

# Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

## Newsletter

January 2020

*We're still here*



### Council News

At our meeting, on 12/8, we hosted our annual Gift Gathering for St Joseph's Indian School children, as well as our Council Christmas party and a Nikoma. As always there was plenty of food, friendship and giving from the heart. We had received a request from St Joes asking for winter clothing for the children. The word was put out and the request was fulfilled. Happy to say we were able to send six boxes/cases of assorted winter clothes, ranging from coats, sweaters, hoodies, jeans, hats, scarves, gloves, socks and even some art/school supplies, and a toy or two.

On Sat 12/14 we hosted our Winter Pot-luck Lunch & Dance Social Gathering. It is always fun getting together with family & friends. We want to thank Grandmother Puddingstone for her guitar music and songs and Sleeping Turtle for his flute. Thank you to all who came and made the event fun. Also *thank you* to the Page family; the support and friendship of the Pocasset means a lot to us.

This month's meeting is also our "Annual Meeting". Reports for 2019 will be read, discussed and finalized. Plans for the future will be discussed.

Upcoming event: On Sat 1/11 we will be hosting our January Pot-luck Lunch & Dance Social Gathering. This event is open to the public. All are invited to join us in a family oriented gathering. Food, fun, dance and enjoy. Info on page 4.

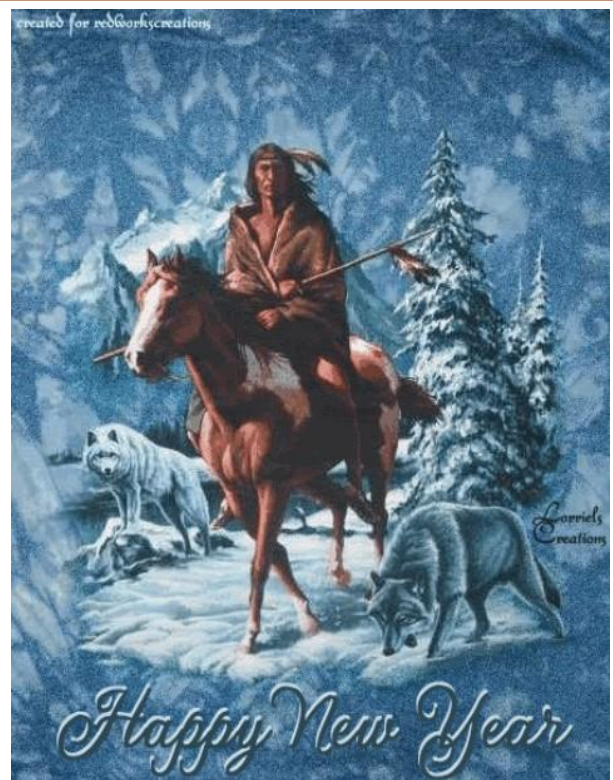
Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP. Our continued prayers go out to Stephen B, (our friend and website creator), Morning Dove and Bird Song - *may Creator smile upon them and heal them.*

Drum practices: Due to the holidays, we will be taking a break. Drum practices should resume after Jan 9<sup>th</sup>. If in doubt – call before you come.

**\*\* Next meeting is Jan 5<sup>th</sup>**

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Message from 3 Horses.



*May "Great One Above"  
send His Blessings your way.*

*Wishing all our family  
members, extended family and  
friends a great and Happy New  
Year.*

On the lighter side:



"See, here's where you screwed up."



### *Spiritually Speaking*

Peace... comes within the souls of men when they realize their relationship, their oneness, with the universe and all the powers, and when they realize that at the center of the Universe dwells Wakan Tanka, and that this center is really everywhere, it is within each of us.

*Black Elk, Oglala Sioux*

Certain small ways and observances sometimes have connection with large and more profound ideas.

*Luther Standing Bear, Oglala Sioux*

I'm the only one who's responsible for my soul. If I don't do things right, I'm at fault, not him/her, not the church, not that mountain over there or the sun. This is the way they teach Indian religious ideals. No one is going to influence you. No one is going to bring you up to your grave, but yourself.

*Alex Saluskin, Yakima*

The Great Spirit is in all things, HE is in the air we breathe. The Great Spirit is our Father, but the Earth is our Mother. She nourishes us, that which we put into the ground returns to us.

*Big Thunder, Wabanaki*



# Dues time:



Dues for 2020 can be paid at the January meeting, or checks can be mailed or dropped off to the Secretary at 222 Middle Rd. Portsmouth, RI 02871

*\$10 yearly dues help defray the cost of newsletters, snail mail, birthday, get well and/or sympathy cards. It also helps us support our charity, St Joseph's Indian School. Members & Assoc members, in good standing, will receive a 2020 card upon payment.*

## Calendar of Events:

Sun Jan 5<sup>th</sup>  
Aquidneck Indian Council's Annual Meeting  
Nikomo and Christmas Party  
222 Middle Rd, Portsmouth RI  
401-683-4589 1:00 - ?

Sat Jan 11<sup>th</sup>  
January Pot-luck Lunch & Dance Social  
Sandywoods Center for the Arts  
43 Muse Way, Tiverton RI  
401-683-4589 12:00 - ?

Sun Feb 2<sup>nd</sup>  
Aquidneck Indian Council's monthly Meeting  
222 Middle Rd, Portsmouth RI  
401-683-4589 1:00 - ?

Sat Feb 8<sup>th</sup>  
February Pot-luck Lunch & Dance Social  
Sandywoods Center for the Arts  
43 Muse Way, Tiverton RI  
401-683-4589 12:00 - ?

\*\* Above is not a complete list of all events happening in our area, just a highlight of events that we are involved in. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.



## Please support our advertisers:

Handcrafted Native American Ribbon Shirts & Dresses, Blankets and Fancy Shawls  
Handcrafted One-of-a-kind Jewelry, Dreamcatchers and photos

### Zartiphin's Emporium

Leilani Beaudry  
{Strong Woman Spirit Chaser}  
401-824-6758 [dragmer@cox.net](mailto:dragmer@cox.net)

Does your car or truck need mechanical or body repairs?

### S&H Auto

Scott Guilmette  
{Strong Elk}  
32 Stafford Rd Tiverton RI 774-208-6443



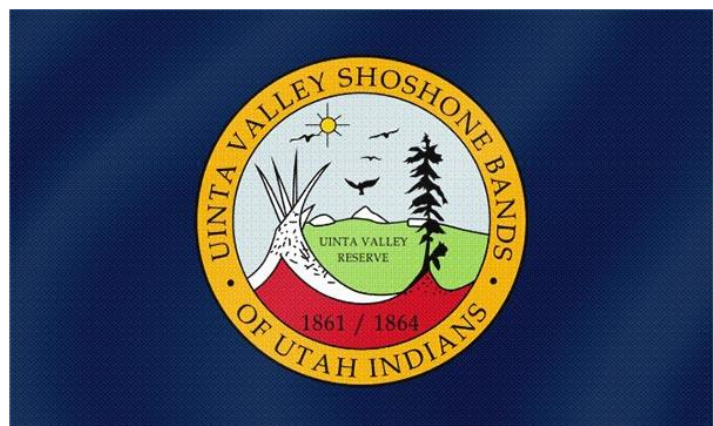
790 Aquidneck Ave. Middletown, RI 02842  
401-849-2799 [chuckallott@ailt.org](mailto:chuckallott@ailt.org)

Preserving the Island's open spaces and natural character for the lasting benefit of our community.

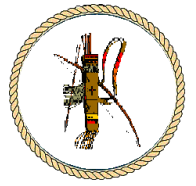
Looking for a new style or place of Worship?  
*The Oniset Wig Wam Spiritualist Camp*

9 Crescent Place, Onset, MA.  
[www.OnisetWigwam.com](http://www.OnisetWigwam.com)

Contact: Rev Patti Craig  
1-508-436-3105 [evroty@aol.com](mailto:evroty@aol.com)



Uinta Valley Shoshone



The  
**AQUIDNECK INDIAN COUNCIL**



*Invites you to attend our*  
January Potluck - Lunch, Dance Social Gathering

Sat Jan 11<sup>th</sup> 12:00 – 5:00

@ Sandywoods Farm, 43 Muse Way, Tiverton, RI  
Raffles, Dancing and afternoon fun.  
Open to the public - all are welcome.



Please bring something to share.

(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome. Call us.

**\*\*This is an Alcohol & Drug Free Event\*\***

Directions to: Sandywoods Farm

From Fall River, Providence, and points north, take Route 195 to Route 24S. Follow 24S to 81S. Follow Route 81 to the 81/177 intersection, then turn right, then take your first left (at the Bulgarmarsh Recreation Area) onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

From Newport and southern RI, take the Jamestown and Newport bridges and continue through Middletown and Portsmouth on Route 114 (West Main Road) to Route 24N. After crossing the Sakonnet River bridge, take the Fish Road exit (Exit 6) off of 24N. Turn right at end of exit, then left at the end of Fish Road onto Bulgarmarsh Road. Follow Bulgarmarsh to the Bulgarmarsh Recreation Area (just before the 177/81 intersection) and turn right onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

NOTE: Because Muse Way and the other roads at Sandywoods Farm are newly constructed, you may find that they do not yet show up on your GPS device. [info@sandywoodsfarm.org](mailto:info@sandywoodsfarm.org)

For more info contact us at

401-683-4589

[Aquidneck\\_Indian@verizon.net](mailto:Aquidneck_Indian@verizon.net)

[www.aquidneckindiancouncil.org](http://www.aquidneckindiancouncil.org)

*The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.*

## Editorial:

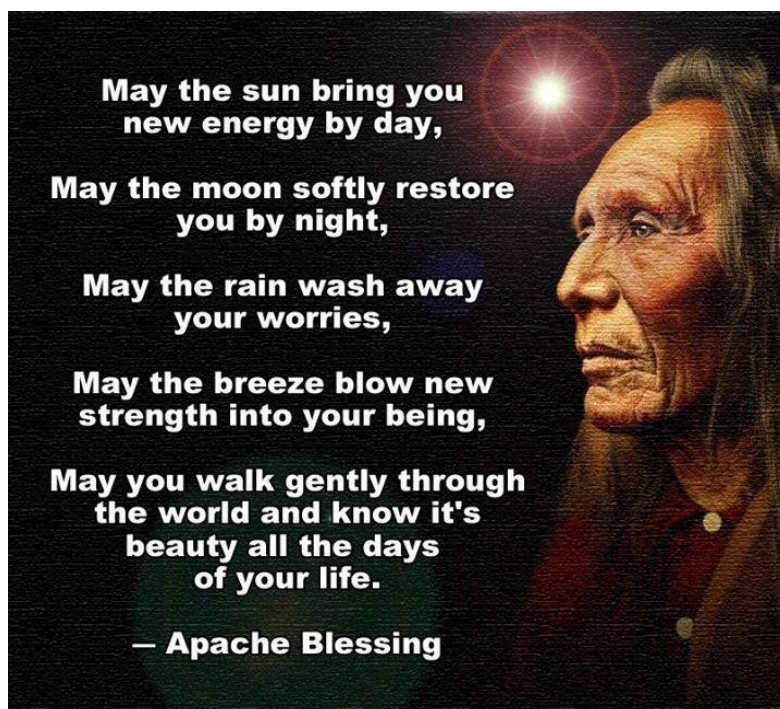
### A Message of Peace

by Ashley Painted Sky



With every battle blood and tears are always shed. With every hurt that we have endured as natives and non-natives, we are still here and like Father Sky; when He cries His raindrop tears, we are to wash away the painful past of our ancestors but we will never forget. We need to learn to not let history repeat itself like it has time and time again. When the storms pass Grandfather Sun will smile and the clouds will part to reveal a beautifully painted blue sky. Our world has suffered many tragedies both big and small yet Grandfather Sun still shines down to embrace us all. The warmth of his golden rays dries our tears and we remember once again that We Are Still Here.

Only when we come together to unite as one, no matter the color of skin or race of man, then true peace will be found. This is Creator and Mothers message to live and love and embrace one another as brothers, sisters, friends, for WE are all one human race.



## Editorial:

### New Year's wishes

by *Dreams of Wolves*



Well, here we are, another year has come and gone. Think of all the things that have happened in 2019. Some things were great, others; not so good.

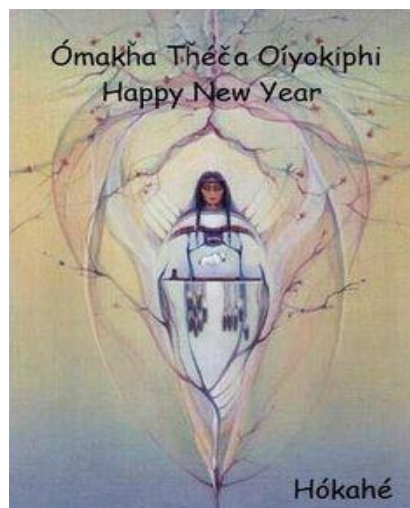
So now we are in a new year and it is time to start over. This year we need to work on improving our Council and also our attitudes. The first thing we need to do is; if we want this Council to succeed, we all need to take part in working together. People do have lives, outside this Council, but when there is something that the Council is obligated to do, we as a family should pull together and work as a team. Hopefully this year will be much better than the past. Let's support each other and not judge each other. We should be loving and understanding. None of us are perfect. I am far from perfect and I thank Creator that I am not, it makes me human. Sometimes it seems that life is not fair, but we are a family and if there is something that you need to talk about, we as a family should support you.

Maybe this year we will get more members that really want to be here and want the family atmosphere; that is where you as members of the Council will help by finding Native Americans that don't have a haven, or a Council family to belong to, because their Nation is not in this area.

Our attitudes are an important part of this Council. When people come to meetings and/or anything we are doing; we should be positive, not negative. If we always have a negative look on our faces, it makes others feel bad, and that is not fair to those who are always happy. So let's all work on ourselves and hopefully we will have a great new year with no negativity and no politics, just love and understanding. Remember; we are family and let's keep it that way.

So my wish is that all of us have a blessed year and a positive outlook, and let's start pulling together and start being here when needed. If you are part of this Council: let's work together and be here for each other.

*Happy New Year. "Love you all".*



## Native Recipe

# Indian Pudding



Practically every cookbook has a different version of “Indian Pudding”. Actually it is not a Native invention, as one might assume. The colonials referred to cornmeal as “Indian Corn”, so they wouldn’t confuse it with wheat, hence the name. This pudding is basically a corn mush made with molasses, milk and cornmeal. Later versions added eggs, sugar, butter and spices. Even today it is served in restaurants throughout New England.

### Ingredients:

|                     |                   |
|---------------------|-------------------|
| 1 ½ cup raisins     | 1 teaspoon salt   |
| 3 cups scalded milk | ½ cup sugar       |
| 1 ½ cup cold milk   | ¾ teaspoon ginger |
| 1 cup cornmeal      | ¼ cup nutmeg      |
| ½ cup molasses      | ¼ cup butter      |

Add raisins to hot milk. Mix cornmeal into cold milk and add slowly till mixture thickens (10-15 minutes)

Now, add molasses, salt, sugar, ginger, nutmeg and butter. Pour into a 2 quart baking dish and add remaining ½ cup cold milk into center of pudding. \*Do not stir.

Set dish in a pan of cold water (about 1 inch high). Bake at 300\* for about 2 ½ hours.

Cool 3 to 4 hours before serving. Top with whipped cream or ice cream.

Serves 4 to 6

## Next meeting:



**\*\* Sunday Jan 5, 1:00**  
**@ 222 Middle Rd Portsmouth**  
*Guests Always Welcome*

### AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman  
Dreams of Wolves (Barbara Sly), Secretary  
222 Middle Rd. Portsmouth, RI 02871  
401-683-4589  
Email: [aquidneck\\_indian@verizon.net](mailto:aquidneck_indian@verizon.net)  
Website: [www.aquidneckindiancouncil.org](http://www.aquidneckindiancouncil.org)

### Inspirational:

"One never forgets to acknowledge a favor or good deed, no matter how small."

--3 Horses, COMANCHE

### From 3 Horses:

Another year has come and gone. A new calendar is beginning. A lot of things have happened within our Tiyosopae (*extended family*). We have had much happy times; we have also had some sad times. I guess you could say we have balance: negative and positive. I'd like to think the positive outweighs the negative. There is a lot of learning, teaching and healing still to be done in this new year. I ask everyone to lend their support and add their input. We are a family and families cannot grow unless we share ideas and support each other.

Honor the Sacred. Honor the Earth - our Mother. Honor the Elders. Honor all with whom we share the Earth: the Four-legged, two-legged, winged ones, swimmers, crawlers, plant & rock people. Walk in balance & beauty. *To hi ge se s di (Peace on Earth - Cherokee)*

See you along the Good Red Road. *Peace.....*

*3 Horses & Dreams of Wolves*



1301 North Main Street  
Chamberlain, SD 57325  
[www.stjo.org](http://www.stjo.org)

### **Constant Needs:**

- Men's deodorant
- Hair gel
- Little girls full slips in sizes 8-14
- Children's robes
- Dish cloths
- School supplies
- Boys Boxers (all sizes)
- Bath towels
- Running shoes - men's & women's sizes
- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
- Twin, extra long twin & queen comforters/spreads

### **Remember to save:**

"General Mills" + "Betty Crocker"  
products box tops. ----->

&

"Campbell's"  
products labels. ----->

For St Joseph's Indian School  
(see *Dreams of Wolves* for a detailed list)

