

# Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

## Newsletter

November 2015



### Council News

Even though this is Nov's newsletter, it will be going out in late Oct, so we hope to see a lot of our friends at the Healing of the Water ceremony (Sat 10/24). We have had a lot of interest from people on facebook as well as people we have made friends with along the trail. I will relate to this more in next month's newsletter.

Our Fall and Winter Pot-luck Lunch and Dance Socials will be held at the **Middletown FOP Lodge #21, 464 Mitchell's Lane, Middletown RI**. It is off East Main Road (Rte. 138) at the Portsmouth – Middletown line. You can find it by magic talking box (GPS) or contact us for directions.

The dates are: Nov 14, Dec 12, Jan 9 & Feb 13

There will be a flyer in Nov, Dec, Jan & Feb's newsletter.

At last month's meeting we were happy to welcome Marie to our extended family.

Also at last month's meeting, Scott "*White Horse that Chases Buffalo*" was appointed to 2 key positions; Council Fire Keeper and Warrior Guard. These positions have been vacant for some time now. We will make this official during the Healing of the Water ceremony. Please come and congratulate him on his acceptance to these positions of honor.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

If you know of a member, or friend of this Council, who is sick or in the hospital, please let us know ASAP.

**\*\*See you at the next meeting: Sunday Nov 1**

### Contents:

Page 1; Council news.  
Page 2; Lighter Side. Spiritually Speaking  
Page 3; Adverts, Events  
Page 4; Teaching  
Page 5; History  
Page 6; Event Invitation  
Page 7; Native Recipe  
Page 8; Assorted info. Charity Info. Inspirations.  
Message from 3 Horses.

### THE AQUIDNECK INDIAN COUNCIL



*Invites you to attend*  
our Fall Potluck - Lunch, Dance  
& Social Gathering

Sat Nov 14<sup>th</sup> 12:00 – 5:00

**\*\*Note: New Location\*\***

**Middletown FOP Lodge #21**  
464 Mitchell's Lane, Middletown RI

Raffles, Dancing and afternoon fun.



Open to the public - all are welcome.

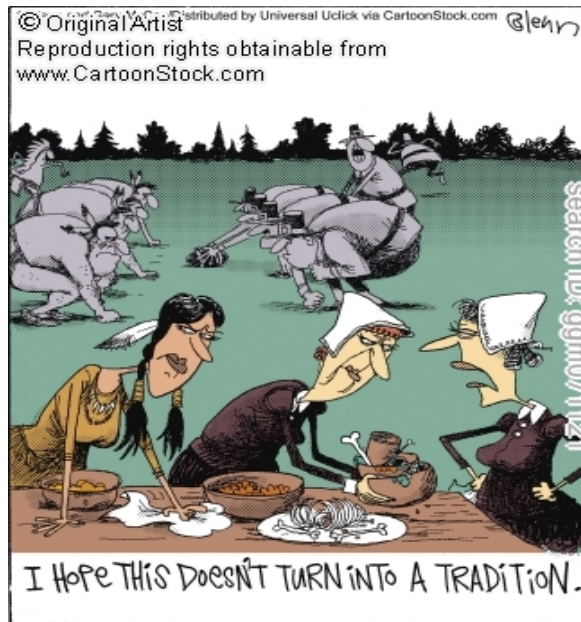
Please bring something to share.  
(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome.

**\*\*This is an Alcohol & Drug Free Event\*\***  
For info contact us @ 401-683-4589

On the lighter side:



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## *Spiritually Speaking*

"So I prayed, but I had to pray from my heart. All of my concentration and thoughts went from my head to my heart. All of my senses - hearing, smell, taste, and feeling - were connected to my heart."

*Wallace Black Elk, Lakota*

The heart is the gateway to the Unseen World, to the Spirit World. It takes real concentration to do this. To connect to our own heart is also a mental state. It starts in the head and transitions to the heart. This mental state is our inner stillness. Be still and know. This place of the heart is very joyous and peaceful. It is this place that we become one with God, our Creator.

Great Spirit, teach me to be a heart warrior.

-----

"Laughter - that is something very sacred, especially for us Indians."

*John (Fire) Lane Deer, Rosebud Lakota*

Laughter is mental, laughter is emotional, laughter is physical, and laughter is spiritual. Laughter helps us find balance. If we get too angry, laughter will turn that emotion in a balanced direction. If we have a mental picture of someone who is too strong, laughter will help ease the tension. If the body is stressed, laughter will release natural relaxants into our muscles and our nervous system. Laughter often changes our attitude. We need to lighten up and laugh more.

Great Spirit, teach me to laugh.

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"The greatest obstacle to the internal nature is the mind. If it relies on logic the domain of the inner nature is inaccessible. The simple fact is a man does not challenge the wisdom of the Holy Mystery."

*Turtleheart, TETON SIOUX*

Why is it we need to analyze and understand everything? The Great Mystery has designed certain areas of creation to be a mystery because humans usually misuse it. We use the Great Mystery and see it unfold only under the direction of the Great Spirit. The Creator is in charge.

Great Spirit, let me realize You are in charge. I'm to do what You want.

## Upcoming Events:

Sat Oct 24  
Healing of the Waters Ceremony  
Founder's Brook  
Portsmouth RI  
401-683-4589 12:00 - ?

Sun Nov 1  
Aquidneck Indian Council's Monthly Meeting  
222 Middle Rd, Portsmouth RI  
401-683-4589 1:00 - ?

Sat Nov 14  
Fall Pot Luck Lunch & Dance Social  
Middletown FOP Lodge #21, 464 Mitchell's Lane,  
Middletown RI  
401-683-4589 12:00 - 5:00

Mon Nov 16  
Native American Awareness Month observance  
Shining Star Preschool  
Valley Rd, Middletown RI  
10:00 - 11:00

Weds Nov 18  
Native American Awareness Month observance  
Naval Station Newport  
Building 690  
10:00 - 11:00

Sun Dec 6  
Aquidneck Indian Council's Monthly Meeting  
222 Middle Rd, Portsmouth RI  
401-683-4589 1:00 - ?

\*\* Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

## Veteran's Day



American Indians have proudly fought in every branch of service starting in World War One.

More than 8,000 Indians served in WWI, 25,000 in WWII, 43,000 in Vietnam and 24,000 in Desert Storm.

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**Aquidneck  
Land Trust**

790 Aquidneck Ave. Middletown, RI 02842  
401-849-2799 [chuckallott@ailt.org](mailto:chuckallott@ailt.org)

Preserving the Island's open spaces and natural character for the lasting benefit of our community.

**Looking for a new style or place of Worship?**  
***The Oniset Wig Wam Spiritualist Camp***

9 Crescent Place, Onset, MA.  
Opening May for the 2015 Season  
[www.OnisetWigwam.com](http://www.OnisetWigwam.com)

or  
***First Spiritualist Church of Brockton***

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)  
Sunday Services: June thru August – 7:00 PM to 8:30 PM  
Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.  
Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,  
Contact: Rev Patti Craig  
1-508-436-3105 [evrotty@aol.com](mailto:evrotty@aol.com)

## Native Teaching: *Wolf Medicine*



The Wolf cries her haunting song of Life's Refrain, echoing across the planes of time and space. I honor you dear Sister, and embrace the lessons that you have come to teach. Whisper them now to me in my sleep. Shed your Wisdom and Amber Light, upon the dark corridors of my human mind, so that I too might reach that shore, the shores of Time Unbound.

How long has human kind looked into the golden eyes of the Wolf and wondered what inner Knowledge ignites the fire that glows from the depths of those mysterious eyes? He walks quietly through the world, slipping like a shimmering mist through the forest of ancient trees, gathering Knowledge, attaining Wisdom forged in the fires of Experience so that he might return again to the Pack and Teach all that he has come to know.

### *Wolf Totem*

Within Wolf Totem, there are three sub-species to consider, they are . . . Gray Wolf, Red Wolf and Arctic Wolf (and its shadow - Black Wolf). Each of the three sub-species share the common role of Teacher as well as several other keywords, however, they also possess their own medicine as well, unique to each type.

### *Teacher*

The Wolf is the Soul that leaves the comfort and familiarity of the Pack, to travel out into the world of the unknown. In her Quest for Knowledge, she begins her journey by setting off South, and it is here that she is schooled in the classroom of trial and error as she dances her way through the flames of experience. This is the Direction of the Personality Center, learning to trust herself and her own keen intuition which has been forged through confronting both external obstacles, and her own fears. Thus, a sense of self-reliance is cultivated as she puts to test the lessons she has learned. Then, from deep within, comes the stirring recognition that there must be more, and she is once again off on her journey, headed this time toward the West. Here, she embarks on the Journey Within as this is the Direction of the Great Mystery, or the Spirit Center.

In the West she finds that the labor of her actions have borne fruit as she strives to integrate the Personality Center with the Spirit Center. She contemplates here, in silent reverie, on all that has gone before. This is the time of moonlight, and as she gazes at the image of herself in the shimmering water of her soul's reflection, her whole being is awash in the glow of joy that comes from the recognition that life is magical and that, having absorbed her lessons, she has received a Spiritual Rebirth. She then arises from the ashes of the old, as a new and enlightened being.

Then, she turns her face toward the North and when she arrives there discovers a sense of new found courage gained through resolve and determination. She reawakens to the physical state of her being in the process of integrating Physical with Personality and Spirit. The recognition is made that one is also a physical creature, though the Spirit is the force that sustains the physical life. It is here that a time of thanksgiving and celebration is had for all that the Great Spirit has given, and for the experiences which have gone before. Yet the East now beckons her as she listens to the haunting cries of her Pack and turns her noble head toward Home. When she returns to the Pack, the Knowledge gained from her journey, ignites her Being, as a lantern from within. The Pack draws near to her listening for the Wisdom she will impart, as her destiny is to share what she has learned with the rest of the Pack so that the leap across the planes can be made by All. This is the Path of the Teacher.

### *Individual, Group Consciousness*

Wolf Totem understands that the unity of the Pack is crucial to his survival, yet the Pack likewise recognizes the vital contribution that each Wolf makes. Wolves live in highly complex social structures called "Packs" with a dominant Male and Female pair, or the Alpha Male and Female, leading the Pack. Every other member not only has a "ranking" within the pack, from Beta through Omega, they also have a unique role. It is this very structure which may have been behind Rudyard Kipling's eloquent quote:

*"For the strength of the Pack is the Wolf, and the strength of the Wolf is the Pack."*

The two legged with the Wolf as his/her Totem has an inner need to be of service for the "greater good." Although the individual with Wolf Totem enjoys the company of others, there exists as well, the need for time alone. This "lone wolf" time will be spent in quiet contemplation and reflection upon the experiences of life before translating these thoughts to form and rejoining the "Pack" once more.

## History: Comanche Code Talkers



*Nūmūrekwa'etūū — “Comanche speakers”*

During World Wars I and II, the United States military used select Native American service men to relay secret battle messages based on words from their traditional tribal languages. “Code Talkers,” as they came to be known, are twentieth-century heroes.

Although the Nūmūū (Comanche) language was utilized in battle during WWI, it wasn't until WWII that an organized code was developed. Twenty-one Comanche men were hand-picked by the U.S. Government to participate in the WWII Code Talker program. Seventeen of those men went on to enlist in the U.S. Army and received training as radio operators and line repairmen with the 4th Infantry Division. During this time, the Army gave them free rein to develop secret Comanche code words that no one outside the group would be able to understand, including other Comanche. The move proved successful. It took a military machine up to four hours to transmit and decode a message, but a Comanche Code Talker could decode the same message in less than three minutes. Their codes were never broken.

Fourteen of the Comanche Code Talkers were sent overseas during WWII to fight in the European Theater. Thirteen of those men hit the beaches of Normandy with Allied troops on D-Day. When the 4th Infantry Division landed on Utah Beach, they were five miles off their designated target. The first message sent from the beach was sent in Comanche from Code Talker, Private First Class Larry Saupitty. His message was “*Tsaaku nūnuwee. Atahtu nūnuwee,*” which translates to: “We made a good landing. We landed in the wrong place.”

Several Comanche Code Talkers were wounded in battle but all survived the war. These valiant soldiers are credited with saving the lives of thousands of American and Allied service men. All the Comanche Code Talkers have now passed away but their heroic actions will forever be remembered by a grateful Nation.





The  
**AQUIDNECK INDIAN COUNCIL**



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*Invites you to attend*

our Fall Potluck - Lunch, Dance Social Gathering

Sat Nov 14<sup>th</sup> 12:00 – 5:00

@ Middletown FOP Lodge #21, 464 Mitchell's Lane, Middletown, RI

Raffles, Dancing and afternoon fun.

Open to the public - all are welcome.



Please bring something to share.  
(Coffee, water & soda will be provided by the Council)  
Drumming by: the Soaring Eagle Singers

All Native entertainers welcome.

**\*\*This is an Alcohol & Drug Free Event\*\***

Directions to: FOP Lodge

From Fall River, Providence, and points north, take Route 195 east to Route 24S. Follow 24S to 138S East Main Rd in Portsmouth. Follow Route 138 approx. 6 miles past the State Police barracks, use Sarge's Autobody as a focus point. Mitchell's Lane is next left at Portsmouth & Middletown line. Spruce Acres tree farm is directly across from Mitchell's Ln. If you see Slate Farm, you passed it.

From southern RI, take the Jamestown and Newport bridges and continue through Middletown on Route 114 (West Main Road) to Route 138N East Main Rd. Follow East Main approx. 4 miles. Mitchell's Lane is next right after Boulevard Nurseries.

For more info contact us at  
401-683-4589

[Aquidneck\\_Indian@verizon.net](mailto:Aquidneck_Indian@verizon.net)

[www.aquidneckindiancouncil.org](http://www.aquidneckindiancouncil.org)

## Native Recipe

# Scallop of Turkey

{A great use for your leftover turkey}



Wild turkeys were found in great numbers when the white man landed on the New England, or Northern Woodland shores, some weighing as much as 50 pounds. Since they were a little tougher than today's varieties, they were usually cooked on a spit over a fire for a long period of time. Stewing them for hours was another method of tenderizing them. Because of their size, many meals were made from just one bird, and consequently there are hundreds of recipes for using leftover turkey meat, below is one of the best.

FYI: Turkey was one of the most exciting new exports to Europe from the New World. They were first brought back to Europe by explorers in the 16<sup>th</sup> century.

### Ingredients:

2 cups sliced or cubed cooked turkey  
1 cup grated cheddar (cheddar, swiss, etc)  
1 can cream of celery soup  
Spice to taste with: salt, pepper, garlic, or parsley.

4 cooked potatoes sliced  
½ onion large (chopped)  
½ cup of cranberries (if desired)

Butter a baking dish/pan and layer it with potatoes and turkey. Sprinkle onion and grated cheeses over it.

Mix soup with 1/3 can of water or milk, if you want it extra creamy, and pour over dish.

Bake covered 40 minutes at 350\* Serves 4

# Next meeting:



**\*\* Sunday Nov 1, 1:00**  
**@ 222 Middle Rd Portsmouth**

*Guests Always Welcome*



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### AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman  
Dreams of Wolves (Barbara Sly), Secretary  
c/o 222 Middle Rd. Portsmouth, RI 02871  
401-683-4589

Email: [aquidneck\\_indian@verizon.net](mailto:aquidneck_indian@verizon.net)  
Website: [www.aquidneckindiancouncil.org](http://www.aquidneckindiancouncil.org)

### Remember to save:

“General Mills” + “Betty Crocker”  
products box tops. ----->

&

“Campbell’s”  
products labels. ----->

For St Joseph’s Indian School  
(see *Dreams of Wolves* for a detailed list)



### Inspirational:

Certain small ways and observances sometimes have connection with large and more profound ideas.

*Luther Standing Bear, Oglala Sioux*

### From 3 Horses:

November is Native American Awareness & Heritage Month as well as Veterans Day and Thanksgiving. As always we will be very busy fulfilling requests for presentations/observations. Try to attend any/some of the functions which are listed in our Events Calendar. It is always good to educate the people on Native culture, to do away with some of the stereotypes. Sometimes this can be done with song. *Let the calling of your heart be heard by all, most especially to Great One Above and to our ancestors.. Don't be afraid to sing...*

Thanksgiving is a day to reflect on family & loved ones. It's not about the turkey or football. It's about 2 different cultures with different ideals coming together in friendship. Sometimes we don't think about the truth, but it is hard to think that one people had to give up everything, be subjected to harsh and devastating treatment, so another could flourish. This ought not to have been. But during this time, think of the great things that have been passed on to us. Thank Creator for HIS blessings. Reach back across the generations and thank your ancestors. Spend the day with loved ones. Spend a part of the day outside communicating with nature and the Creator. Give true thanks and forget the pre-Christmas hype....

See you along the Good Red Road. *Peace*.....

*3 Horses & Dreams of Wolves*



*The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority, nor expert on any specific Tribe or Nation.*