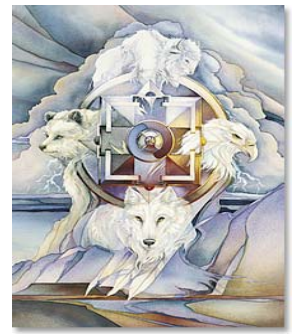


Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

June 2015



Council News

On Sat May 16 we were happy to be part of Norman Bird Sanctuary's "Spring Garden Kick-off". As we started, it was sprinkling, but the hawk flew over, the sun came out, and the people came. We had a nice afternoon lecturing, storytelling, drumming and teaching the people how to dance to the various song styles. We hope to work together on more events in the future.

For those of you who don't know, June 7th is our last official meeting for the summer. We do not meet during July or August due to people's vacations, pow-wows, and/or other assorted interests. During this time, we will conduct any serious or needed business either during drum practices or call the membership together for an emergency meeting, if necessary. We will resume regular stated meetings the first Sunday in September. Also, this will be the last newsletter for the summer. The next newsletter will go out the last week, or so, in August. So, if anyone has anything they would like to contribute to Sept's newsletter, you have plenty of time to get it ready. The newsletter is of and for the people. It should not be just one voice; all are welcome to add their ideas. Any and all submittals are appreciated.

Lately we have had many prayer requests come before us. Some have lost family members, some are sick, ill, or injured - one was a new baby being born. Creator has put us here for a purpose. If it's to ease a friend's woes or to celebrate a happy event, we will always send out our healing medicine to them. We ask the Great Spirit to send out light & love to all who need healing.

If you know of a member, or friend of this Council, who is sick or in the hospital, please let us know ASAP.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

*****See you at the next meeting: Sunday June 7***

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The Medicine Wheel is the symbol of all creation. This ancient emblem represents all of life's forces. The Medicine Wheel explains our existence. It tells what is true and what is needed to live.

The Medicine Wheel is divided into 4 parts. Those four parts represent the whole of the person, the whole of the Creator, or the whole of the universe. A Medicine Wheel representing life would include birth/death, childhood, adulthood and old age.

The Wheel may symbolize "self" - spiritual, emotional, physical and mental. If a person lacks one aspect of the wheel, or one section is sick or lagging, the Medicine Wheel will remain unbalanced, and the self will not be whole. Once the area is mended, the self can focus on its path.

On the lighter side:



Spiritually Speaking

We are all moving along the river of life. Enjoy the scenery. Look and you will see the Creator. Fish along the way and don't forget to play. Pull your canoe up on the shoreline and rest. Pick berries and collect them in your birch bark basket. Taste the blueberry, and you will taste Creator. Build a nice fire and cook your fish. Taste the fish and you will taste Creator. Burn cedar, sage and sweet grass, you will smell Creator. Place tobacco down and thank the four directions for their gifts. Watch the sun trail to the west. It is the glory of the Creator. Tell your companions of your journey and listen to theirs. Tell stories around the fire and enjoy each other's company. Tell jokes, laugh, enjoy. Look into the eternity of cousin fire and you will touch Creator's pulse. Rest under Grandmother Moon's glow and sleep well.

Your greatest treasure is your child within. Continue to nurture your child even as you grow old. This child is forever part of you. The child within gifts you the freedom that you crave, the spontaneity you wish for, the wonder you desire. Go to the East direction when in need of these things. Remain connected to your child within. See with child eyes and you will see the affinity of life.

Give your time, your Self, to others. Help with a door, slow down for the aged, read to a child. Give your best. Share your smiles. Share your joy as well as your sadness. Serve others to serve yourself. That's integrity. If you think you are humble, you probably are not. If you think you're not humble, you probably are.

Walk in harmony. Walk in beauty. Don't cling to dark or bright. Look for the rainbow in puddles, for every negative has within a positive, and vice versa. Be deliberate with your choices and intentions. Follow your heart. Follow your drum beat. Life is a boomerang and will return to you what you send out into the universe.



Upcoming Events:

Sun June 7

Aquidneck Indian Council's Monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat & Sun June 20 & 21
13th Annual Red Road Pow-wow
Pratt Farm

110 East Main St, Middleboro, MA
508-880-6887 10:00 – 5:00

Sat July 4th

Aquidneck Council's Annual 4th of July celebration
Drumming, Food, Fireworks, Campfire, Camping
222 Middle Rd, Portsmouth
401-683-4589 Time: TBD

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

Elder's Message:

A lot of problems would disappear if we talk "TO" each other, instead of "ABOUT" each other.

Shadow Fox

Native American 10 Commandments

Treat the Earth and all that dwell thereon with respect.

Remain close to the Great Spirit.

Show great respect for your fellow beings.

Work together for the benefit of all mankind.

Give assistance and kindness wherever needed.

Do what you know to be right.

Look after the well-being of mind and body.

Dedicate a share of your efforts for the greater good.

Be truthful and honest at all times.

Take full responsibility for all your actions.

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Aquidneck
Land Trust

790 Aquidneck Ave. Middletown, RI 02842

401-849-2799 chuckallott@ailt.org

Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship?

The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA.

Opening May for the 2015 Season

www.OnisetWigwam.com

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)

Sunday Services: June thru August – 7:00 PM to 8:30 PM

Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.

Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,

Contact: Rev Patti Craig

1-508-436-3105

evroty@aol.com

Editorial:

To whom it may concern

by *Raven Speak (Robin Rielly)*



It has been brought to my attention on many different moments of people spreading their word of claiming to be A SELF PROCLAIMED SHAMAN. I write this letter for all to read and understand that I have opinions about this and feel very strong that those people who claim this don't understand what and how a real Shaman walks their path.

As most know, any medicine person worth his/her salt, and virtually every Indigenous American, who has grown up in his or her culture, knows that spiritual and physical health work hand-in-hand, not separately. Virtually every spiritual path on Mother Earth teaches this fundamental truth. In cases where there is a chronic or incurable physical disability or disease, the [medicine man/woman] duty is to nurture the inflicted person's spiritual well-being and see to it that the person is as physically healthy and comfortable as possible under the circumstances...

A Shaman is trained in the ancient ways of the people and his or her words and actions are carefully guarded. A spiritual person is not self-appointed, but is given this distinction by close observation of their actions over a long period of time. The Great Mystery anoints the person with the Spirit. And, it is Spirit who instructs and directs the person in his or her walk on the Good Red Road. This Road or path in life is not easy. It is filled with personal sacrifice and self-denial of creature comforts. Problems come in waves and there is much danger from worldly temptation. The Good Red Road is not really red, it is the many colors of all races and religions. It is the spiritual path.

A person who claims to be a Shaman has three primary objectives when establishing a relationship with an individual or a group.

First, he/she wants to control the situation by convincing the prey of his/her legitimacy. They will go to great lengths to impress you with their background, knowledge, and "Indian-ness". They will often use unsuspecting common acquaintances and drop names of well-known and respected people to further their quest for legitimacy.

He/she will quickly determine your personal needs and capitalize on this by dangling an emotional or spiritual carrot that will somehow satisfy that need. By controlling the carrot, they control you. He/she is a master of emotions and uses this tool to open your pocket book through your heart or further more.

The process of usurping your trust does not happen overnight. The experienced is patient and allows time to soften your defenses. Often, they work on several individuals and groups unknown to each other so comparing notes is more difficult.

Second, they want you to feed their ego and sense of grandeur. They like to give themselves respected titles (impossible to verify) and assume positions within small groups to feed insecurities. They probably want this more than money. But, money is still the primary goal if only as icing on the cake.

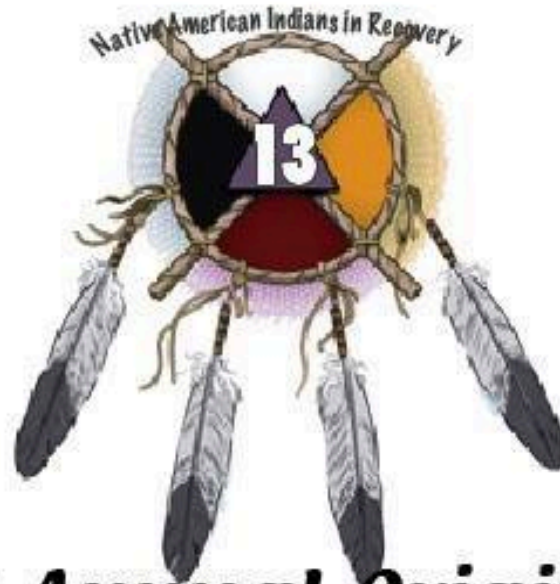
Third, they may start by asking for small gifts or favors, then, as you appear to be getting closer to the carrot, the ante goes up and larger gifts and more money are required. Often, they will create elaborate fundraising schemes, ostensibly for the 'needy', from which he will rake his profit.

A real SHAMAN does not take - but gives. Love for all God's creation is quietly evident. A MEDICINE MAN/SHAMAN places others first and seeks to bring peace and harmony to all things. Dealing with the heartaches of others comes naturally and easily without judgment or pity. Payment for their services in money or gifts is not important to them. Payment was already rendered by the Spirit long before the person in need sought help.

On the path to becoming a SHAMAN/MEDICINE MAN, a spiritual leader studies for years under supervision by the elders of his people. Learning does not come from books, but is 'experiential', knowing is by doing. When the road becomes difficult and the burdens are heavy, the spiritual leader strives for more understanding. Finally, when the Creator has honed and polished the heart, mind and spirit, a beautiful, light filled awakening takes place. By this anointing by the Spirit of the Creator, the "True One", those who have been given blessings of wisdom, strength, faith and knowledge to be used in service to those in need.

What else can be said to help you know the difference between A SELF PROCLAIMED SHAMAN and True One? Ask the Great Mystery. Pray for discernment, understanding and vision. Trust your gut instincts.

Native American Indians in Recovery



Recovery
Meeting
Sat 7pm
Guest
Speakers

-Intertribal
Dancing-
-Traders-
-Food-
-Native Drum-
-3pm Stake
Ceremony-

**13th Annual Original
Sobriety Pow Wow**

Join us in celebrating the Gift of Sobriety & Recovery

**Has Moved
Pratt Farm**

110 E. Main St., Middleboro, MA

Directions - <http://www.nemba.org/trails/massachusetts/pratt-farm>

June 20 & 21 10am to 5pm

Grand Entry 12:30pm * Rain or Shine

Free Admission * All Welcome

More Info (508) 880-6887 Traders & Drums By Invitation Only
No Drugs, No Alcohol, No Open Fires, No Politics

Native Recipe

Codfish Balls



The Atlantic waters of New England were teeming with fish and shellfish when the pilgrims landed. Among the edible fish were Blackfish, Flounder, Herring, Haddock, Eels, Crabs, Clams, Oysters, Lobster, Mussels and Salmon – to name a few. The most plentiful, however, was the Codfish. This recipe was considered a delicacy.



Ingredients:

2 cups salted Cod 4 medium potatoes 3 tablespoons butter 2 eggs
pinch each, to taste: parsley, salt, pepper

Instructions:

Soak Cod a half hour in water, then drain and flake it.

Boil the fish with the potatoes till potatoes are done, drain and put back on heat for a minute to dry.

Cool mixture ½ hour. Mash the mixture and add butter, salt, parsley, pepper and eggs.

Drop by tablespoons into DEEP hot fat, and fry till golden.

Experiment with a dash of dry mustard or scallion (green onion) bits.

Let cool and enjoy. Serves 4

Next meeting:



**** Sunday June 7, 1:00**
@ 222 Middle Rd Portsmouth
Guests Always Welcome



St. Joseph's Indian School
We serve and teach, we receive and learn.

1301 North Main Street
Chamberlain, SD 57325
www.stjo.org

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- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
- Twin, extra long twin & queen comforters/spreads

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
c/o 222 Middle Rd. Portsmouth, RI 02871
401-683-4589
Email: aquidneck_indian@verizon.net
Website: www.aquidneckindiancouncil.org

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&

"Campbell's"
products labels. ----->

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)



Inspirational:

Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together.

Chief Seattle, Duwamish-Suquamish

From 3 Horses:

June already, where did the time go? We have been busy doing this, that & the other thing. Time stops for no one {Talk about using old quotes}. We are heading into the summer season; there will be a lot of things to keep us busy. But as busy as we get, we should always be aware of the needs of those around us. If there is someone in need of a helping hand, or a shoulder to cry on; we should be ready to go out of our way to help that person. Sometimes you may not be able to help yourself - but forget about yourself for a minute and give that minute to the other person; that may be all they need to make them happy.

Be like the jumping mouse – the mouse multiplies and works hard, which gives us the lessons of family, hard work, integrity, honesty and truth. *Creator, make us all like the jumping mouse, show us the way to be productive and show us who needs our time or help.*

See you along the Good Red Road. *Peace*.....

3 Horses & Dreams of Wolves



The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority, nor expert on any specific Tribe or Nation.