

Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

# Newsletter

January 2018 10 years; we're still here

### Council News

Good news for St Joseph's Indian School. At our December 3<sup>rd</sup> meeting, Nikoma and potluck social, we gathered a fair amount of toys/gifts, school supplies, personal items and winter wear. I am always proud of our members and guests. Thank you one and all for your heartfelt outpouring to the Lakota children of St Joseph's. The packages had been shipped and arrived in plenty of time for Christmas.

I regret to say that our Dec "Winter Dance Social" was hampered by snow, but, we did have great food and a lot of fun with those who braved the snow. The snow did add to the feeling of Christmas. Hopefully our © unorthodox style Christmas songs {ha-ha} made you laugh, I know it brought a happy feeling to the Social.

On Thurs Dec 14<sup>th</sup>, we used drum practice for another reason: we went to visit a Mohawk friend at the RI Vets Home in Bristol. We met his wife, and we sat and talked for a while. A few of his buddies joined the circle. We drummed and sang and shared of ourselves. The staff members even enjoyed our offering of Medicine.

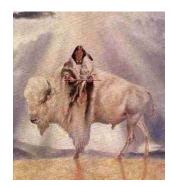
\* Note: This month's meeting will also be our "Annual" (yearly) meeting. All reports for 2017 will be read and plans will be discussed for 2018. Also; Election of Officers, if needed. Plan to attend and let your voice be heard.

\*\* On Sat Jan 13th 12:00 – 5:00 we will be hosting another "Winter Potluck Lunch and Dance Social Gathering" at the Tiverton Rod & Gun Club. (See page 6 for info). The floor is open to dance and enjoy yourselves. If there are any Native entertainers who would like to join us, please contact us. There is no admission fee, we just ask that you please bring a dish to share and come join us for a fun filled afternoon.

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

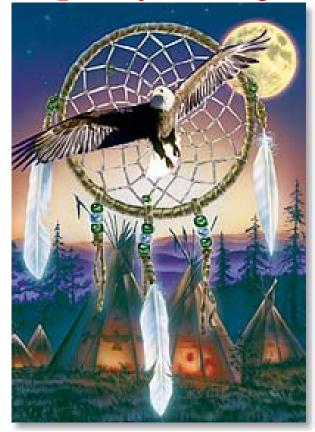
See you at the next meeting: Sunday Jan 7



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# Happy New Year Spread your wings



Let's have another great year. Promote membership: bring a friend to a meeting or event.



Spiritually Speaking

"He (The Great Spirit) only sketches out the path of life roughly for all the creatures on earth, shows them where to go, where to arrive, but leaves them to find their own way to get there. He wants them to act independently according to their nature, to the urges of each of them".

#### --Lame Deer, LAKOTA

Every person is created with purpose and with direction. This purpose and direction is written in our hearts when we are conceived. In addition, we are given access to a quiet guidance system which helps us find our purpose and our direction. We need to recognize this guidance system. It's called intuition, the quiet voice, urges, the knowing, or the feeling. Once we locate our purpose and direction, we are given skills, talents and abilities that are unique to only ourselves. We must practice daily prayer and meditation with God to find this information. To be solid and confident in ourselves, we always need to be able to answer three questions: why am I?, who am I?, and where am I going? If I can answer these three questions, I always know I'm OK!

Great Spirit, show me my path of life



# Dues time:



Dues for 2018 can be paid at the January meeting, or checks can be mailed or dropped off to the Secretary at 222 Middle Rd. Portsmouth, RI 02871

\$10 yearly dues help defray the cost of newsletters, snail mail, birthday, get well and/or sympathy cards. It also helps us support our charity, St Joseph's Indian School.
Members & Assoc members, in good standing, will receive a 2018 card upon payment.

#### **Upcoming Events:**

Sun Jan 7 Aquidneck Indian Council's Monthly/Annual Meeting, 222 Middle Rd, Portsmouth RI 401-683-4589 1:00 - ?

Sat Jan 13 Winter Pot Luck Lunch & Dance Social Tiverton Rod & Gun Club, 1529 Fish Rd Tiverton RI 401-683-4589 12:00 – 5:00

Sun Feb 4 Aquidneck Indian Council's Monthly Meeting, 222 Middle Rd, Portsmouth RI 401-683-4589 1:00 - ?

Sat Feb 10 Winter Pot Luck Lunch & Dance Social Tiverton Rod & Gun Club, 1529 Fish Rd Tiverton RI 401-683-4589 12:00 – 5:00

\*\* Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.



### Please support our advertisers:

For all your photography needs Photos: stills, motion or slideshows of any & all occasions.

## Capture the Moment Photography

Lora {Lone Wolf} Parker 401-662-0068 <u>terra2570@aol.com</u> (Official photographer of the Aquidneck Indian Council)

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Handcrafted Native American Ribbon Shirts & Dresses, Blankets and Fancy Shawls Handcrafted One-of-a-kind Jewelry, Dreamcatchers and photos

Zartiphin's Emporium

Leilani Beaudry {Strong Woman Spirit Chaser} 401-824-6758 <u>dragmer@cox.net</u>



790 Aquidneck Ave. Middletown, RI 02842 401-849-2799 <u>chuckallott@ailt.org</u>

Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship? The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA. Opening May for the 2018 Season www.OnisetWigwam.com or

## First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44) Sunday Services: June thru August – 7:00 PM to 8:30 PM Sept. thru May - 10:00 AM to 11:30 with fellowship to follow. Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton, Contact: Rev Patti Craig 1-508-436-3105 <u>evroty@aol.com</u>



### Native Teaching:



# Spírít of Whíte Buffalo

White buffalo walked from the west, her large eyes watching the grass that covered the endless plains as it waved in the breeze, like strands of golden hair stirring with the gentle touch of unseen hands.

Hooves trod over endless miles, mighty head held aloft as she continued her journey, following the whisperings of the summer breeze that carried the message meant for her ears alone. She would not rest until she had completed her journey.

From over the softly rolling hills, emerged a figure walking upright. She recognized this figure's shape as being that of a two-legged, and she hastened her own approach, recognizing the urgency of the voice that continued its whispering in her ear.

The man looked up toward the distant horizon, having been compelled to journey toward the west where the sun would soon be dipping down, marking the end of the day. His eyes caught the vision of white brilliance that was filling up the plains around him, indeed the very sky, and for a moment his heart leapt in fear, for this was unlike any light he had ever known, dazzling in its intensity and brilliance.

For some reason not completely known, yet thoroughly compelling, like the beat of the drum during the sun dance, the warrior suddenly felt no fear, and walked toward the magnificent creature who now had stopped just a few feet from him.

The beautiful creature's great eyes met his own and the movement of time halted its relentless thrum. Long strands of grass moved in slow motion and he could see tiny particles of pollen dance and glitter in the rays of the sinking sun like tiny crystals cast upon the winds.

Her light enveloped him and he knew no fear, no concern or anxiety, he knew only peace, as though the light were a warm blanket left before a roaring fire before being placed over his form. And in the next moment he was following the white buffalo . . . toward the setting sun.

As they reached the doorway between planes, white buffalo turned to the two-legged and encouraged him forward. He stepped into the brilliance of the light that spilled forth from the great doorway as a warrior among men. Yet he emerged on the other side as a dove.

White buffalo looked toward the farthest reaches of the western gate, the place where the buffalo nation resides. She felt their love for her, and as she cast her eyes to the sky nation, she heard the song the ancestors sang, yet as she watched the fading figure now enveloped in the brilliant light, she knew the reason she had made the journey, and her heart sang a song of resounding joy.

**LIGHT BEARER:** White Buffalo is the Totem for one who's Life Path is to awaken the Soul of Others. Yet in order that she might fulfill this role, she needs first to find the Light Within herself, to integrate the Mind, Personality, Emotion and Soul.

**<u>BUILDER OF THE BRIDGE</u>**: When Great Spirit moved Its Creative Force across the expanse of the Earth Mother, a Doorway was left between the Blue Road of Spirit and the Red Road of Physical Life. And yet there remained a chasm between Planes that the two-leggeds found difficult to cross, so Great Spirit called upon White Buffalo that she fashion a Bridge to link the Two Planes together.

**TRUTH:** It is said that part of the reason White Buffalo is white, is because she cannot speak any untruths, her spirit blessed in the Waters of Truth and Honesty which in turn turns her hide white.

**ELDER SPIRIT**: White Buffalo is an Elder Spirit amongst the Animal Totems, for she was with Wakan Tanka at the creating of Earth Mother and placed in the West to hold back the tides.

Herein lies the challenge, as the Path for White Buffalo is never smooth, yet riddled with pebbles, boulders and divided at times by raging rivers. Yet through Trust in his Path and Soul's Purpose, Faith in Great Mystery that all will be exactly as it is meant to be, and Love for All, any challenge that presents itself will always be acknowledged, embraced and absorbed, leading him to the Light streaming from the Gateway where he may then lay himself down to fashion the bridge so that others might make the journey across.

# Editorial: New Year's wishes by Dreams of Wolves



Well, here we are, another year has come and gone. Think of all the things that have happened in 2017. Some things were great, others; not so good.

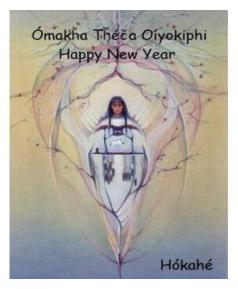
So now we are in a new year and it is time to start over. This year we need to work on improving our Council and also our attitudes. The first thing we need to do is; if we want this Council to succeed, we all need to take part in working together. People do have lives, outside this Council, but when there is something that the Council is obligated to do, we as a family should pull together and work as a team. Hopefully this year will be much better than the past. Let's support each other and not judge each other. We should be loving and understanding. None of us are perfect. I am far from perfect and I thank Creator that I am not, it makes me human. Sometimes it seems that life is not fair, but we are a family and if there is something that you need to talk about, we as a family should support you.

Maybe this year we will get more members that really want to be here and want the family atmosphere; that is where you as members of the Council will help by finding Native Americans that don't have a haven, or a Council family to belong to, because their Nation is not in this area.

Our attitudes are an important part of this Council. When people come to meetings and/or anything we are doing; we should be positive, not negative. If we always have a negative look on our faces, it makes others feel bad, and that is not fair to those who are always happy. So let's all work on ourselves and hopefully we will have a great new year with no negativity and no politics, just love and understanding. Remember; we are family and let's keep it that way.

So my wish is that all of us have a blessed year and a positive outlook, and let's start pulling together and start being here when needed. If you are part of this Council: let's work together and be here for each other.

Happy New Year. "Love you all".









# Invites you to attend

our Winter Potluck - Lunch, Dance Social Gathering Sat Jan 13<sup>th</sup> 12:00 – 5:00 @ Tiverton Rod & Gun Club, 1529 Fish Rd, Tiverton, RI Raffles, Dancing and afternoon fun. Open to the public - all are welcome.







Please bring something to share. (Coffee, water & soda will be provided by the Council) Drumming by: the Soaring Eagle Singers All Native entertainers welcome. \*\* Please contact us

\*\* This is an Alcohol & Drug Free Event \*\*

Directions to: Tiverton Rod & Gun Club

From Fall River, Providence, and points north, take Route 195 east to Route 24S. Follow 24S to Fish Rd exit in Tiverton. Take left off the ramp and follow Fish Rd approx. 2 miles past the Tiverton Police station. Tiverton Rod & Gun Club is on your right. If you see Bulgarmarsh RD, you passed it.

From southern RI, take the Jamestown and Newport bridges and continue through Middletown & Portsmouth on Route 114 (West Main Road) to Route 24N. Once across the Sakonnet River Bridge, take Fish Rd exit. Bear to right at Police station and follow approx. 2 miles.

For more info contact us at 401-683-4589

Aquidneck\_Indian@verizon.net

www.aquidneckindiancouncil.org

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

<u>Native Recipe</u>

# Cranberry Relish



**SASSAMANESH** is the Native word for cranberry. This marsh-grown fruit was used not only for food, but for medicine and dye as well. Medicinally, it was used to treat bladder disorders among the Native people. The colonists later used it to treat scurvy on long voyages, as it has great "keeping quality" (*it didn't rot or mold up*).

In October, the Aquinnah Wampanoag people celebrate "Cranberry Day". The children pick cranberries and picnic and gather to hear stories which renew their heritage.

**Ingredients:** 

quart cranberries
 apples, peeled & chopped
 tbls. grated orange peel

1 cup water
 2 oranges, peeled & chopped (save the peels)
 1 cup chopped walnuts

### Instructions:

Cook cranberries in water 10 minutes at medium heat. Add all other ingredients, except nuts, and cook till mixture thickens. Stir frequently.

Remove from heat and add nuts. When cool put into 3 sterilized Pint jars. Cover and refrigerate.

Makes 3 pints.



"You will only get back what you give out."

Joe Coyhis, Stockbridge-Munsee

#### From 3 Horses:

Another year has come and gone. A new calendar is beginning. A lot of things have happened within our Tiyosopae (extended family). We have had many happy times and new experiences; we have also had some sad times. I guess you could say we have balance: negative and positive. I'd like to think the positive outweighs the negative. There is a lot of learning, teaching and healing still to be done in this upcoming year. I ask everyone to lend their support and add their input. We are a family and families cannot grow unless we share ideas and support each other.

Honor the Sacred. Honor the Earth - our Mother. Honor the Elders. Honor all with whom we share the Earth: the Four-legged, two-legged, winged ones, swimmers, crawlers, plant & rock people. *Walk in balance & beauty. May the Great One Above bless each and every one of us...* Aho

See you along the Good Red Road.

O`makha Theca Oiyokiphi = Happy New Year

# 3 Horses & Dreams of Wolves



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