

Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

### **Pewsletter** December 2015



#### Council News

On Sat Nov 14 we hosted our Fall Social at our new location. We want to thank everyone who showed up. It was another fun time.

On Mon Nov 16 we were happy to conduct an observance for Native American Heritage Month at the Shining Star Pre-school. It is always a good time when we can share our culture with the students and faculty. We thank the Shining Star staff for inviting us to educate their students.

On Weds Nov 18 we had yet another chance to teach a little bit of our culture to the military and civilian employees at the Native American Heritage Month observance at Naval Station Newport. It is always good when we can offer up some history, from our point of view, and have a chance to put away negative stereotyping.

Our Winter Pot-luck Lunch and Dance Socials will be held at the **Middletown FOP Lodge #21, 464 Mitchell's Lane, Middletown RI.** It is off East Main Road (Rte. 138) at the Portsmouth – Middletown line. You can find it by magic talking box (GPS) or contact us for directions.

The dates are: Dec 12, Jan 9 & Feb 13

Christmas Social & Nikomo  $\dashrightarrow$  See announcement for details.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

If you know of a member, or friend of this Council, who is sick or in the hospital, please let us know ASAP.

\*\*See you at the next meeting: <u>Sunday Dec 6</u>

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#### Annual Council Christmas party, pot-luck social, Nikomo and gift gathering for St Joseph's Indian School

The Council meeting on December 6th will be short so that we may have a pot-luck social, a Nikomo (gift sharing) & Christmas party. It is asked that everyone bring a dish to share.

The Nikomo is a form of giving a gift to others. You bring an unwrapped gift, not for anyone specific, whether bought or handmade. You place it on the blanket with other gifts. After the meeting at some time during the social, the members will line up, "eldest" first, and you will take your turn and choose any gift from the blanket that you would like.

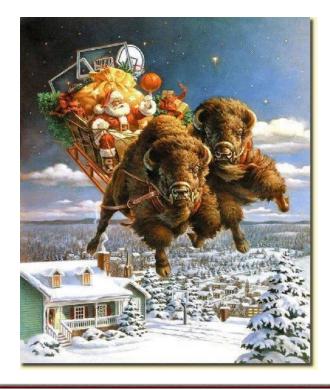
Also in keeping with the season, and as a gesture of the heart, we ask you to please bring a small unwrapped item/gift, which will be added with others, that we will be sending to St Joseph's Indian School. The Sioux children that attend the school are very poor and need OUR help. The gifts don't have to be expensive. You can find many nice things at stores like, Dollar Tree, Job Lot etc. The school asked for girls & boy's underwear, (all sizes) as well as socks, health & beauty aids (soaps, deodorants, shampoos, etc.), and all types of school supplies, not to mention toys (see page 8 for more needed things).

Contact me for details.



Dreams of Wolves

#### On the lighter side:



### Spiritually Speaking

"Money cannot buy affection."

#### Mangas Coloradas, Apache

In these modern times we put too much emphasis on material things and on money. We believe that money is power. If we have money, people will respect us. If we have money, people will admire us. If we have money, we can have anything we want. Maybe we can purchase anything in the material world, but we cannot purchase anything in the Unseen World. The Unseen World is not for sale. It can only be given away. Love, affection, admiration, trust, respect, commitment -- these must be earned or given away. If we use these things from the Unseen World, we are using real power.

My Creator, let me demonstrate Your power today. Let me be loving to all I meet.



# Dues time: 🗳



Dues for 2016 can be paid at the December or January meeting, or checks can be mailed or dropped off to the Secretary at 222 Middle Rd. Portsmouth, RI 02871

\$10 yearly dues help defray the cost of newsletters, snail mail, birthday, get well and/or sympathy cards. It also helps us support our charity, St Joseph's Indian School.
Members & Assoc members, in good standing, will receive a 2016 card upon payment.

#### **Upcoming Events:**

Sun Dec 6 Aquidneck Indian Council's Monthly Meeting 222 Middle Rd, Portsmouth RI 401-683-4589 1:00 - ?

Sat Dec 12 Winter Pot Luck Lunch & Dance Social Middletown FOP Lodge #21, 464 Mitchell's Lane, Middletown RI 401-683-4589 12:00 – 5:00

Sun Jan 3 Aquidneck Indian Council's Monthly and Annual Meeting 222 Middle Rd, Portsmouth RI 401-683-4589 1:00 - ?

\*\* Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.



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Acrylic painting - on Canvas, Wood, Stones, etc.

#### Painting with Inspirations

Robin *{Raven Speak}* Riley (Peer-to-peer Recovery Coach Specialist & Reiki Master) 401-741-1527 ronbinriley826@yahoo.com

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Preserving the Island's open spaces and natural character for the lasting benefit of our community.

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#### Looking for a new style or place of Worship? The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA. Opening May for the 2015 Season www.OnisetWigwam.com

#### First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44) Sunday Services: June thru August – 7:00 PM to 8:30 PM Sept. thru May - 10:00 AM to 11:30 with fellowship to follow. Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton, Contact: Rev Patti Craig 1-508-436-3105 evroty@aol.com

#### Native Teaching:



### Spírít of Whíte Buffalo

White buffalo walked from the west, her large eyes watching the grass that covered the endless plains as it waved in the breeze, like strands of golden hair stirring with the gentle touch of unseen hands.

Hooves trod over endless miles, mighty head held aloft as she continued her journey, following the whisperings of the summer breeze that carried the message meant for her ears alone. She would not rest until she had completed her journey.

From over the softly rolling hills, emerged a figure walking upright. She recognized this figure's shape as being that of a two-legged, and she hastened her own approach, recognizing the urgency of the voice that continued its whispering in her ear.

The man looked up toward the distant horizon, having been compelled to journey toward the west where the sun would soon be dipping down, marking the end of the day. His eyes caught the vision of white brilliance that was filling up the plains around him, indeed the very sky, and for a moment his heart leapt in fear, for this was unlike any light he had ever known, dazzling in its intensity and brilliance.

For some reason not completely known, yet thoroughly compelling, like the beat of the drum during the sun dance, the warrior suddenly felt no fear, and walked toward the magnificent creature who now had stopped just a few feet from him.

The beautiful creature's great eyes met his own and the movement of time halted its relentless thrum. Long strands of grass moved in slow motion and he could see tiny particles of pollen dance and glitter in the rays of the sinking sun like tiny crystals cast upon the winds.

Her light enveloped him and he knew no fear, no concern or anxiety, he knew only peace, as though the light were a warm blanket left before a roaring fire before being placed over his form. And in the next moment he was following the white buffalo . . . toward the setting sun.

As they reached the doorway between planes, white buffalo turned to the two-legged and encouraged him forward. He stepped into the brilliance of the light that spilled forth from the great doorway as a warrior among men. Yet he emerged on the other side as a dove.

White buffalo looked toward the farthest reaches of the western gate, the place where the buffalo nation resides. She felt their love for her, and as she cast her eyes to the sky nation, she heard the song the ancestors sang, yet as she watched the fading figure now enveloped in the brilliant light, she knew the reason she had made the journey, and her heart sang a song of resounding joy.

**LIGHT BEARER:** White Buffalo is the Totem for one who's Life Path is to awaken the Soul of Others. Yet in order that she might fulfill this role, she needs first to find the Light Within herself, to integrate the Mind, Personality, Emotion and Soul.

**<u>BUILDER OF THE BRIDGE</u>**: When Great Spirit moved Its Creative Force across the expanse of the Earth Mother, a Doorway was left between the Blue Road of Spirit and the Red Road of Physical Life. And yet there remained a chasm between Planes that the two-leggeds found difficult to cross, so Great Spirit called upon White Buffalo that she fashion a Bridge to link the Two Planes together.

**TRUTH:** It is said that part of the reason White Buffalo is white, is because she cannot speak any untruths, her spirit blessed in the Waters of Truth and Honesty which in turn turns her hide white.

**ELDER SPIRIT**: White Buffalo is an Elder Spirit amongst the Animal Totems, for she was with Wakan Tanka at the creating of Earth Mother and placed in the West to hold back the tides.

Herein lies the challenge, as the Path for White Buffalo is never smooth, yet riddled with pebbles, boulders and divided at times by raging rivers. Yet through Trust in his Path and Soul's Purpose, Faith in Great Mystery that all will be exactly as it is meant to be, and Love for All, any challenge that presents itself will always be acknowledged, embraced and absorbed, leading him to the Light streaming from the Gateway where he may then lay himself down to fashion the bridge so that others might make the journey across.

#### Editorial: Gifts by Dreams of Wolves



Well, Christmas is here again; the Hustle & bustle of everyone getting gifts for their loved ones. But really, I always wondered, why are we buying gifts for each other? We are so busy shopping for everyone that we forget what this holiday represents. It is the birthday of the Christ child. So where are our gifts to Him? It's His birthday, not ours. So what do we do for Him? On Christmas morning I wish Him a "Happy Birthday".

The best gift we can give Him, and to each other, is: love, respect and honor. We need to respect each other; there is too much hatred and disrespect in this world. We need to think of the Christ child and start loving more. This is my gift to Him and the material gifts are second.

Teach each other to be kind and loving – that's the best gift.









# Invites you to attend

our Winter Potluck - Lunch, Dance Social Gathering Sat Dec 12<sup>th</sup> 12:00 – 5:00 @ Middletown FOP Lodge #21, 464 Mitchell's Lane, Middletown, RI Raffles, Dancing and afternoon fun. Open to the public - all are welcome.





Please bring something to share. (Coffee, water & soda will be provided by the Council) Drumming by: the Soaring Eagle Singers

All Native entertainers welcome.

### \*\* This is an Alcohol & Drug Free Event \*\*

#### Directions to: FOP Lodge

From Fall River, Providence, and points north, take Route 195 east to Route 24S. Follow 24S to 138S East Main Rd in Portsmouth. Follow Route 138 approx. 6 miles past the State Police barracks, use Sarge's Autobody as a focus point. Mitchell's Lane is next left at Portsmouth & Middletown line. Spruce Acres tree farm is directly across from Mitchell's Ln. If you see Slate Farm, you passed it.

From southern RI, take the Jamestown and Newport bridges and continue through Middletown on Route 114 (West Main Road) to Route 138N East Main Rd. Follow East Main approx. 4 miles. Mitchell's Lane is next right after Boulevard Nurseries.

For more info contact us at 401-683-4589

Aquidneck\_Indian@verizon.net

www.aquidneckindiancouncil.org

## Native Recipe

# Gingerbread









#### Ingredients:

2 eggs 34 cup molasses 1 ½ cups flour 1 ½ teaspoon ginger ¼ teaspoon salt 1/2 cup sour cream
1/4 cup brown sugar
1 teaspoon baking soda
1/2 teaspoon ground clove
1/2 cup melted butter

Beat the eggs and add the sour cream, molasses and sugar and beat again.

In a separate bowl, sift together the dry ingredients; flour, baking soda, ginger, clove and salt.

Stir into sour cream mixture and add melted butter.

Pour into greased and floured 9" square pan.

Bake 35 minutes at 350\*

Serve warm with whipped cream or light lemon sauce.



Inspirational:

"Come forward and join hands with us in this great work for the Creator."

--Traditional Circle of Elders, NORTHERN CHEYENNE

#### From 3 Horses:

December is upon us and for some, it is a hard time. With the hustle & bustle of the holidays, some people become wrapped up in the materialistic part of it. Some people shun it. Some people remember what the symbolism of the holiday season is about: Love of family, giving, not just gifts, but of yourself, extending yourself to help a friend who might be one of those who shun the events of the season for one reason or another. Remember when you were a child. Even though we are older, enter into the season like a child, wide eyes, excitement, with joy and peace in your heart.

So, this is my wish for you; *May the love and strength and knowledge of the Great Spirit be with you this holiday season.* 

To hi ge se s di - Cherokee for "Peace on Earth"

Merry Christmas, Happy Hanukah, Happy Kwanza, Happy Holidays to all.....

See you along the Good Red Road. Peace.....

### 3 Horses & Dreams of Wolves



The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority, nor expert on any specific Tribe or Nation.