

Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

December 2016



Council News

At last month's meeting we discussed our upcoming Socials and several other issues.

On Sat Nov 12th we were happy to host our first Social at the Tiverton Rod & Gun Club. Those that attended must agree that there was a great energy in the building. We have been there to drum before, but this time it was for our Circle and the energy was high. The food was plenty, the friendship was great and the drum was loud and happy. Isaiah entertained us with a few songs on bass and the rest just came together. Thank you Lady Hawk & Mota Hota Ska for offering the use of the hall. We look forward to Dec, Jan & Feb Socials.

On Sat Dec 3rd we have been asked to drum for the Tiverton Rod & Gun Club's black powder shoot and "Toys For Tots and RI Food Bank" drive. Let's pray/hope for good weather.

At this month's meeting we will discuss our annual donation to St Joseph's Indian School. Plan to attend and let your voice be heard.

** Note: This month's meeting will be our Annual Christmas Party, pot-luck social, Nikomo and gift gathering for St Joe's. see ------

If you have any friends who might be interested in our ways, or are interested to see what we are about, feel free to bring them along, but, explain to them the idea of the Nikomo, that way no one is left without a gift. The more the merrier, guests are always welcome to any/all of our events.

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

See you at the next meeting: Sunday Dec 4

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Message from 3 Horses.

Annual Council Christmas party, pot-luck social, Nikomo and gift gathering for St Joseph's Indian School

The Council meeting on December 4th will be short so that we may have a pot-luck social, a Nikomo (gift sharing) & Christmas party. It is asked that everyone bring a dish to share.

The Nikomo is a form of giving a gift to others. You bring an unwrapped gift, not for anyone specific, whether bought or handmade. You place it on the blanket with other gifts. After the meeting at some time during the social, the members will line up, "eldest" first, and you will take your turn and choose any gift from the blanket that you would like.

Also in keeping with the season, and as a gesture of the heart, we ask you to please bring a small unwrapped item/gift, which will be added with others, that we will be sending to St Joseph's Indian School. The Sioux children that attend the school are very poor and need OUR help. The gifts don't have to be expensive. You can find many nice things at stores like, Dollar Tree, Job Lot etc. The school asked for girls & boy's underwear, (all sizes) as well as socks, health & beauty aids (soaps, deodorants, shampoos, etc.), and all types of school supplies, not to mention toys (see page 8 for more needed things).

Contact me for details.



Dreams of Wolves

On the lighter side:

Stuck in the Smoke Hole of our Tee-pee

by Oldhands

There's a funny fat man in a silly red suit, stuck in the smoke hole of our tee-pee. There's a funny fat man in a silly red suit, stuck in the smoke hole of our tee-pee.

(chorus) Ho-ho-ho, he thinks he's talkin' NDN, No-no-no ain't no way we'll let him, not no funny fat man in a silly red suit, that's stuck in the smoke hole of our tee-pee.

Granny's tanning deer hid, Grampa's cookin' up the meat of the funny fat man in a silly red suit, that's stuck in the smoke hole of our tee-pee.

(chorus

Aunty's stealing his boots, Uncle's strippin' down the sled, of the funny fat man in a silly red suit, that's stuck in the smoke hole of our tee-pee.

(chorus)

Ching, ching, the sound of money coming in, from the pawning of the toys, of the funny fat man in a silly red suit, that's stuck in the smoke hole of our tee-pee.

(chorus)





Spiritually Speaking

TAKING CARE OF THE CREATION

Robert Soto – Lipan Apache

Genesis 2:19-20 "Now the Lord God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. So the man gave names to all the livestock, the birds in the sky and all the wild animals."

God the Creator gave mankind the responsibility to oversee the animal life. Not only did man give them their names but he instilled the care they needed not only to survive but to help mankind to survive on this earth. He understood that God the Creator created and the creation cared for man. When man disrespects the creation, the creation dies out. There is a balance between mankind and the creation. **A cycle of life**. We live because the creation lives. Our people understood that balance and we made sure the creation lived so that we could live. As Native we learned to take care of the creation.

Our people went into a seven year cycle. We never spent over a year in one place for we knew that after a year we would deplete the natural resources that kept us living. So we would not return to the original place until seven years later giving the earth enough time to heal. Seven years later the earth would have plenty of vegetation and animal life to keep us going. We made sure the trees would not be depleted and that the earth would produce enough nourishment to keep producing year after year. It surprised us to see people from Europe come in, cutting down the trees and killing off the animals. That was why the United States established a policy to eradicate the buffalo knowing that without the buffalo our people would starve and maybe die out. But nevertheless, we took care of the creation knowing that the creation would take care of us.





Dues time:

Dues for 2017 can be paid at the December or January meeting, or checks can be mailed or dropped off to the Secretary at 222 Middle Rd. Portsmouth, RI 02871

\$10 yearly dues help defray the cost of newsletters, snail mail, birthday, get well and/or sympathy cards. It also helps us support our charity,
St Joseph's Indian School.

Members & Assoc members, in good standing, will receive a 2017 card upon payment.

Upcoming Events:

Sat Dec 3

Tiverton Rod & Gun Club Black Powder Shoot & Toys for Tots & RI Food Bank drive Primitive area, 1529 Fish Rd Tiverton RI 401-266-8436 8:00 – 4:00

Sun Dec 4

Aquidneck Indian Council's Monthly Meeting Nikomo & Christmas Social 222 Middle Rd, Portsmouth RI 401-683-4589 1:00 - ?

Sat Dec 10

Winter Pot Luck Lunch & Dance Social Tiverton Rod & Gun Club, 1529 Fish Rd Tiverton RI 401-683-4589 12:00 – 5:00

Sun Jan 8

Aquidneck Indian Council's Monthly/Annual Meeting, 222 Middle Rd, Portsmouth RI 401-683-4589 1:00 - ?

Sat Jan 14

Winter Pot Luck Lunch & Dance Social Tiverton Rod & Gun Club, 1529 Fish Rd Tiverton RI 401-683-4589 12:00 – 5:00

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

Santa! Are you in there??



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Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship? The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA. Opening May for the 2017 Season www.OnisetWigwam.com

or

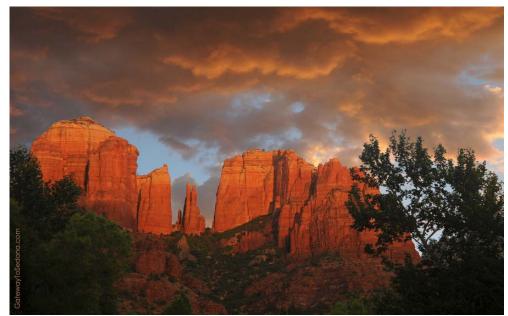
First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44) Sunday Services: June thru August – 7:00 PM to 8:30 PM Sept. thru May - 10:00 AM to 11:30 with fellowship to follow. Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,
Contact: Rev Patti Craig
1-508-436-3105 evroty@aol.com

Native Teaching: What are sacred power centers?

by Beverly Morningstar



Cathedral Rock in Sedona, Arizona

Introduction:

Power centers are the home of spirits who are high in the status hierarchy. Power Centers are; a place where a specific spirit/spirits reside, that have been placed there for a special assignment or purpose. They were put there by our Creator from the beginning of time to perform a specific job for him. The spirit's job is to create a source of power and healing energy, they may also be the guardian of this place.

They are very considered very sacred to Native Americans who recognize and feel the energy that resides there. Some of our ancestors believe they are places where the Creator himself lived at times due to the powerful energy one feels there.

These special places are very holy and one needs to honor and show respect when visiting them. It is frowned on to visit some of these places without one learning the meaning and significance of the power felt there. Our ancestors from all over the world prior to entering into a center to utilize the energy would prepare themselves properly. They would purify their bodies, minds and spirits especially of negative thoughts. They would do this by fasting and prayer as well as taking bathes in herbs, do a sweat, bath in a hot spring or perhaps even under a waterfall. It would be done in a sacred manner to cleanse oneself of any negative energy.

In most Native cultures it would be most likely done as a purification sweat; where one would ask permission while in a sweat from our Creator and the spirits. The person/persons would be seeking direction/advice from the spirits and our Creator. The cleansing would last a few days prior to the visit as well as a few days after the visit. It was very important for them to abstain from alcohol, drugs and sex. One would wait to receive a sign that permission was given to visit the sacred place, however if they did not receive one the visit was not to take place until a further time.

There was also a period of abstinence for protection after a visit due to the belief that the spirit would follow the believer home and answer prayers for them. The second reason was because a person is filled with intense power and energy once visiting these places. So it was extremely important to give their bodies time to adjust to the infusing of power given to them. They also needed time to fully grasp and understand the messages given to them as well.

Conclusion:

Power centers are a vital source to Mother Earth a place where one can pray for the healing of Mother Earth and its people. They are considered to be a spiritual form of recharging and reusing healing energies. They have been on this earth since creation and are located in special areas of the world with a special function. Some Natives believe they are a doorway to other dimensions as well. One should always remember they are a place to be respected.

Creator, we thank you for these special places of healing energies and we continue to pray that they will be treated in a respectful manner for future generations to visit. A'ho

Editorial: Impressions

by Dreams of Wolves



When we first meet someone we usually have that first impression. Is this person true, or are they fake? We always have an opportunity to make a good impression.

To make a good impression we need to have a good attitude:

Whatever you do will determine the impression people get from our attitude. We should be humble, accept correction without getting all flustered and cop a sarcastic attitude, and we should be gracious.

We can have interests in others without being meddlesome. We would be more helpful to them, and, let them think for themselves, instead of trying to think for them. Our attitudes will make a good impression.

Humility also plays a part in making an impression about someone:

Sometimes people feel they have power. So they try to run things when it is not their place to do so. We get so wrapped up with situations, we forget and run with it. It is only natural, but we need to sit back and find out what is needed to be done. Be humble enough to ask what needs to be done, or what can be done, instead of doing without asking. We all need to be humble. That also gives a good impression as to what people think of us.

Pride is also something that makes an impression on others:

However, there is a risk of being too proud. We feel we are superior, and think that others should follow what our beliefs are. Our best safeguard against having too much pride is to remember; we don't have all the answers and we are not in control of everything that goes on.

Don't act like you know more than anyone else because the impression will not get you anything but a negative reaction.

So; Let's all check our attitudes and impressions and see how we can all improve ourselves. After all, we are always in the public's eyes and they form the "First Impression".

Creator, please help me to be a more humble person, to accept what you want of me and to make that first impression a good one.





AQUIDNECK INDIAN COUNCIL

The





Invites you to attend

our Winter Potluck - Lunch, Dance Social Gathering Sat Dec 10th 12:00 – 5:00

@ Tiverton Rod & Gun Club, 1529 Fish Rd, Tiverton, RI Raffles, Dancing and afternoon fun.
Open to the public - all are welcome.







Please bring something to share.

(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome.

This is an Alcohol & Drug Free Event

Directions to: Tiverton Rod & Gun Club

From Fall River, Providence, and points north, take Route 195 east to Route 24S. Follow 24S to Fish Rd exit in Tiverton. Take left off the ramp and follow Fish Rd approx. 2 miles past the Tiverton Police station. Tiverton Rod & Gun Club is on your right. If you see Bulgarmarsh RD, you passed it.

From southern RI, take the Jamestown and Newport bridges and continue through Middletown & Portsmouth on Route 114 (West Main Road) to Route 24N. Once across the Sakonnet River Bridge, take Fish Rd exit. Bear to right at Police station and follow approx. 2 miles.

For more info contact us at 401-683-4589

Aquidneck Indian@verizon.net

www.aquidneckindiancouncil.org

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

Native Recipe

Gingerbread















<u>Ingredients</u>:

2 eggs

3/4 cup molasses

 $1 \frac{1}{2}$ cups flour

1 ½ teaspoon ginger

1/4 teaspoon salt

1/2 cup sour cream
1/4 cup brown sugar
1 teaspoon baking soda
1/2 teaspoon ground clove
1/2 cup melted butter

Beat the eggs and add the sour cream, molasses and sugar and beat again.

In a separate bowl, sift together the dry ingredients; flour, baking soda, ginger, clove and salt.

Stir into sour cream mixture and add melted butter.

Pour into greased and floured 9" square pan.

Bake 35 minutes at 350*

Serve warm with whipped cream or light lemon sauce.

Next meeting:



** Sunday Dec 4, 1:00 @ 222 Middle Rd Portsmouth

Guests Always Welcome



www.stjo.org

Constant Needs:

- Men's deodorant
- Hair gel
- Little girls full slips in sizes 8-14
- Children's robes
- Dish cloths
- School supplies
- Boys Boxers (all sizes)

- Bath towels
- Running shoes men's & women's sizes
- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
- Twin, extra long twin & queen comforters/spreads

AIIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman Dreams of Wolves (Barbara Sly), Secretary 222 Middle Rd. Portsmouth, RI 02871 401-683-4589

Email: aquidneck indian@verizon.net Website: www.aquidneckindiancouncil.org

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&

"Campbell's" products labels. ----→

For St Joseph's Indian School (see Dreams of Wolves for a detailed list)





Inspirational:

On the first day of Christmas, my true love gave to me; a Soaring Eagle Singers CD.

Soaring Eagle Singers

From 3 Horses:

What does one need to belong to a "Family Circle" such as OURS? Love, yes, but it is also called commitment. I have made a promise and commitment to all of you to make/keep OUR Circle, OUR Council, a safe and happy place to come, learn, socialize, thrive, and feel at home. At times we may become very busy and forget about others within our Circle. We have made commitments to each other. We have been tested. Our commitment has not been broken, we are standing together stronger than ever. A quick symbol, take one single arrow - it can be easily broken. Take a bundle of arrows - not going to happen. So, this is my wish for you; May the love and strength and knowledge of the Great Spirit be with you this holiday season. Wakan Tanka Kici Un, Mitakuye Oyasin - God Bless You, all my relations.

To hi ge se s di – Cherokee for "Peace on Earth"



Merry Christmas, Happy Hanukah, Happy Kwanza, Happy Holidays to all...



See you along the Good Red Road	See you a	long the	Good I	Red	Road.
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Peace.....

3 Horses & Dreams of Wolves



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