

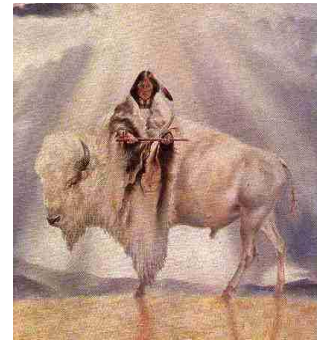
Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

Jan 2019

We're still here



Council News

Our meeting, Nikoma and Gift Gathering on Dec 2nd was a pretty good turnout. We had guests, we had food, we had gifts. It was a good day of togetherness and friendship. The presents that were collected for St Joseph's Indian School were packed & shipped out on Dec 5th, plenty of time to get there for Christmas. I know we don't always see the outcome, but it is nice to know that we are helping the children. In the past we have received photos of the children with our gifts – it makes you feel good to see smiling faces, knowing we made a difference. I like to think we are doing Creator's work.

Our Winter/Holiday Social on Dec 8th went well. We appreciate the support and enjoy making new friends.

On Wednesday the 19th we ventured to the RI Vets Home to visit with our friend John and his wife. A couple of his buddies stopped by. His wife shared home-made cookies with us. At first we weren't going to be allowed to drum and sing, but the staff later changed their minds. We shared a couple of new songs as well as some of our originals and of course our rendition of "Stuck in the Smoke-hole of our Teepee". We were happy to spend time with them, that's what Christmas is about.

**** Note:** This month's meeting will be our Annual Meeting. Reports for 2018 will be read & discussed.

Our next Social is Sat Jan 12. See page 6 for details.

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

Drum practices have been every Thursday at 6:00. If anyone wishes to come and join us at the drum, or even just to enjoy the friendship, the door is always open.

Next meeting is Sunday Jan 6

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"Happy New Year"



As Mother Earth pours out the blessings given to us from Wakan Tanka, let us all remember, we all drink from the same river of life.

Let us all come together in peace and unity and work towards another good year.

On the lighter side: ☺



"See, here's where you screwed up."

Spiritually Speaking

Peace... comes within the souls of men when they realize their relationship, their oneness, with the universe and all the powers, and when they realize that at the center of the Universe dwells Wakan Tanka, and that this center is really everywhere, it is within each of us.

Black Elk, Oglala Sioux

Certain small ways and observances sometimes have connection with large and more profound ideas.

Luther Standing Bear, Oglala Sioux

I'm the only one who's responsible for my soul. If I don't do things right, I'm at fault, not him/her, not the church, not that mountain over there or the sun. This is the way they teach Indian religious ideals. No one is going to influence you. No one is going to bring you up to your grave, but yourself.

Alex Saluskin, Yakima

The Great Spirit is in all things, HE is in the air we breathe. The Great Spirit is our Father, but the Earth is our Mother. She nourishes us, that which we put into the ground returns to us.

Big Thunder, Wabanaki

Life, the circle, a measurement with no beginning and no end.

Phillip Deere, Creek

The circle teaches us how the Creator made things and how to live. It teaches us how we should look at creation. Life travels in a circle. In the East is the baby, to the South is the youth, in the West is the adult and in the North is the Elder. Then we return to the Earth Mother to start the cycle again. We observe what is "around us" from the center of the circle. This develops our point of view. We must be careful not to become self-centered.

Great Spirit, let me observe life from the circle's point of view.



Dues time:



Dues for 2019 can be paid at the January meeting, or checks can be mailed or dropped off to the Secretary at

222 Middle Rd. Portsmouth, RI 02871

\$10 yearly dues help defray the cost of newsletters, snail mail, birthday, get well and/or sympathy cards. It also helps us support our charity, St Joseph's Indian School.

Members & Assoc members, in good standing, will receive a 2019 card upon payment.

Upcoming Events:

Sun Jan 6

Aquidneck Indian Council's Annual Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Jan 12

Winter Lunch & Dance Social
Sandywoods Center for the Arts
43 Muse Way, Tiverton, RI
401-683-4589 12:00 – 5:00

Sun Feb 3

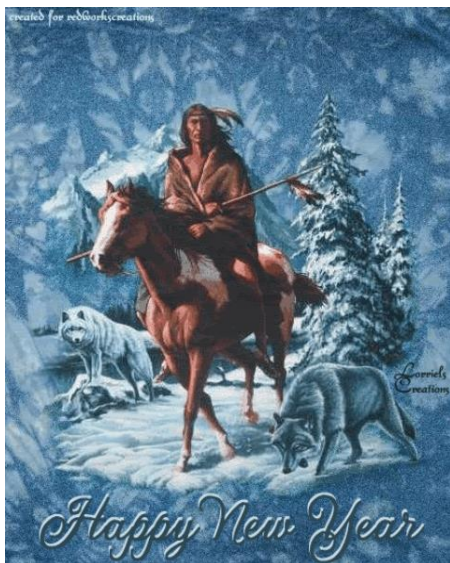
Aquidneck Indian Council's monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Feb 9

Winter Lunch & Dance Social
Sandywoods Center for the Arts
43 Muse Way, Tiverton, RI
401-683-4589 12:00 – 5:00

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.



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The logo for Aquidneck Land Trust features the text 'Aquidneck Land Trust' in a serif font over a background image of a sunset over a field with trees.

790 Aquidneck Ave. Middletown, RI 02842

401-849-2799

chuckallott@ailt.org

Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship?

The Oniset Wig Wam Spiritualist Camp

9 Crescent Place, Onset, MA.

www.OnisetWigwam.com

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)

Sunday Services: June thru August – 7:00 PM to 8:30 PM

Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.

Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,

Contact: Rev Patti Craig

1-508-436-3105

evroty@aol.com



Acoma Pueblo flag

Editorial:

New Year's wishes

by *Dreams of Wolves*



Well, here we are, another year has come and gone. Think of all the things that have happened in 2018. Some things were great, others; not so good.

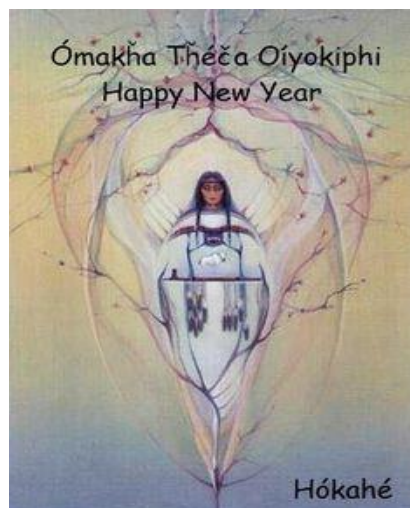
So now we are in a new year and it is time to start over. This year we need to work on improving our Council and also our attitudes. The first thing we need to do is; if we want this Council to succeed, we all need to take part in working together. People do have lives, outside this Council, but when there is something that the Council is obligated to do, we as a family should pull together and work as a team. Hopefully this year will be much better than the past. Let's support each other and not judge each other. We should be loving and understanding. None of us are perfect. I am far from perfect and I thank Creator that I am not, it makes me human. Sometimes it seems that life is not fair, but we are a family and if there is something that you need to talk about, we as a family should support you.

Maybe this year we will get more members that really want to be here and want the family atmosphere; that is where you as members of the Council will help by finding Native Americans that don't have a haven, or a Council family to belong to, because their Nation is not in this area.

Our attitudes are an important part of this Council. When people come to meetings and/or anything we are doing; we should be positive, not negative. If we always have a negative look on our faces, it makes others feel bad, and that is not fair to those who are always happy. So let's all work on ourselves and hopefully we will have a great new year with no negativity and no politics, just love and understanding. Remember; we are family and let's keep it that way.

So my wish is that all of us have a blessed year and a positive outlook, and let's start pulling together and start being here when needed. If you are part of this Council: let's work together and be here for each other.

Happy New Year. "Love you all".



Native Teaching:
Four Directions Prayer
by *Vera Dery*



Creator, it is I. Thank you for today's sunrise, for the breath and life within me, and for all of your creations. Creator - Hear my prayer, and honor my prayer.

As the day begins with the rising sun, I ask, Spirit keeper of the East, Brother Eagle - Be with me. Fly high as you carry my prayers to the Creator. May I have eyes as sharp as yours, so I am able to see truth and hope on the path I have chosen. Guide my step and give me courage to walk the circle of my life with honesty and dignity.

Spirit keeper of the South, Wolf - Be with me. Help me to remember to love and feel compassion for all mankind. Help me to walk my path with joy and love for myself, for others, for the four legged, the winged ones, the plants and all creation upon Mother Earth. Show me it is right for me to make decisions with my heart, even if at times, my heart becomes hurt. Help me to grow and nurture my self-worth in all ways

Spirit Keeper of the West, Brown Bear - Be with me. Bring healing to the people I love and to myself. Bring into balance the physical, mental and spiritual, so I am able to know my place on this earth, in life and in death. Heal my body, heal my mind and bring light, joy and awareness to my spirit.

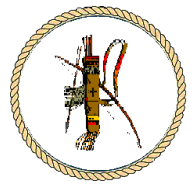
Spirit Keeper of the North, White Buffalo - Be with me. As each day passes, help me to surrender, with grace, the things of my youth. Help me to listen to the quiet, and find serenity and comfort in the silences as they become longer. Give me wisdom so I am able to make wise choices in all things which are put in front of me, and when time for my change of worlds has come, let me go peacefully, without regrets, for the things I neglected to do as I walked along my path.

Mother Earth, Thank you for your beauty, and for all you have given me. Remind me never to take from you more than I need, and remind me to always give back more than I take.



The

AQUIDNECK INDIAN COUNCIL



Invites you to attend

our Winter Potluck - Lunch, Dance Social Gathering

Sat Jan 12th 12:00 – 5:00

@ Sandywoods Farm, 43 Muse Way, Tiverton, RI

Raffles, Dancing and afternoon fun.

Open to the public - all are welcome.



Please bring something to share.

(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome. Call us.

****This is an Alcohol & Drug Free Event****

Directions to: Sandywoods Farm

From Fall River, Providence, and points north, take Route 195 to Route 24S. Follow 24S to 81S. Follow Route 81 to the 81/177 intersection, then turn right, then take your first left (at the Bulgarmarsh Recreation Area) onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

From Newport and southern RI, take the Jamestown and Newport bridges and continue through Middletown and Portsmouth on Route 114 (West Main Road) to Route 24N. After crossing the Sakonnet River bridge, take the Fish Road exit (Exit 6) off of 24N. Turn right at end of exit, then left at the end of Fish Road onto Bulgarmarsh Road. Follow Bulgarmarsh to the Bulgarmarsh Recreation Area (just before the 177/81 intersection) and turn right onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

NOTE: Because Muse Way and the other roads at Sandywoods Farm are newly constructed, you may find that they do not yet show up on your GPS device. info@sandywoodsfarm.org

For more info contact us at

401-683-4589

Aquidneck_Indian@verizon.net

www.aquidneckindiancouncil.org

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

Native Recipe

Stuffed Squash



Ingredients:

2 acorn squash, split & seeded
½ lb ground pork or veal
¼ cup milk
1 teaspoon salt
1 small onion, chopped

½ lb ground beef
½ cup uncooked oats or bread crumbs
¼ cup brown sugar
¼ teaspoon mace

Instructions:

Bake squash, cut side up for 45 minutes at 325*.

Meanwhile, in a bowl combine beef, pork (or veal), oats (or bread crumbs), milk, onion, mace and salt. Sauté until meat is thoroughly cooked.

Remove squash from oven and fill cavities with meat mixture, and sprinkle each half with brown sugar.

Bake 15 minutes more and serve.

Serves 4

Next meeting:



**** Sunday Jan 6, 1:00**
@ 222 Middle Rd Portsmouth

Guests Always Welcome

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net

Website: www.aquidneckindiancouncil.org

Inspirational:

"Someone must speak for them. I do not see a delegation for the four footed. I see no seat for eagles. We forget and we consider ourselves superior, but we are after all a mere part of the Creation."

--Oren Lyons, ONONDAGA

From 3 Horses:

Another year ends and another begins. As we head into the New Year, with things that we have learned from the past, take time to remember those whose paths we have intersected or walked along side of. Remember friends who are no longer with us. Remember those who have crossed over. As we strive for the future, remember our ancestors, for without them, we wouldn't be here.

My hope for the New Year is that we grow and flourish, both in size, as well as spirituality. Remember, the door is always open. With knowledge and unity comes strength. *Father, Creator, Great One Above; look down and smile on us and pour Your many blessings upon us. Continue to show us the right path, the path that leads to You. A-ho!!*

Happy New Year to all.....

See you along the Good Red Road. *Peace*

3 Horses & Dreams of Wolves



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www.stjo.org

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- Children's robes
- Dish cloths
- School supplies
- Boys Boxers (all sizes)
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- Children's tennis shoes (sizes 1-4)
- Men's T-shirts (all sizes)
- Chewable vitamins
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Remember to save:

"General Mills" + "Betty Crocker"
products box tops. ----->

&

"Campbell's"
products labels. ----->

For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)



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