

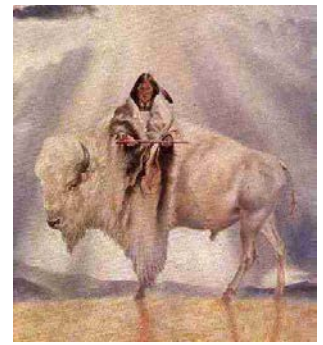
Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

February 2018

10 years; we're still here



Council News

At our Annual Meeting on Sun Jan 7th, the following Officers were elected or appointed and ceremoniously installed into their perspective positions:

Elected Positions:

Chairman – Don 3 Horses
Clan Mother – Leilani Strong Woman Spirit Chaser
Spiritual Leader – Lisa Mourning Dove
Head Elder – John Rock Thrower
Secretary – Barbara Dreams of Wolves

Appointed Positions:

Beloved Woman – Lori Lone Wolf
Sacred Fire Keeper & Elder's Committee – Al Shadow Fox

On Sat Jan 13th 12:00 – 5:00 we hosted another “Winter Potluck Lunch and Dance Social Gathering” at the Tiverton Rod & Gun Club. A fun time was had by all.

** On Sat Feb 10th 1:00 – 5:00 we will be hosting another “Winter Potluck Lunch and Dance Social Gathering” at the Tiverton Rod & Gun Club. (See page 6 for info). The floor is open to dance and enjoy yourselves. If there are any Native entertainers who would like to join us, please contact us. There is no admission fee, we just ask that you please bring a dish to share and come join us for a fun filled afternoon. ----->

We are presently working on our 11th Annual Indoor Pow-wow and Spring Gathering. The date is Sat March 24th, at the Knights of Columbus hall, 7 Valley Rd Middletown, 9:00 – 5:00. A flyer will be in next month's newsletter. Invites have been sent out to vendors/artisans.

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

See you at the next meeting: Sunday Feb 4

Contents:

Page 1; Council news.
Page 2; Lighter Side. Spiritually Speaking
Page 3; Adverts, Events, Things to think about
Page 4; Native Teaching
Page 5; Editorial
Page 6; Upcoming Event
Page 7; Native Recipe
Page 8; Assorted info. Charity Info. Inspirations.
Message from 3 Horses.

*We invite you to attend our
Winter Potluck - Lunch,
Dance Social Gathering*

Sat Feb 10th 1:00 – 5:00
@ Tiverton Rod & Gun Club, 1529 Fish Rd,
Tiverton, RI

Raffles, Dancing and afternoon fun.
Open to the public - all are welcome.



Please bring something to share.
(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers
All Native entertainers welcome.
{please contact us}

****This is an Alcohol & Drug Free Event****





Spiritually Speaking



He reached and rescued me
by Robert Soto, Lipan Apache

I first noticed a small conflict between Native and non-Native when I was in first grade. It was at that age that I discovered that a lot of people did not appreciate me being American Indian. I remember children in first grade asking me if I was Mexican and I would say, "No, I am Apache." That was in 1960. So each time I would tell my friends I was Apache, they would tell their parents that they had met an Apache boy. The parents would say, "You have to talk to your grandparents. They remember stories about Apaches." Then the grandparents would tell them of the time they were children and about the Lipan Apache wars between the Texans, Mexicans and Apaches and they would warn their grandchildren to be careful with the Apaches who raided, killed and scalped. Then the grandchildren would come to school and have nothing to do with me because I was Apache.

I wish it would stop there but it only got worse for as I got older, I discovered that the attacks only intensified. Attacks got verbal but with time the things I heard started hatred and distrust in my heart; not just against non-Natives but Natives themselves who sometimes were no different than the whites and Mexicans I lived with. Then I became a Christian and discovered that a lot of Christians were no better than the non-Christian community. I guess if I had any salvation it had to come from my relationship with God the Creator. I discovered that if anyone was going to help me it was going to be God. It is as David stated: "He reached down from on high and took hold of me; he drew me out of deep waters. He rescued me from my powerful enemy, from my foes, who were too strong for me." I wish I could say that everything has been well with my soul, but it has not. But I have discovered that with God the Creator taking care of me, things have been a lot different.

Upcoming Events:

Sun Feb 4

Aquidneck Indian Council's Monthly Meeting,
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Feb 10

Winter Pot Luck Lunch & Dance Social
Tiverton Rod & Gun Club, 1529 Fish Rd Tiverton RI
401-683-4589 1:00 - 5:00

Sun Mar 4

Aquidneck Indian Council's Monthly Meeting,
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Mar 24

11th Annual Indoor Pow-wow and Spring Gathering
Knights of Columbus Hall, 7 Valley Rd Middletown RI
401-683-4589 9:00 - 5:00

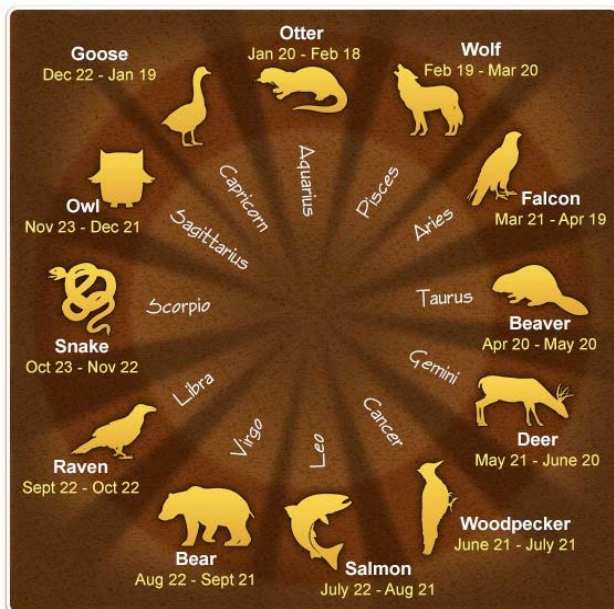
** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

Respect:

Run your hands through the golden sands of time. Each granule has a story, a purpose, a connection to the sea of life. Respect and see the sacred in all, the purpose of all, and the connectedness of all. Feel the beauty of life. View the truth from different angles. Let the granules fall through time and thank them for their moment. As part of one – respect all.

Native American Astrology



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Aquidneck
Land Trust

790 Aquidneck Ave. Middletown, RI 02842

401-849-2799

chuckallott@ailt.org

Preserving the Island's open spaces and natural character for the
lasting benefit of our community.

Looking for a new style or place of Worship?
The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA.

Opening May for the 2018 Season

www.OnisetWigwam.com

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)

Sunday Services: June thru August - 7:00 PM to 8:30 PM

Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.

Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,

Contact: Rev Patti Craig

1-508-436-3105

evroty@aol.com



Native Teaching:

Seven directions



The color of the East direction is yellow. The first rays of morning sun bring the new light of innocence. East is the white plumage of the eagle feather. It is the filling of the night container. It is an infant. It is the conception of a new day. It is the spring of the year stimulation new growth. It is the creation of life. This is East direction.

The color of the South direction is red, the color of Earth Mother. South represents summer and adolescence. It is hormones exploding, experimentation, and invigorating growth spurts. Peer conformity replaces parental dominance. It is a time for confusion, the precedence of wisdom. It is a time to collect one's identity, and the time of the vision quest. This is the South direction.

The color of the West direction is black. The sun trail takes us into the cavern of Self. We come to see Self in the deep, still waters within. The mirror of the Bear reflects our essence. This is the autumn of our life, our adult years. It is a time to bundle our knowledge into wisdom. It is time for us to empty our bucket, so that we become filled. This is to become mature. This is the West direction.

The color of the North direction is white. It is a time for enlightenment, a time to be purified and refined. It is time to wear the white crown of Elder enlightenment. From this spiritually dominant position flows the eternal waters of life, the wellspring of the life cycle. The North contains shifting spiritual ice sheets that move from great pressure. A new spiritual construct results. A Grand Canyon of Self emerges. Darkness accents the light. From the North all will be renewed. This is the North direction.

Beyond the Four Directions, we find the fifth direction of Earth Mother. The green color reminds us that growth is needed. Earth Mother supplies nourishment. Earth Mother is our connection to life.

The Sixth Direction is Sky Father, depicted with the color blue. It reminds us to monitor our life choices. It is here where evaluation will take place. It is the connection to the world from which we came and to where we will go.

The Seventh Direction is you. You are part of the hoop of life that intersects Eternity. This is the direction to come to Self, to recognize your role in life, to give of your Self.

Editorial: WHAT WILL THE NEW YEAR BRING FOR YOU?

by *Bev Morning Star*



Introduction:

The New Year brings a fresh new beginning for all of us; a time to review our past year to see what changes we need to make in our lives. The Creator gives us a chance to reflect on the choices we made that were either for good or for the bad decisions that caused us unnecessary pain. The questions we need to ask ourselves are what lessons did we learn from the past year? Are we willing to learn from them and not let them hold us from our future?

Most of us try to make New Year's resolutions, however, many of them set ourselves up for disappointment because some of them are unrealistic. While it is good to set goals first we need to take a good look back at what we did/didn't accomplish last year and then reevaluate if we still want to fulfill those same goals. Each and every one of us is sent here by our Creator for a purpose it helps when we know and acknowledge that purpose. When we know what we were sent to do it is much easier in many ways to fulfill it. Many of us don't know what it is that we are sent here for so I will try my best to help some of you to understand how to determine what it may be.

First of all, is there something in you that you always felt led you to do; whether it was teaching, singing, taking care of the sick, supporting others in their walk in life? Are you drawn to nature and animals? If you have felt a calling to a specific career then you are being led to check it out further and to pursue it.

Secondly, the Creator has given you the knowledge and the desire to fulfil your dreams, but, you must be willing to pursue them. He will send you many helping hands if you will only ask Him for His help and have faith that He will send it to you. Too many people give up on their dreams just before they are about to become a reality. This year is a new beginning, stay strong and determined that our Creator has a plan for you that it's bigger and better than you and I could ever imagine just be patient and believe in Him.

Conclusion:

The New Year is filled with hope and a promise of happiness our Creator has blessed us with many gifts and His desire is for us to utilize them for the good of all. This year strive to walk the path He has planned out for you, seek Him out, He is always waiting to hear from you. Call on Him often, take a walk with Him, look around see how His hand has touched nature everywhere, look at what He has created. Remember; YOU are important to Him and He has a special purpose for you; one that He has exclusively given just for you. I have chosen this message that was given to me from Spirit because, I was told so many are broken and needed to know they are not forgotten they are LOVED AND REMEMBERED because they have been CHOSEN BY OUR CREATOR.



The

AQUIDNECK INDIAN COUNCIL



Invites you to attend

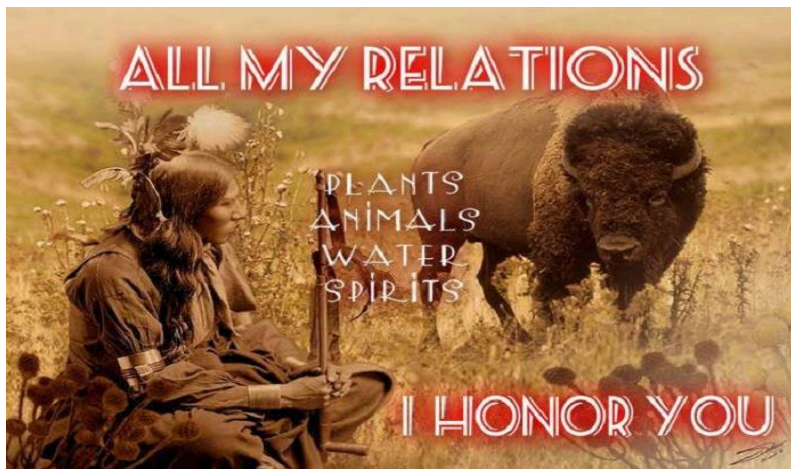
our Winter Potluck - Lunch, Dance Social Gathering

Sat Feb 10th 1:00 – 5:00

@ Tiverton Rod & Gun Club, 1529 Fish Rd, Tiverton, RI

Raffles, Dancing and afternoon fun.

Open to the public - all are welcome.



Please bring something to share.

(Coffee, water & soda will be provided by the Council)

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All Native entertainers welcome.

****This is an Alcohol & Drug Free Event****

Directions to: Tiverton Rod & Gun Club

From Fall River, Providence, and points north, take Route 195 east to Route 24S. Follow 24S to Fish Rd exit in Tiverton. Take left off the ramp and follow Fish Rd approx. 2 miles past the Tiverton Police station. Tiverton Rod & Gun Club is on your right. If you see Bulgarmarsh RD, you passed it.

From southern RI, take the Jamestown and Newport bridges and continue through Middletown & Portsmouth on Route 114 (West Main Road) to Route 24N. Once across the Sakonnet River Bridge, take Fish Rd exit. Bear to right at Police station and follow approx. 2 miles.

For more info contact us at

401-683-4589

Aquidneck_Indian@verizon.net

www.aquidneckindiancouncil.org

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

Native Recipe

Iroquois Soup



Ingredients:

- | | |
|---|--------------------------|
| 1 lb fish | ½ lb sliced mushrooms |
| 2 qts water | 4 packages beef boullion |
| 2 tablespoons cornmeal | 1 large onion, chopped |
| 1 ½ cups dried lima beans (*cheat: 1 10-15oz can) | 1 clove garlic, minced |
| 1 teaspoon parsley | 1-2 tablespoons butter |
| Extra seasonings to taste: dash of basil, black pepper and salt | |

Instructions:

****Soak lima beans overnight** - or cheat & use canned.

Sauté minced garlic, onion and fish in butter, stirring frequently to break fish into pieces (approx. 5 minutes).

Then add water, boullion, mushrooms, parsley, basil, pepper, cornmeal, salt and drained lima beans.

Cook until beans are soft (approx. 30-40 minutes).

Serves 4 - 6

Next meeting:



**** Sunday Feb 4, 1:00**
@ 222 Middle Rd Portsmouth

Guests Always Welcome



St. Joseph's Indian School
We serve and teach, we receive and learn.

1301 North Main Street
Chamberlain, SD 57325

www.stjo.org

Constant Needs:

- Men's deodorant
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- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
- Twin, extra long twin & queen comforters/spreads

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net
Website: www.aquidneckindiancouncil.org

Remember to save:

"General Mills" + "Betty Crocker"
products box tops. ----->

&

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products labels. ----->

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)



Inspirational:

White covers much of the earth during winter's harsh, cold months, representing the nourishing blanket that secures all of nature while it lies sleeping. Winter also represents elders and their final walks along the Red Road. Our grandparents are wise and the winter is silent. Therefore, the time of the North is a special time for storytelling. In olden times, children and adults would gather around a fire and hear the storyteller narrate legends and myths of their people. Storytellers orally teach the traditions of their people and keep alive the history of their tribe. The Chippewa called North "Waboose", which is depicted as a strong, powerful buffalo withstanding the effect of winter.

--Terri Jean

From 3 Horses:

Like the message in "Spiritually Speaking" and in the "Inspiration"; We must be like the Buffalo in winter, strong and able to withstand the winter cold, be able to fight off the "Evil one" when he tries to lead you or scare you away from following the Red Road. We must be able to walk our path, even though it may be littered with obstacles, debris or other stumbling blocks. We must focus on what is right & good. We must work together as a family. We must tell our stories to others. We must love one another. We must trust one another. When in doubt, sing the song "Oh oh Heyoko" to yourself. Think about the harmony in that song, think about the words, "*Listen to your heart now, listen to what it says*", "*Take care of your body, take care of your mind*", "*Love everything that you do now, love everything you do*", "*Take care of each other, love them with all your heart*".

See you along the Good Red Road.

3 Horses & Dreams of Wolves



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