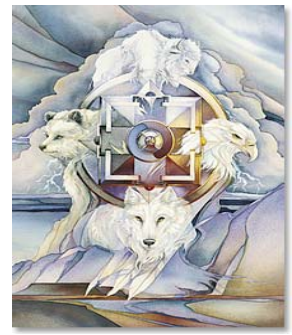


Aquidneck Island Intertribal Indian Council
(est. Oct. 14, 2007)

Newsletter

April 2015



Council News

***Reminder:** On Sat March 28th we will be hosting our 8th Annual Indoor Pow-wow and Spring Gathering at Knights of Columbus hall, 7 Valley Rd Middletown.

At this time we want to formally thank Christine H for opening her heart to the Council. She has donated a lot of items; some of which will be forwarded to help the children at St Joseph's Indian School and some of the items the Council will be able to use for raffles at our next Fall/Winter Socials. *Wado, Pilamaya, Danke, Merci* – Thank You

Hope to see all our relations at the “Planting of the Corn” ceremony. It is a Cherokee styled ladies ceremony that is conducted in silence and reverence. The ladies of the Council gather to offer up prayers for the members of our Tiyosopae (extended family). Symbolically, the corn that is planted is to feed/nourish us, but along with the kernels, it is their prayers that go into Mother as an offering for our wellbeing, growth & health. The following “Pipe” ceremony gives all a chance to come together and communicate with Creator and our ancestors. The “Fire” ceremony is a way to rid yourself of troubles and excess baggage, to ask Creator to take away your troubles, and hear your prayers. Drumming/dancing and eating; that is self-explanatory, a time to rejoice and enjoy yourselves with your extended family members - a time of renewal. ----->

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open..

If you know of a member, or friend of this Council, who is sick or in the hospital, please let us know ASAP.

****See you at the next meeting:**
Due to Easter being on Sunday the 5th, April's meeting will be Saturday April 4

Contents:

Page 1; Council news.
Page 2; Lighter Side. Spiritually Speaking
Page 3; Adverts, Events
Page 4 & 5; Editorial
Page 6; Flyer – Planting of the Corn
Page 7; Native Recipe
Page 8; Assorted info. Charity Info. Inspirations.
Message from 3 Horses.

Planting of the Corn Ceremony



*followed by a Pipe ceremony and
a Fire ceremony*

Saturday April 11

{rain date Sunday April 12}

222 Middle Rd. Portsmouth RI

12:00

**** smudging & prayers start @ 11:00 ****

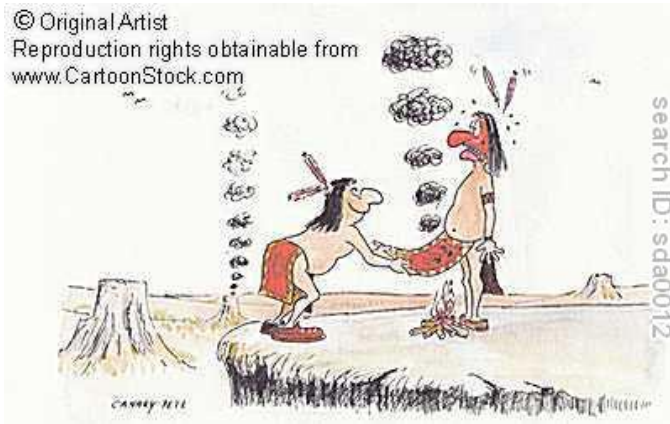
Followed by drumming, singing and dancing
Music by the Soaring Eagle Singers
{weather permitting}

Followed by a pot-luck social
{please bring something to share}

Natives: Regalia please
Non-natives: Casual dress

*** *This is a drug free and alcohol free gathering* ***

On the lighter side:



Spiritually Speaking

"I have always searched for my place and my people."

--Wendy Rose, HOPI/MIWOK

For every human being to feel connected, we must have the feeling of belonging. That is one of the values and benefits of a culture: it creates the feeling of belonging. If for some reason, while you were growing up, you did not develop the feeling of belonging, a search will be triggered and restlessness will be present in your heart. You will have a hole inside you, something missing, until you find your place and your people. Remember, we can get this feeling of belonging when we realize we belong to the Great Spirit and that He really loves us a lot.

My Creator, today, I belong to You. Let me feel Your presence. Thank You.

"In our modern world today, we may seem like drowning men because of the loss of much of our spiritual tradition."

--Thomas Yellowtail, Crow

Our spiritual tradition shows us the way to live in harmony, balance and respect. The tradition taught us how to behave and how to conduct ourselves. The spiritual way taught us to pray and to purify ourselves. Handed down from generation to generation were the teachings about a way of life. Our relationship to Mother Earth and to each other was very clear. The Modern World does not relate to spirituality but to materialism. If we do not allow spirituality to guide our lives, we will be lost, unhappy and without direction. We are spiritual beings trying to be human, not human beings trying to be spiritual. It is said, "Know thyself".

Grandfather, lead me to spirituality.



Upcoming Events:

Sat March 28
8th Annual Indoor Pow-wow & Spring Gathering
K of C Hall, 7 Valley Rd, Middletown RI
401-683-4589 9:00 – 5:00 (GE at noon)

Sat April 4
Aquidneck Indian Council's Monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat April 11 (rain date Sun 12th)
Aquidneck Indian Council's
Annul "Planting of the Corn Ceremony"
222 Middle Rd, Portsmouth RI
401-683-4589 12:00 - ?

Sat April 18
Metis Clan of SE Mass
2nd Annual Arts & Crafts Fair
Sandywoods Farm
43 Muse Way Tiverton RI
401-683-4589 12:00 – 5:00

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

Words of Wisdom:

by *Shadow Fox*

Don't lose hope - you never know what tomorrow will bring.

Remember the mightiest oak was once a little nut that held its ground.



Please support our advertisers:

For all your photography needs
Photos: stills, motion or slideshows of any & all occasions.

Capture the Moment Photography

Lora {Lone Wolf} Parker
401-662-0068 terra2570@aol.com
(Official photographer of the Aquidneck Indian Council)

Mystical products for the New Age.
Natural & Native items & collectables.

the Enchanted Cottage

Fall River MA
508-617-6024 enchanted11@cox.net
**Visit their Website: www.enchantedkottage.com

Acrylic painting – on Canvas, Wood, Stones, etc.

Painting with Inspirations

Robin {Raven Speak} Riley
(Peer-to-peer Recovery Coach Specialist & Reiki Master)
401-741-1527 ronbinriley826@yahoo.com

Handcrafted one of a kind jewelry, dream catchers,
lithographs, Native American men's ribbon shirts,
ladies' ribbon dresses, rattles, blankets & more?

Zartiphin's Emporium

Leilani {Strong Woman Spirit Chaser} Cardoza
401-824-6758 dragmer@cox.net



Aquidneck
Land Trust

790 Aquidneck Ave. Middletown, RI 02842
401-849-2799 chuckallott@ailt.org

Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship?

The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA.
Opening May for the 2015 Season
www.OnisetWigwam.com

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)
Sunday Services: June thru August – 7:00 PM to 8:30 PM
Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.
Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,
Contact: Rev Patti Craig
1-508-436-3105 evroty@aol.com

Finding confidence to “DO”, will give you “MORE” Determination

(Best story ever!!!)

by Robin Raven Speak



When Caro was 2 years old and playing near a water heater, a gas can fell over, igniting a 2,500-degree fireball that engulfed him. His tiny body became so hot that once he arrived at the hospital, doctors had to cut him with a scalpel to release trapped heat. During those first tentative hours, he died three times. Eighty percent of his body received third- and fourth-degree burns, which meant extensive loss of skin, including on his face. He also lost his fingers and most of his hands.

As a child, Caro spent more than four years in the hospital undergoing 80 grafting and reconstruction surgeries. Much of that time was spent in isolation rooms because his thin skin made him susceptible to staph infections. It was during this period that Caro discovered how people truly treat one another and where they place their values.

"All of that self-reflection set me on a path to discovering my dharma, which is my life's purpose," says Caro. "I've always felt compelled to excel so that I can inspire people to live their lives to the fullest without complaint or excuse."

During childhood when other kids were fretting over skinned knees and homework assignments, Caro struggled to achieve tasks that many take for granted, such as tying his shoelaces.

"I attended a private school from preschool through eighth grade, and initially the kids made fun of me until one day when I chased after the class bully and overpowered him," he says. "From that day on, I was friends with everyone."

Determination Pays Off

With no fingers or even hands, Caro's seven-year struggle to tie his shoelaces wasn't as quickly overcome, but the experience taught him a wealth of other great skills, including patience and persistence. "Though I lacked the dexterity to grip the shoelaces, I tried every day until I finally tied them," he says. "I can only explain it as a spiritual energy. On that particular day, things clicked and I suddenly had a new-found strength. I believed so strongly that I could tie my shoes that my intentions led to the manifestation of the goal."

After succeeding with his shoelaces, Caro decided to tackle the drums. "I have a functional thumb on my left hand, but not on my right one, so it's hard to grip anything, such as a drumstick," he says. "After a few unsuccessful attempts that included painful things like glue, my dad called a drummer friend and he suggested wrist bands, which I supplemented with rubber bands, creating fully functioning hands."

Caro began playing the drums at age 12 and found steady work for many years throughout his hometown of New Orleans, Louisiana. At one time he was the primary drummer for 11 jazz bands.

"Dan is a remarkable drummer, which is especially impressive when you consider his situation," says Stanton Moore, a professional drummer in New Orleans who has known Caro for several years. "I've seen Dan power through a gig with such determination, and he does it all with a smile. He is one of the most inspirational people I've ever met. Whenever I think my life is tough, I just look at him and realize that I have no excuses."

It was Hurricane Katrina in August 2005 that prompted Caro to change his career path from drumming to professional speaking and writing. "Katrina taught me to not ground yourself with a location or get attached to your stuff, because it can all go away suddenly. I realized that who you are and what you have inside of you – your consciousness – is all that really matters."

Caro's speaking career actually started two years before, in 2003, when his father suggested he attend a Toastmasters meeting. "Back then if someone asked me a question, I would freeze up and had difficulty expressing myself," says Caro. "Going to Toastmasters was one of the best decisions I've ever made. The organization gave me the tools and confidence to do what I'm doing now."

Becoming a Toastmasters Leader

He quickly earned his Competent Communicator award and became president of his club, Totally Toastmasters in Mandeville, Louisiana, bringing it back to Distinguished status by his second year. Today Caro is a sought-after speaker and author who regularly presents to audiences numbering in the thousands.

Steve Siebold is a professional speaker who met Caro at a speech workshop several years ago and became Caro's coach. "Dan's message was unbelievably compelling and inspirational; he just needed some refinement in how he shared it," says Siebold, who speaks on the topic of mental strength. "Considering his heart-wrenching story, there is the challenge of the audience feeling emotionally drained after hearing it. But Dan connects with the audience and shares the wisdom he acquired because of his tragedy, convincing listeners that they too can succeed, no matter the odds. He makes the presentation even more uplifting by playing the drums."

While Siebold helped Caro develop his speaking skills, he has learned a great deal from Caro in return. "Dan is never really out of my mind as I go about my life," he says. "When I compare my challenges to his, I just laugh."

Toastmasters Past International President Bennie Bough, DTM, agrees. "As a burn victim, Dan electrifies his audience with his message and demonstrates that being handicapped is not an obstacle," says Bough. "He captivates your heart and inspires you to higher levels of success."

*Today Caro is busy speaking and writing. His current mentor is Wayne Dyer, who wrote the forward for Caro's newly released book, *The Gift of Fire*. While he doesn't play the drums professionally anymore, Caro still enjoys music and has started composing. He is also a spokesperson for Shriners International, a philanthropic organization that supports Shriners Hospitals, an international health care system of 22 hospitals that – specializes in treating children free of charge for burns, orthopedic– conditions, spinal-cord injuries and cleft lip and palate. "It was at Shriners Hospitals that I had my 80 surgeries, and I feel it's my duty to give back to the organization that saved my life," he says.*

Caro plans to continue sharing his message of determination, strength and hope. "I have come to realize that people looked at me differently throughout different periods of my life because of how I looked at myself. I don't get many weird looks anymore, and I think it's because when you change the way you look at things, the things you look at change. When you live with no judgments or terms or conditions, things manifest the way you want them to – with no negatives."

So my message to you from this awesome story I just had to share. Is for you to stop and think how many times have you wanted to do something new, or take a risk, and instead of stepping up and attempting to do it, you stepped back and wished that you were more confident? Is there something in your life that you really want, but you're waiting to have the confidence to go for it? Do you believe that once you're confident, you'll gain determination?

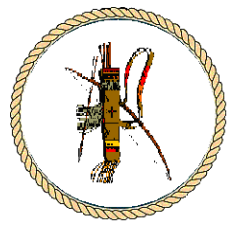
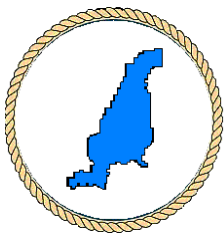
Confidence comes as the result of stepping out and taking risks, not waiting for it. When you actually do what you're aching to do, you'll become more confident. With more determination, even if you fail. Confidence comes from doing, and courage bridges the gap between having and lacking it.

It takes courage to reach for a better life, to try something you're a novice at, to risk embarrassment, and looking less than perfect, or failing. And courage is a choice. When you're facing a chasm, and your dream on the other side of it, courage will help you figure out how to get there.

What happens when you give your best and it explodes in your face? Add a dose of determination into your courageous mix. Determination is the hardening of inner-will—the corraling of mind, body, and soul into a single effort. Together, courage and determination produce results, and those results create the kind of confidence that no one can take from you.

Be Blessed.





The AQUIDNECK ISLAND

INTERTRIBAL INDIAN COUNCIL

Invites you to attend

The "Planting of the Corn" ceremony

followed by a Pipe ceremony and a Fire ceremony



Saturday April 11

{rain date Sunday April 12}

222 Middle Rd. Portsmouth RI

12:00

**** smudging & prayers start @ 11:00 ****



Followed by drumming, singing and dancing

Music by the Soaring Eagle Singers

{weather permitting}

Followed by a pot-luck social

{please bring something to share}

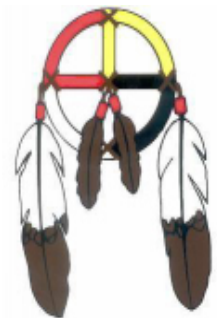
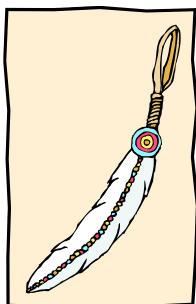
Natives: Regalia please

Non-natives: Casual dress

For more information:

401-683-4589 or

aquidneck_indian@verizon.net



Native Recipe

Appones



Ashcakes were called “Appones”, by the Indian people. They were made with cornmeal and water and shaped into flat cakes and “baked” in ashes. When these same cakes were made inside, to be cooked in an oven, the name became “Corn Pone”.

Johnnycake is still another name for this cornmeal pattie. Both Indian and colonists took it on trips and hunting, thus the actual name “Journey – Cakes”. To this day, it is said the best Journey Cakes come from Rhode Island.

Since the the ingredients are simple, and the cooking is easy, they make a terrific camping food.

Ingredients:

2 cups white cornmeal
1 teaspoon salt

¼ cup oil
½ teaspoon baking soda

¾ cup boiling water
¼ cup buttermilk

Instructions:

Preheat oven to 350*. In a bowl, mix cornmeal, salt, baking soda and oil with a spoon until all ingredients are moist. Stir in boiling water, mix well and add buttermilk. Mix into a soft dough.

Put ¼ cup mixture on greased cookie sheet and pat down to ½ thickness.

Bake 35 – 40 minutes or until firm to touch. Serve warm with butter and/or syrup.

Serves 2 - 4

Next meeting:



**** Saturday April 4, 1:00**
@ 222 Middle Rd Portsmouth
Guests Always Welcome



St. Joseph's Indian School
We serve and teach, we receive and learn.

1301 North Main Street
Chamberlain, SD 57325
www.stjo.org

Constant Needs:

- Men's deodorant
- Hair gel
- Little girls full slippers in sizes 8-14
- Children's robes
- Dish cloths
- School supplies
- Boys Boxers (all sizes)
- Bath towels
- Running shoes - men's & women's sizes
- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
- Twin, extra long twin & queen comforters/spreads

AIIC contact info:

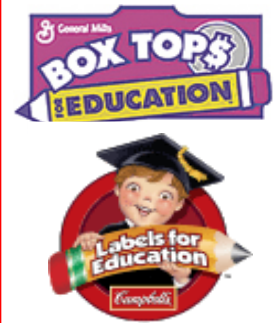
3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
c/o 222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net
Website: www.aquidneckindiancouncil.org

Remember to save:

“General Mills” + “Betty Crocker”
products box tops. ----->
&
“Campbell’s”
products labels. ----->

For St Joseph’s Indian School
(see *Dreams of Wolves* for a detailed list)



Inspirational:

The path of glory is rough and many gloomy hours obscure it. May the Great Spirit shed light on yours.

Black Hawk, Sauk

From 3 Horses:

April is called the Mohawk Moon. Onerahtokha – The Budding Time; so as the snow is finally melting, the grass is starting to turn green and the plant people are waking from their long winter nap. That too means that, we the 2 leggeds, are wanting to be outside again. It is needed that we have winter, but it is nice to feel the sun upon your face and smell the fresh air, and not freeze. It is okay to gather and/or have drum practice inside, but it is better to be outside. We all know Creator sees us, no matter where we gather, but it is special when we can gather outside, before HIM, standing on Mother, maybe near the “Tall People” (trees), and listen to all the sounds around us.

For the better part of April, I will be recuperating, from a failed shoulder surgery, but I am so looking forward to the “Planting of the Corn” ceremony, as well as the others, because it will give “us” the opportunity to gather, outside, and enjoy everything that Creator has given us. Let us come together and welcome SPRING...

Great One Above, let us learn to enjoy and share Your garden and not destroy it.

Happy Easter, Happy Spring, Happy Rebirth....

See you along the Good Red Road. *Peace*.....

3 Horses & Dreams of Wolves



The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority, nor expert on any specific Tribe or Nation.