnisetWigwam.com

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)
Sunday Services: June thru August – 7:00 PM to 8:30 PM
Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.
Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,
Contact: Rev Patti Craig
1-508-436-3105 evroty@aol.com



Veteran's Day 11/11

Salute to ALL Veterans

Native Americans have served proudly
and bravely in the US Military.

12,000 in WWI
44,000 in WWII
10,000 in Korea
42,000 in Vietnam
24,000 today

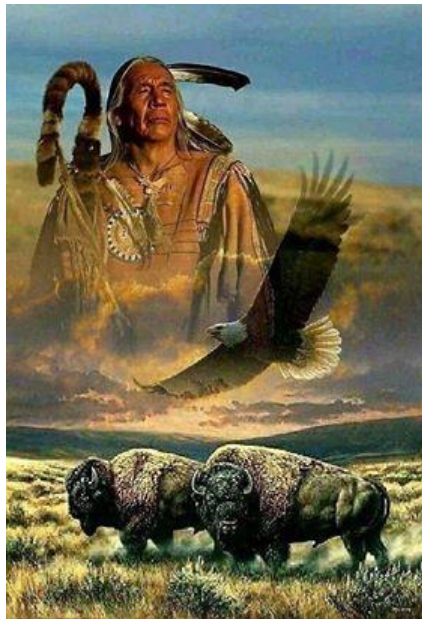
Hokahey, Hokahey – Follow me, it is a good day to die. Crazy Horse, Oglala Sioux



Nottoway Nation

Native Teaching: NATIVE AMERICAN SPIRITUALITY

by Bev Morning Star



Introduction: The search for Native American Spirituality can explain its origins in deep truth that is embedded from our ancestors. Our Elders passed on their stories from fathers to sons and then sons on to their sons. They told their divine inspirations and visions given to them from our Great Spirit to each generations then passed it on to the next generations to come. It was told in the same manner for countless of generations in the same way; as it is done to this day.

Many non-native people are drawn to learning more about the ceremonies and rituals of our people. They have an eagerness to incorporate native ways into their own spiritual lives. It is true that some tribes do believe that the sacred ways are for all people, and to be used for all and not just for a select few. While it may be a good thing that others want to learn more about the native ways of doing things, such as honoring our Creator, and healing Mother Earth. We must teach them that these teachings are Sacred and must be honored and not disrespected in anyway. Many non-native people who decide to walk the Red Road have no idea where to begin to look for guidance. They may have a true desire to learn because they feel so connect to what we stand for. Yet, with so many so called teachers out there who may even call themselves Medicine Man/Medicine Woman it becomes very confusing. Especially, when they are charging large sums of money for their teachings as I have seen myself.

Most real medicine people have no need to claim they are a medicine man/woman. They are willing to heal others by being a good, listener, offering comfort when needed, giving healing if asked it is acceptable for them to take taking a small gift offering or nothing at all. They usually are very humble and go about their way knowing their gift/abilities come from our Creator, and it is the Creator who does the healing and not the person. It is the Creator who decides who has the gift to heal and who doesn't. Remember no human being has the power to heal, it is the power of the Creator coming through the person that He has chosen to be the medicine man/woman. A person has been given Spiritual Power from our CREATOR to aid in healing, they cannot do it on their own. A person can be taught many things by a teacher, but it is the Creator who will determine the path that each of us must take in our lifetime. Anyone; who truly wants to follow the medicine path must be determined to work on themselves first by getting rid of their ego and becoming humble. Going to a sweat lodge, a drumming ceremony, and smoking a pipe for a few weeks is not going to teach a person all there is about Native American Spirituality.

Every tribe(nation) has their own set of ceremonies, one is not better than the other they all honor our Creator. The point being that if a person desires to study the way of a certain tribe they should try to follow that tribe's teachings. Taking the first step is the hardest, then being determined to pursue the path you chose whether it is Cherokee, Lakota, Crow, or Apache etc. you get the idea. The most important thing to remember is to allow the Creator to work through us by keeping our hearts, bodies, and minds as pure as we can. This can be done by prayer, living a purposeful life, eating and drinking healthy foods, allowing no negative thoughts/words to rule our lives. If we all try to do our best, the Creator knows it and He will use us to work through. Our Creator seeks to use each and every one of us if we come to Him with a humble spirit and a pure heart, we will be used in a mighty way.

Conclusion: Native American Spirituality is about connecting to our Great Spirit and allowing Him to use us as a channel to work through for the sake of others. Ceremonies are a powerful way to first give Him thanks, for healing, for petitioning, honoring and simply celebrating.

Editorial: Teaching

By Dreams of Wolves

"Now, prepare the young people to
step into the future with
those teachings."

-Grandmother Twylah Nitsch



Every month the newsletter goes out and every month the Chief asks for input from all. It is good to write about something you have knowledge of; the culture, or your own Nation, that is part of the "Teaching". Anyone can write something, even if you are only Native in your heart, you can still offer up something of interest for the newsletter. You can tell people what you have learned by being with the Natives, I'm sure there must be something that you've learned, or that amazed you.

Over the past 11 years, I have learned a lot, but there are still a lot of things I don't know. The best part is when you can sit with an Elder and they tell you their experiences, from way back to now. I wish there were more of these Elders. They went through so much and they have great knowledge.

Unfortunately, in today's world there is still ignorance even from those that are Native. Just because someone isn't 100% Native, which are very few today, the hatred should stop. With all the hate and misjudging, it makes the culture look, to outsiders, that you can't get along and get together. So this is why people that have great knowledge should help others that don't. Sharing is one of the best ways of learning the culture. Those that have a lot of Native Blood – help those that don't. Teach – don't bash.

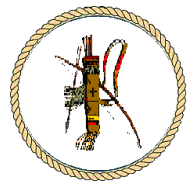
If you have something you want to share, it would be greatly appreciated. Come on and change the attitude, this way we can change the image of the Natives. Also by doing this, you just may open the eyes of non-native people who have had no interaction with Natives, except what they read in outdated history books or see on TV. Get involved – help teach the "real" history & culture.





The

AQUIDNECK INDIAN COUNCIL



Invites you to attend

our Fall Potluck - Lunch, Dance Social Gathering

Sat Nov 10th 12:00 – 5:00

@ Sandywoods Farm, 43 Muse Way, Tiverton, RI

Raffles, Dancing and afternoon fun.

Open to the public - all are welcome.



Please bring something to share.

(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome. Call us.

****This is an Alcohol & Drug Free Event****

Directions to: Sandywoods Farm

From Fall River, Providence, and points north, take Route 195 to Route 24S. Follow 24S to 81S. Follow Route 81 to the 81/177 intersection, then turn right, then take your first left (at the Bulgarmarsh Recreation Area) onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

From Newport and southern RI, take the Jamestown and Newport bridges and continue through Middletown and Portsmouth on Route 114 (West Main Road) to Route 24N. After crossing the Sakonnet River bridge, take the Fish Road exit (Exit 6) off of 24N. Turn right at end of exit, then left at the end of Fish Road onto Bulgarmarsh Road. Follow Bulgarmarsh to the Bulgarmarsh Recreation Area (just before the 177/81 intersection) and turn right onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

NOTE: Because Muse Way and the other roads at Sandywoods Farm are newly constructed, you may find that they do not yet show up on your GPS device. info@sandywoodsfarm.org

For more info contact us at

401-683-4589

Aquidneck_Indian@verizon.net

www.aquidneckindiancouncil.org

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Native Recipe

Scallop of Turkey

{A great use for your leftover turkey}



Wild turkeys were found in great numbers when the white man landed on the New England, or Northern Woodland shores, some weighing as much as 50 pounds. Since they were a little tougher than today's varieties, they were usually cooked on a spit over a fire for a long period of time. Stewing them for hours was another method of tenderizing them. Because of their size, many meals were made from just one bird, and consequently there are hundreds of recipes for using leftover turkey meat, below is one of the best.

FYI: Turkey was one of the most exciting new exports to Europe from the New World. They were first brought back to Europe by explorers in the 16th century.

Ingredients:

2 cups sliced or cubed cooked turkey
1 cup grated cheddar (cheddar, swiss, etc)
1 can cream of celery soup
Spice to taste with: salt, pepper, garlic, or parsley.

4 cooked potatoes sliced
½ onion large (chopped)
½ cup of cranberries (if desired)

Butter a baking dish/pan and layer it with potatoes and turkey. Sprinkle onion and grated cheeses over it.

Mix soup with 1/3 can of water or milk, if you want it extra creamy, and pour over dish.

Bake covered 40 minutes at 350* Serves 4

Next meeting:



**** Sunday Nov 4, 1:00
@ 222 Middle Rd Portsmouth**

Guests Always Welcome

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net
Website: www.aquidneckindiancouncil.org

Inspirational:

"People say that crisis changes people and turns ordinary people into wiser or more responsible ones."

Wilma Mankiller, Cherokee

From 3 Horses:

To be accepted is a great feeling. I'm thinking about those who come to me and ask for a Native name. To be a member of something - is good, to be part of a family - is better, to be recognized by the Great Spirit - is great.

We are all looking to be accepted, among our peers. With acceptance, there are responsibilities. One is respect: We must respect each other's space and privacy. We should not spread rumors or gossip. We should not poke our nose where it doesn't belong. The other is willingness to be flexible, to keep harmony: Not everyone thinks or acts alike, we are all different, in our own ways. Some people have nothing better to do than to pick on others faults. This is not what the Creator wants. We need to put that aside.

To be accepted, you must accept others, as they are. *Great One help me to find faults in myself, not others.*

See you along the Good Red Road.

Peace.....

3 Horses & Dreams of Wolves

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- Children's tennis shoes (sizes 1-4)
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&

"Campbell's"
products labels. ----->

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)

