

Aquidneck Island Intertribal Indian Council
(est. Oct. 14, 2007)

Newsletter

February 2015



Council News

On Sat Jan 10 we held another Winter Social at Sandywoods Farm. It was a fun time for all, met a lot of first timers, to our Social. We thank Eagle Sings for drumming and singing with us. Good food, good fun and a big amount of raffle items. Hope to see all our friends at the next Social.

On Fri Jan 16 we were asked to conduct a presentation for the Boy Scout troop at Monsignor Clarke School in Wakefield. It was a smaller turnout than anticipated, but it is always good when we can educate the people. We had fun teaching by lectures, stories, demonstrations and song. Hopefully they all will remember what they have learned.

* On Sat Feb 14th 12:00 – 5:00 we will be hosting our last “Winter Potluck Lunch and Dance Social Gathering”, for this season, at Sandywoods Farm in Tiverton. Eagle Sings will be joining us in drumming, and the floor is open to dance and enjoy yourselves. If there are any Native entertainers who would like to join us, please contact us. There is no admission fee, we just ask that you please bring a dish to share and come join us for a fun filled afternoon.



On Sat March 28th we will be hosting our 8th Annual Indoor Pow-wow and Spring Gathering at Knights of Columbus hall, 7 Valley Rd Middletown. More in next month’s newsletter. At present time, there are a few vendor table spaces left.

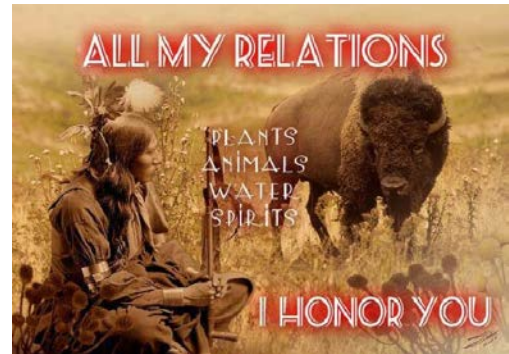
Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

If you know of a member, or friend of this Council, who is sick or in the hospital, please let us know ASAP.

****See you at the next meeting: Sunday Feb 1**

Contents:

- Page 1; Council news.
- Page 2; Lighter Side. Spiritually Speaking
- Page 3; Adverts, Events
- Page 4; Editorial
- Page 5; Teaching
- Page 6; Flyer - Winter Social
- Page 7; Native Recipe
- Page 8; Assorted info. Charity Info. Inspirations. Message from 3 Horses.



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AQUIDNECK INDIAN COUNCIL

Invites you to attend our
***Winter Potluck - Lunch,
Dance Social Gathering***

Sat Feb 14th 12:00 – 5:00

@ Sandywoods Farm,

43 Muse Way, Tiverton, RI

Raffles, Dancing and afternoon fun.
Open to the public - all are welcome.

Please bring something to share.

(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers
and Eagle Sings

****This is an Alcohol & Drug Free Event****

On the lighter side:



Spiritually Speaking

"We're sitting on our blessed Mother Earth from which we get our strength and determination, love and humility, all the beautiful attributes that we've been given. So turn to one another; love one another; respect one another; respect Mother Earth; respect the waters-because that's life itself!"

—Phil Lane Sr, Yankton Sioux

Our entire point of view can be altered by making one change to align with the principles of the Great Spirit. Let's say we decide to become respectful. As we become respectful, our attitude will change. We will automatically draw into our lives knowledge about the other principles of the Great Spirit such as love, appreciation, trust, beauty, and peace of mind. By focusing on these principles, we will let go of selfishness, self-centeredness, self-pity, dishonesty, and fear. You focus on respect, you get respect; you focus on love, you get love; you focus on the Red Road, you get peace of mind.

Great Spirit, let me learn the lessons of respect.

"The teachings are for all, not just for Indians... The white people never wanted to learn before. They thought we were savages. Now they have a different understanding, and they do want to learn. We are all children of God. The tradition is open to anyone who wants to learn."

--Don Jose Matusuwa, Huichol

In the summer of 1994, a white buffalo calf was born. This means that now is the time for all races to come together. The Elders say that at this time a voice from within will speak to everyone. It will say now is the time to forgive, now is the time to come together. Are we willing to do this? Are we willing to quit judging other people? The Elders say, He will be talking through people of all races and gender. We need to open our hearts and welcome our brothers and sisters.

Great Spirit, let my ears be open as I walk the path You have chosen for me.



Upcoming Events:

Sun Feb 1

Aquidneck Indian Council's Monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Feb 14

Aquidneck Indian Council
Winter Potluck Lunch & Dance Social
Sandywoods Farm
43 Muse Way Tiverton RI
401-683-4589 12:00 - 5:00

Sun March 1

Aquidneck Indian Council's Monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat March 28

8th Annual Indoor Pow-wow & Spring Gathering
K of C Hall, 7 Valley Rd, Middletown RI
401-683-4589 9:00 - 5:00

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

The Northern journey of winter:

White covers much of the earth during winter's harsh, cold months, representing the nourishing blanket that secures all of nature while it lies sleeping. Winter also represents Elders and their final walks along the Red Road. Our grandparents are wise and the winter is silent. Therefore, the time of the North is a special time for storytelling.

In olden times, children and adults would gather around a fire and hear storytellers narrate legends and myths of their people. Storytellers orally teach the traditions of their people and keep alive the history of their tribe. The Chippewa call North "Waboose", which is depicted as a strong, powerful buffalo withstanding the effects of winter.



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Aquidneck
Land Trust

790 Aquidneck Ave. Middletown, RI 02842

401-849-2799 chuckallott@ailt.org

Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship?

The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA.

Opening May for the 2014 Season

www.OnisetWigwam.com

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)

Sunday Services: June thru August – 7:00 PM to 8:30 PM

Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.

Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,

Contact: Rev Patti Craig

1-508-436-3105

evroty@aol.com

Editorial

Love and heart connection

by: *Robin Raven Speak*



Friends, “love and intimacy”; a very powerful and difficult topic to master, or give advice on. Each of us is so very different in the way we love and show love and how we view love. Even the word itself is a mystery, as the English language doesn't separate it into different levels as some other languages do. It's very confusing when you try and distinguish the different definitions of love. Obviously I love my husband in a different manner as my sister, but when do the lines blur? When does loving a friend or caring for another person turn into a romantic feeling that makes me want to say "I'm in love with him/her", "I love to", "I'm in love" - is a big difference.

When you feel that unmistakable connection to someone, it's there for a very good reason - in that you two were meant to be. Kismet, karma or soul mates, to try to get rid of that feeling is inherently wrong and goes against the nature of the universal connection, that bond you both share.

Everything happens for a reason. And this is most paramount when two souls are together. If you are attracted to one another, then it was obvious that you both felt the same. The universe will always find a way of bringing you back to one another. Even after that major separation of past lives.

Meeting that special someone was fate, becoming their friend was a choice, but falling in love with them you had no control over.”

So my message to you is that Soul-mate connections force us to go deep within ourselves and grow. So take this as part of your spiritual journey and allow it to guide you both to a life full of smiles and joy. You will always have your love to keep your friendship strong just as it was on the journey before now. But remember all it takes is a simple quote “I LOVE YOU” a kiss, or even a nice warm hug to just allow that special someone to always know they matter.

Happy Valentines 2015

I wish you well and lots of love...



Which way do we go?

Retold by: 3 Horses

Original Author Unknown



There is a field, with two horses in it.

From a distance, each looks like every other horse.

But if you stop your car, or are walking by, you will notice something quite amazing.

Looking into the eyes of one horse, you will see that he is blind.

His owner has chosen not to have him put down, but has made a good home for him.

This alone is amazing.

If nearby and listening, you will hear the sound of a bell.

Looking around for the source of the sound, you will see that it comes from the smaller horse in the field.

Attached to her halter is a small bell.

It lets her blind friend know where she is, so he can follow her.

As you stand and watch these two friends, you'll see how she is always checking on him, and that he will listen for her bell and then slowly walk to where she is, trusting that she will not lead him astray. When she returns to the shelter of the barn each evening, she stops occasionally and looks back, making sure her friend isn't too far behind to hear the bell.

Like the owners of these two horses, Creator does not throw us away just because we are not perfect or because we have problems or challenges. He watches over us and even brings others into our lives to help us when we are in need.

Sometimes we are the blind horse being guided by the little ringing bell of those who Creator places in our lives.

Other times we are the guide horse, helping others see.

Good friends are like this You don't always see them, but you know they are always there.

Please listen for my bell and I'll listen for yours.





The

AQUIDNECK INDIAN COUNCIL



Invites you to attend

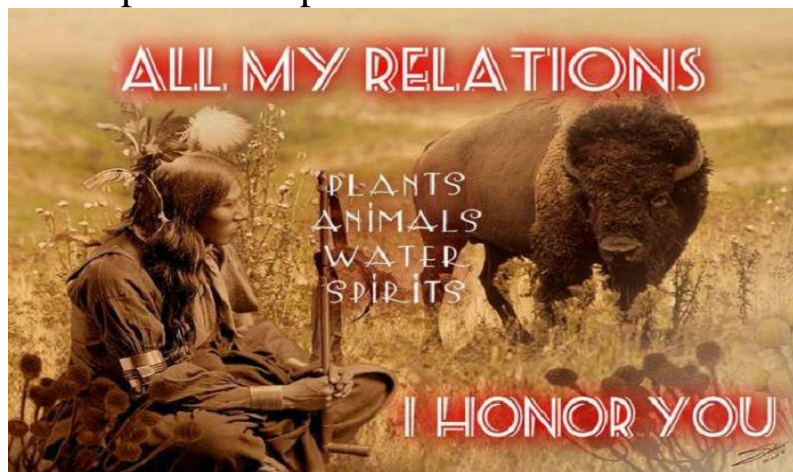
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Directions to: Sandywoods Farm

From Fall River, Providence, and points north, take Route 195 to Route 24S. Follow 24S to 81S. Follow Route 81 to the 81/177 intersection, then turn right, then take your first left (at the Bulgarmarsh Recreation Area) onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

From Newport and southern RI, take the Jamestown and Newport bridges and continue through Middletown and Portsmouth on Route 114 (West Main Road) to Route 24N. After crossing the Sakonnet River bridge, take the Fish Road exit (Exit 6) off of 24N. Turn right at end of exit, then left at the end of Fish Road onto Bulgarmarsh Road. Follow Bulgarmarsh to the Bulgarmarsh Recreation Area (just before the 177/81 intersection) and turn right onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

NOTE: Because Muse Way and the other roads at Sandywoods Farm are newly constructed, you may find that they do not yet show up on your GPS device. info@sandywoodsfarm.org

For more info contact us at

401-683-4589

Aquidneck_Indian@verizon.net

www.aquidneckindiancouncil.org

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

Native Recipe

Indian Vegetables



Ingredients:

4 Strips bacon (or bacon grease from approx. 4 slices)	1 lb meat (ground beef, pork, sausage or steak)
2 large onions, sliced	3 cups sliced green & yellow squash
1 cup cubed eggplant	1 cup green beans
1 cup whole baby carrots	1 bell pepper, sliced
½ lb mushrooms	1 can tomato sauce
1 large can red kidney beans	1 large can chick peas
½ cup rice	¼ cup molasses

Instructions:

This dish is best cooked outside over an open fire, in a large skillet, but can be cooked inside on your stove. You can vary the recipe each time by using what you have available. The only vegetable that is not recommended is beets. Corn is a great addition.

Sauté bacon, remove and save. Sauté onions in the bacon grease, add pepper, mushrooms, other vegetables and meat. Cook for 5 minutes. Before adding rest of ingredients, season with parsley, garlic salt, sage, thyme and chili powder. Add balance of ingredients and sauté about 15 minutes.

Delicious served with green salad, corn bread and/or applesauce.

Serves 12

Next meeting:



Sunday Feb 1, 1:00

@ 222 Middle Rd Portsmouth

Guests Always Welcome

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
c/o 222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net

Website: www.aquidneckindiancouncil.org

St Joseph's Indian School

Constant Needs:

- Men's deodorant
- Hair gel
- Little girls full slips in sizes 8-14
- Children's robes
- Dish cloths
- School supplies
- Boys Boxers (all sizes)
- Bath towels
- Running shoes - men's & women's sizes
- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
- Twin, extra long twin & queen comforters/spreads

Remember to save:

"General Mills" + "Betty Crocker" products box tops.

&

"Campbell's" products labels.

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)



Inspirational:

We sometimes say, "Prayer changes things". If we really believe it does, then let's not be so easily affected when things don't look promising. That's when we need to pray and trust the most.

3 Horses, Comanche

From 3 Horses:

Wow Feb already, seems like we were just celebrating Christmas. The months are going by too fast. There are always things to be done. We sometimes look so far ahead, we don't see the now. I will admit that it happens a lot more than we'd like to think. We all look forward to spring, we don't look forward to winter. But, we need winter to perform its part in the circle of life, the changing of seasons. Things must die, or fade away, to be reborn or rejuvenated in the spring. So, yes it may seem cold and blah, but it is needed.

As we look ahead, do not forget the now, nor the past. We learn from the past. We live in the now. *"Creator, Great One Above; may we all enjoy all the days you lay before us. May we use them and never waste them. Grant us many more days here upon Mother"*.

See you along the Good Red Road. *Peace*.....

3 Horses & Dreams of Wolves



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