

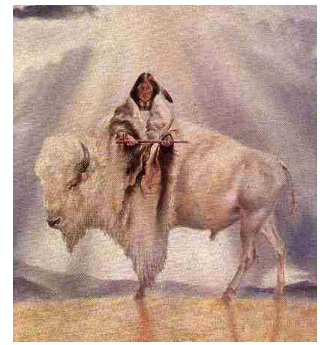
Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

October 2019

We're still here



Council News

On Sat Oct 12th, come join with us at what has become an annual event, the “Healing of the Water” ceremony. (Healing of the Water is an Ojibwa/Chippewa style ceremony whereby everyone is invited to offer their prayers and blessings upon a certain body of water, {the brook}, for all water to be clean and purified. The prayers then flow over Mother Earth and touch every other body of water that this brook is connected to.) ----->

If there are any women who may be interested in “women’s medicine”, the Council ladies have been working on a “Woman’s Drum Circle”. For now the women have been working on Thurs night, during/after drum, but if more ladies attend, then a separate night could be set aside for their gathering. It is not just about drumming, but a chance for the ladies to discuss ideas and work on ladies medicine and other issues.

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

Open drum practices every Thurs night at 6:00. All are welcome to attend. If in doubt – call before you come.

Next meeting is Oct 6th



Contents:

Page 1; Council news.
Page 2; Lighter Side. Spiritually Speaking
Page 3; Events, Adverts, Teaching
Page 4; Special Event
Page 5 & 6; Native Teachings
Page 7; Native Recipe
Page 8; Assorted info. Charity Info. Inspirations.
Message from 3 Horses.

Healing of the Water ceremony



Saturday October 12

(Raindate Sunday October 13)

@ Founders Brook Park
Old Boyd’s Lane, Portsmouth RI
{ Call for directions }

Ceremony to start at 12:00

** Smudging and prayers at 11:30

Followed by a Pot Luck late lunch

@ 222 Middle Rd Portsmouth
(please bring something to share)

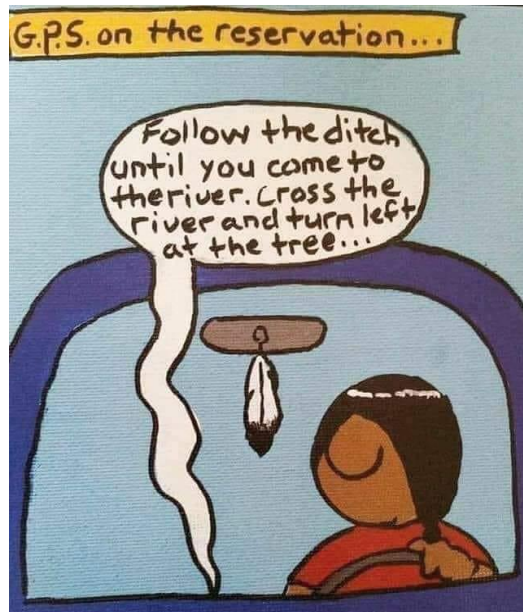
Natives: Regalia please

Non-natives: Casual

Event is open to ALL

****NO** Drugs or Alcohol Allowed **

On the lighter side:



Spiritually Speaking

But if the vision was true and mighty, and I know, it is true and mighty yet; for such things are of the Spirit, and it is in the darkness of their eyes that men get lost.

Black Elk, Oglala Sioux

The Indian believes profoundly in silence – the sign of a perfect equilibrium. Silence is the absolute poise or balance of body, mind and spirit. The man who preserves his selfhood is ever calm and unshaken by the storms of existence... What are the fruits of silence? They are self-control, true courage or endurance, patience, dignity and reverence. Silence is the cornerstone of character.

Ohiyesa (Charles Eastman), Santee Sioux

The lands of the planet call to the humankind for redemption. But it is a redemption of sanity, not a supernatural reclamation project at the end of history. The planet itself calls to the other living species for relief. Religion cannot be kept within the bounds of sermons and scriptures. It is a force in and of itself and it calls for the integration of lands and peoples in harmonious unity. The land waits for those who can discern their rhythms. The peculiar genius of each continent – each river valley, the rugged mountains, the placid lakes – all call for relief from the constant burden of exploitation.

Vine Deloria, Lakota Sioux

The Cherokee lives as a natural part of his environment and strives to complement it, not subdue or dominate it. It's an Indian philosophy that is playing an increasing role in everyone's life now that we realize that natural resources are limited and imbalance between man's technology and nature is perilously close to disaster.

Huey P Long, Cherokee

An Indian respects a brave man, but he despises a coward. He loves a straight tongue, but hates a forked tongue.

Chief Joseph, Nez Perce

It is our desire that we and you should be as one heart, one mind and one body, thus becoming one people, entertaining a mutual love and regard for each other, to be preserved firm and entire, not only between you and us, but between your children and our children, to all future generations.

Kanickhungo, Iroquois

Upcoming Events:

Sun Oct 6th
Aquidneck Indian Council's monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Oct 12th (raindate Sun 13th)
Aquidneck Indian Council's
Healing of the Water Ceremony
Founder's Brook Park
Old Boyd's Lane, Portsmouth RI
401-683-4589 12:00 - ?

Sun Nov 3rd
Aquidneck Indian Council's monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

** Above is not a complete list of all events happening in our area, just a highlight of events that we are involved in. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

Fall & Winter Socials

We are happy to announce our upcoming Fall & Winter Socials for this year.

Remember: ALL are welcome to attend any/all of our functions, invite your friends. We ask that anyone attending bring something to share. Also: Alcohol and Drugs are **NOT** allowed.

Notices/flyers will be in the monthly newsletters and in Facebook events. Always a fun time, good food, good raffle items, great friendships, and the drum isn't too bad either.

We thank Verna and the staff of Sandywoods for the use of their community hall.

Sandywoods Farm/Center for the Arts
43 Muse Way Tiverton RI

Saturday	Nov 9,	12:00-5:00
Saturday	Dec 14,	12:00-5:00
Saturday	Jan 11,	12:00-5:00
Saturday	Feb 8,	12:00-5:00

Native Entertainers welcome, please contact us.

Please support our advertisers:

Handcrafted Native American Ribbon Shirts &
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and photos

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790 Aquidneck Ave. Middletown, RI 02842
401-849-2799 chuckallott@ailt.org

Preserving the Island's open spaces and natural character for the
lasting benefit of our community.

Looking for a new style or place of Worship?
The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA.
www.OnisetWigwam.com

Contact: Rev Patti Craig
1-508-436-3105 evroty@aol.com

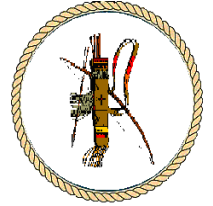


White Earth Ojibwe

You are invited to join us at the:

*Healing of the Water ceremony
and Pipe ceremony*

(Healing of the Water is an Ojibwa/Chippewa style ceremony whereby everyone is invited to offer their prayers and blessings upon a certain body of water, {the brook}, for all water to be clean and purified. The prayers then flow over Mother Earth and touch every other body of water that this brook is connected to.)



Hosted by: **THE AQUIDNECK INDIAN COUNCIL**

Saturday, Oct 12, 2019

**** (rain date Sun Oct 13) ****

@ Founders Brook Park

Old Boyd's Lane, Portsmouth RI
{Call for directions}



Ceremony to start at 12:00

(Smudging and Prayers start at 11:30)

Followed by a Pot Luck late lunch @ 222 Middle Rd Portsmouth
(please bring something to share)

Natives: Regalia please

Non-natives: Casual

Open to the Public

NO Drugs or Alcohol Allowed

R.S.V.P.: on or before 10/1

(Or for information)

Don or Barbara Sly

{3 Horses or Dreams of Wolves}

401-683-4589



The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

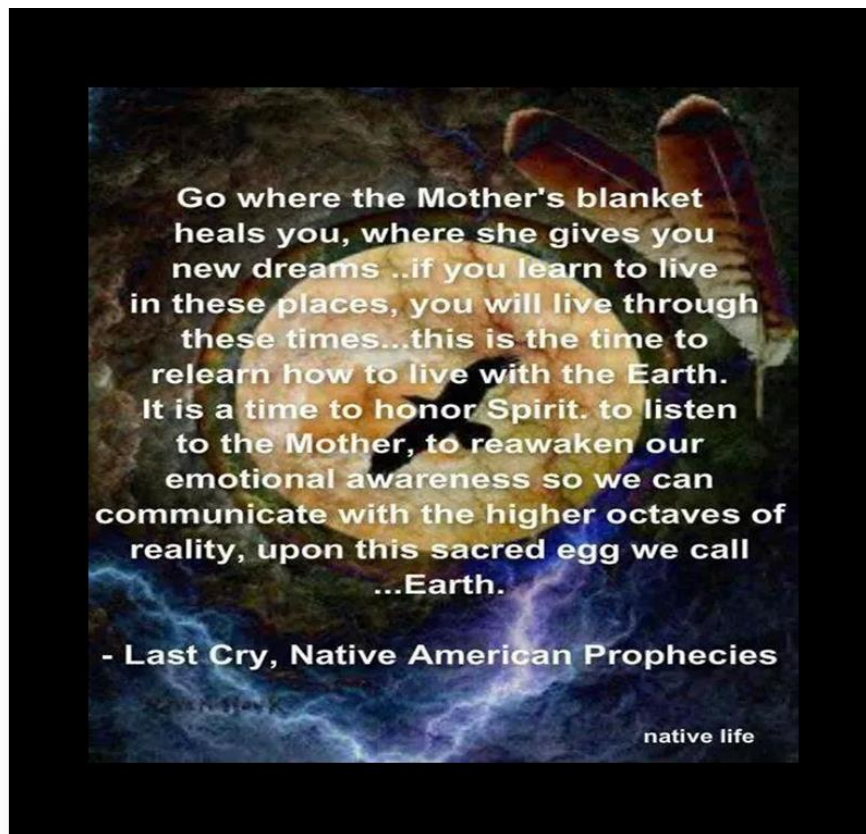
Native Teaching: The Legend of the Peyote Plant

by Bev Morningstar

What is the Peyote plant and what is it used for? Many may ask, so I will do my best to explain its purpose and its use. The Native American Legend of how it was found and its uses according to the Sioux Nation goes like this. Long ago way before any white man, the Sioux people lived on the land in the desert and the mesa. The people were dying from sickness when one elderly woman had a dream. In this dream she dreamt she found an herb that would heal her people. The old woman was not in the best of health herself, however she was determined to find this herb by doing a vision quest. So she decided to take her young granddaughter with her and off they went far from the village, soon they found themselves lost on top of a hill. It soon became nightfall and they made a shelter with branches and brush. They huddled together when suddenly they heard the sound of a huge eagle spreading its wings. The old woman prayed to the eagle for wisdom and guidance. Early the next morning they saw a figure of a man floating above their heads in the air. A voice told them, "I know where you can find, water, food, and medicine". The man pointed down where the old woman had been stepping and there was the peyote plant. At first she did not know what to do with it so she took her knife out and cut a piece off and there was juice for her to drink. When the second night came once again the old woman prayed for help for her people, one plant was not going to help heal them all. For the second and third night the spirit came to the old woman teaching her how to use the herb and also how to find her way back home to her people. Each time they drank the peyote juice they were filled with wisdom on how to use it wisely and where to find it. Today, it is considered a holy herb by Sioux and Cheyenne Nations. It is also a sacrament of the Native American Church founded by a Comanche Chief named Henry Crow Dog.

Conclusion; Today many people do not pay attention to their dreams and what Spirit may be telling them. Our ancestors knew that our dreams were given to us when we were at rest because our minds were not filled with other thoughts. Sometimes, it is the only way that our ancestors/guides can get our attention is in dreamtime.

Great Spirit; let me remember what it is that You, my ancestors and guides are trying to teach, tell, and show me during my dream time.



Native Teaching: Prayer of Renewal

~KiiskeN'tum- She Who Remembers



Beginnings, fresh and clean, part of the Sacred Wheel. Each morning is a new opportunity, to share our love, our souls, and spirits, with those who choose to walk this path along with us, to learn the lessons of the Wheel, and grow closer, to The One Who-Created-All.

Each day is fresh and unblemished, clean and pure. Look around, rejoice in the New Beginning, the Sun rises again, our hearts beat within our bodies. We draw fresh breath, and re-enter the world.

Set aside the pain of past days, each day begins afresh. Build upon the past, its lessons and joys, be strengthened by the love within. Reach out in love to those around us, for each day is a gift, given but once.



Native Recipe

Acorn Squash Baked with Apples



Ingredients:

2 Acorn squash (split and scooped out)
3 apples - pared sliced or diced
Nutmeg and cinnamon to taste

½ cup brown sugar
1-2 tablespoons butter

Instructions:

Par boil squash for 15 minutes.

Mix ½ cup of brown sugar with the sliced/diced apples, add nutmeg and cinnamon.

Fill scooped out cavities of squash with apple mixture, dot with butter.

Bake 40 minutes @ 325*

Serves 4

Next meeting:



**** Sunday Oct 6, 1:00**
@ 222 Middle Rd Portsmouth
Guests Always Welcome

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net

Website: www.aquidneckindiancouncil.org

Inspirational:

I hope the Great One Above, who is looking down upon us, will give all the tribes His blessing, that we may go forth in peace and live in peace all our days, and that He will look down upon our children and finally lift us far above this earth; and that our Heavenly Father will look upon our children as His children, that all the tribes may be His children.

From 3 Horses:

Summer is behind us. The leaves are falling. Another season passes. Soon we will have bare tree limbs and snow on the ground. So it goes in the circle of life. Even though it may be too cold to have outside ceremonies and pow-wows, there are many things that can be done inside. Drum practices will continue throughout the fall/winter. We may hold "Friendship" nights, depending on interest. There are opportunities for working on and educating each other on arts & crafts. The thoughts and plans are endless. Bring your ideas to the meetings, feel free to voice your opinions or thoughts. This Council is all of us coming together as a family, we need everyone's input.

Remember the elderly, the sick and the shut-ins, pray for them. Pray for our family members as well. Keep the needy and neglected in your thoughts and in your hearts. *Believe in these 3 virtues: faith, hope and charity, but the greatest of these is charity.*

See you along the Good Red Road. *Peace.....*

3 Horses & Dreams of Wolves

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1301 North Main Street
Chamberlain, SD 57325

www.stjo.org

Constant Needs:

- Men's deodorant
- Hair gel
- Little girls full slippers in sizes 8-14
- Children's robes
- Dish cloths
- School supplies
- Boys Boxers (all sizes)
- Bath towels
- Running shoes - men's & women's sizes
- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
- Twin, extra long twin & queen comforters/spreads

Remember to save:

"General Mills" + "Betty Crocker"
products box tops. ----->

&

"Campbell's"
products labels. ----->

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)

