

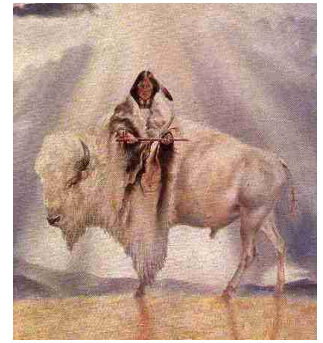
Aquidneck Island Intertribal Indian Council

(est. Oct. 14, 2007)

Newsletter

Feb 2019

We're still here



Council News

Our Jan meeting was our Annual Meeting. Reports for 2018 were read, discussed, voted upon and placed on file. We thank our guests for their patience as we had to conduct these formalities. After the Annual part of the meeting we discussed upcoming plans and events for the New Year. After the meeting, all sat, ate and socialized (*that's always the best part – coming together as a family over food and friendship*).

Also at the Annual meeting I was happy to bestow the honor of elevating Scott Strong Elk to the position of “Head Warrior/Warrior Guard”. Who better to fill this position than a Marine Corps veteran?

Jan 12th we hosted Jan Winter Potluck Social. There were a lot of people in attendance. A few new faces. The food was great and the energy was high. For some reason the location fills the spirit in the drum and she speaks loud and clear. Thanks to everyone who came out to enjoy our medicine.

Jan 18th we conducted a presentation at the Tiverton Middle School. On Jan 19th we conducted a presentation at the Benjamin Church Senior Center in Bristol. From children to Elders in one week end – it is always good when we have a chance to teach our mixed Native culture and give away medicine.

At this month's meeting we will discuss Jan happenings and discuss our March 23rd “12 Annual Indoor Pow-wow”.

Our next Social is Sat Feb 9. See page 6 for flyer. ----->

Our prayers go out to all of our extended family members who are sick, ill, or injured. If you know of a member, or friend, of this Council, who is sick or in the hospital, please let us know ASAP.

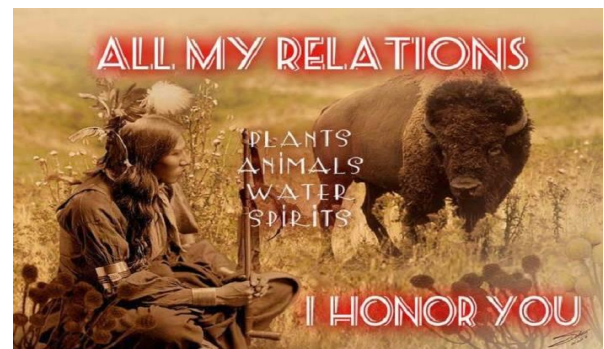
Open drum practices every Thurs night at 6:00. All are welcome to attend. If in doubt – call before you come.

Next meeting is Sunday Feb 3

Contents:

Page 1; Council news.
Page 2; Lighter Side. Spiritually Speaking
Page 3; Events, Adverts
Page 4; Editorial
Page 5; Native Teaching
Page 6; Upcoming Event
Page 7; Native Recipe
Page 8; Assorted info. Charity Info. Inspirations.
Message from 3 Horses.

We invite you to attend
our Winter Potluck - Lunch, Dance
Social Gathering



Sat Feb 9th 12:00 – 5:00

@ Sandywoods Farm, 43 Muse Way,
Tiverton, RI

Raffles, Dancing and afternoon fun.
Open to the public - all are welcome.

Please bring something to share.
(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome. Call us.

****This is an Alcohol & Drug Free Event****

On the lighter side: ☺



Spiritually Speaking

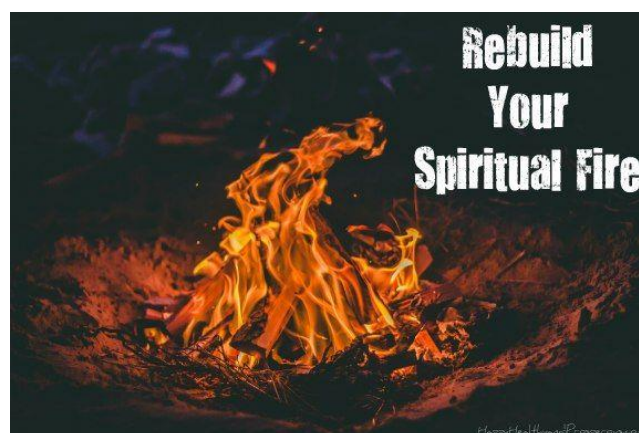
A TIME TO REBUILD

Robert Soto, Lipan Apache

As I look at our Native people, I feel it is time to rebuild the walls that have brought destruction to our lives and the lives of those around us like our families. We have made a mess of things and a lot of us struggle with the basic means of survival. Not so much survival in a physical sense, but spiritual survival. It seems like most of our people have become far removed from God the Creator and the things He has taught us. In the last two Apache Alliance meetings I have attended, four times holy men have spoken to us about turning back to basics of our spirituality. We seem to put more hope in the government than in our God. We seem to put more trust in their programs than God's provision. God the Creator made us as people of faith. He showed us the paths we should follow and the things we should seek. It is time we start rebuilding our lives on a theocentric, or God-centered foundation the way it used to be with our people.

I loved the words of Nehemiah when he wrote, "Then I said to them, you see the trouble we are in: Jerusalem lies in ruins, and its gates have been burned with fire. Come, let us rebuild the wall of Jerusalem, and we will no longer be in disgrace." You ask, "What do the walls and gates of a ruined Jerusalem have to do with us today?" It was not the broken walls and burned gates that held Jerusalem in ruins, it was the attitude of the heart. The heart was discouraged to the point that all they could see was broken walls and gates in ruin. They let their environment control their future. They were so lost spiritually that they had no inclination to rebuild their hearts, much less the walls and gate. They wandered like zombies each day seeing only the destruction and not the solution. They needed a spiritual jumpstart of their hearts. This is when Nehemiah came and said, "...Come, let us rebuild the wall of Jerusalem, and we will no longer be in disgrace."

As I face the new year, I see that it is time to take possession of our spirituality and start to rebuild our lives so that we no longer walk around lost, seeking for answers in all the wrong places. It is time to allow God the Creator to rebuild our hearts so that we can heal the broken walls and rebuild the gates in ruin in our lives.



Upcoming Events:

Sun Feb 3

Aquidneck Indian Council's monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Feb 9

Winter Lunch & Dance Social
Sandywoods Center for the Arts
43 Muse Way, Tiverton, RI
401-683-4589 12:00 – 5:00

Sun Mar 3

Aquidneck Indian Council's monthly Meeting
222 Middle Rd, Portsmouth RI
401-683-4589 1:00 - ?

Sat Mar 23

12 Annual Indoor Pow-wow & Spring Gathering
KofC Hall
7 Valley Rd, Middletown, RI
401-683-4589 9:00 – 5:00 (Grand Entry 12:00)

** Above is not a complete list of all events happening in our area, just a highlight. For a full list of Native happenings, check the pow-wow schedule on the Wandering Bull's website.

If any doubt, call before you head out to an event to verify location and dates/times.

The Northern journey of winter:

White covers much of the earth during winter's harsh, cold months, representing the nourishing blanket that secures all of nature while it lies sleeping. Winter also represents Elders and their final walks along the Red Road. Our grandparents are wise and the winter is silent. Therefore, the time of the North is a special time for storytelling.

In olden times, children and adults would gather around a fire and hear storytellers narrate legends and myths of their people. Storytellers orally teach the traditions of their people and keep alive the history of their tribe. The Chippewa call North "Waboose", which is depicted as a strong, powerful buffalo withstanding the effects of winter.



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Preserving the Island's open spaces and natural character for the lasting benefit of our community.

Looking for a new style or place of Worship?
The Oniset Wig Wam Spiritualist Camp

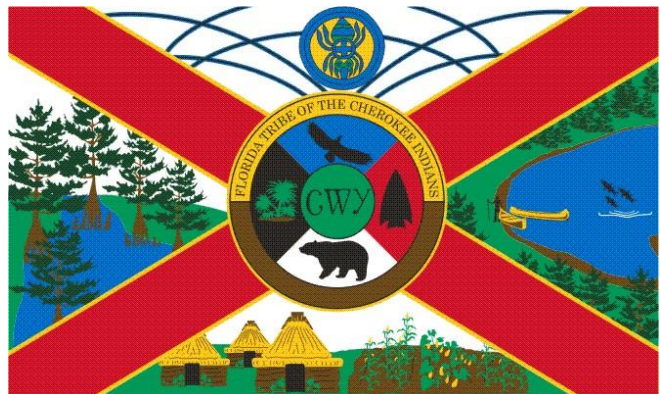
9 Crescent Place, Onset, MA.
www.OnisetWigwam.com

or

First Spiritualist Church of Brockton

243 Winthrop St. Rehoboth, MA (Grange Bldg. Rte 118 & 44)
Sunday Services: June thru August – 7:00 PM to 8:30 PM
Sept. thru May - 10:00 AM to 11:30 with fellowship to follow.
Check out their FB page: First Spiritualist Church of Brockton

For info on either the Wig Wam or Church of Brockton,
Contact: Rev Patti Craig
1-508-436-3105 evroty@aol.com



Florida Cherokee Tribe

Editorial: Come together

by *Dreams of Wolves*

COME TOGETHER

Well here we are, a new year. Hopefully it will be a very spiritual and fulfilling year.

Many things have happened over last year; some good, some bad. We need to make 2019 a better year by acting like a family and fulfilling our commitments.

We are all brothers & sisters, and like a family, there is always difference of opinions. Instead of ignoring the things that don't please us, we need to discuss them. If someone is doing something that is unacceptable, and we are told about it, don't get angry or hurt feelings, just ask what would correct the issue. We are all adults and so we should be able to fix something through kindness, love, understanding and spirituality.

Those of us that hold positions in the Council should know what it entails and what is expected of us. Try to guide each other spiritually. We are a family so let's show love and support towards each other, follow a spiritual path and all will be well, because with Him, anything is possible.

Hopefully we can attract more members so we can fulfill our obligations to us and to the community.

Let's pull together.



Native Teaching: The Native American's Way Of Life

by Bev Morningstar

Introduction: The first thing that we all need to understand is that our ancestors always were taught to live closely with Mother Earth, their families, and to remember the sacred agreements that were passed down to them. Their lives were about taking care of Mother Earth, maintaining good relationships, and staying connected to Spirit.

With all the distractions of today's world, it may be difficult to maintain the old ways of life. However, to honor our ancestors we all must strive to remain committed to honoring this path. Others may ask why we remain doing things the old way when we could just forget the teachings of our elders and live in the modern way of living and thinking. We walk this path because it is an honorable way to live, while at the same time we know our ancestors survived many battles by doing so. It is up to all of us to keep the old ways and preserve the teachings passed down to us.

Some of the core values are as follows; "*All my relations*". When we speak of this we are saying that we are related to all living beings; which includes not only people, but the animals, plants, insects, the trees, etc. We recognize them in our prayers because our Creator gave them all to us and we are grateful for them. Living in harmony is a state that we can create by honoring one another to gain a more peaceful loving environment. When we recognize the beauty of nature and look into the hearts of people with love and not judgmental thoughts, it teaches us to come together as one in harmony and peace. When we learn to live in harmony with nature and humans, we will be able to find the inner peace we all need to survive.

We have a responsibility to future generation to teach them about living in harmony with land and its inhabitants. We have an obligation to care about the land, its resources, and nature as a whole. As humans we need to understand that finding balance in our lives helps us to and live in balance with nature. We should not feel that we are more superior than others, because, this in turn creates disharmony with one another. To think/feel this way causes loss of balance and disharmony in one's life. When we honor each other's gifts we then allow them to contribute their best ideas and efforts to support each other, allowing others to use their gifts helps to foster a more meaningful circle as a whole. When we deny others to use their talents and gifts we are robbing them of their potential to contribute to society as a whole. "*Relationships*" are one of the core values of our ancestors, in order to live in peace they made every effort to show others in their circle that they too were needed and appreciated. By doing this they survived and were able to pass on their teachings to all of us, teachings that were very important in order to live in peace. We all need to recognize that, "We are all connected" and we need each other to survive.

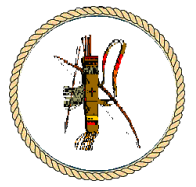


Conclusion: When we live in harmony we are all doing our part to first; **honor** the teachings of our ancestors and then, **helping** this to be a better world. *Today, Great Spirit, we ask You to help us live as our ancestors did, help us to hear their teachings and live by them as well. Help us to walk the path of the Red Road and not just speak about doing so. May we all walk it with peace in our hearts. A'ho*



The

AQUIDNECK INDIAN COUNCIL



Invites you to attend

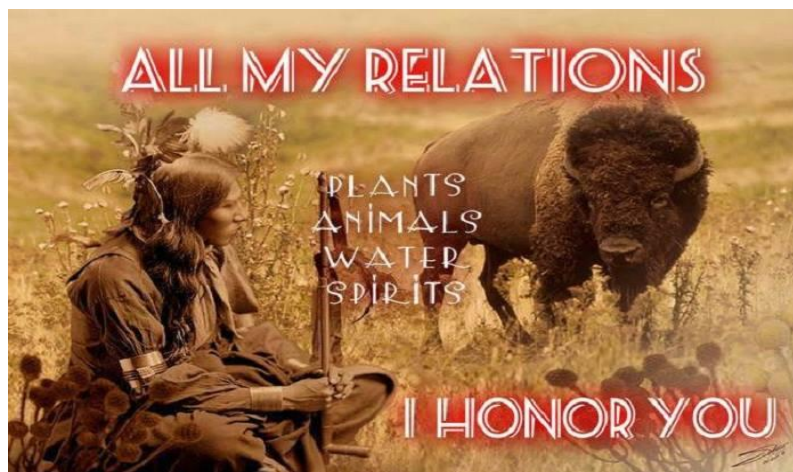
our Winter Potluck - Lunch, Dance Social Gathering

Sat Feb 9th 12:00 – 5:00

@ Sandywoods Farm, 43 Muse Way, Tiverton, RI

Raffles, Dancing and afternoon fun.

Open to the public - all are welcome.



Please bring something to share.

(Coffee, water & soda will be provided by the Council)

Drumming by: the Soaring Eagle Singers

All Native entertainers welcome. Call us.

****This is an Alcohol & Drug Free Event****

Directions to: Sandywoods Farm

From Fall River, Providence, and points north, take Route 195 to Route 24S. Follow 24S to 81S. Follow Route 81 to the 81/177 intersection, then turn right, then take your first left (at the Bulgarmarsh Recreation Area) onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

From Newport and southern RI, take the Jamestown and Newport bridges and continue through Middletown and Portsmouth on Route 114 (West Main Road) to Route 24N. After crossing the Sakonnet River bridge, take the Fish Road exit (Exit 6) off of 24N. Turn right at end of exit, then left at the end of Fish Road onto Bulgarmarsh Road. Follow Bulgarmarsh to the Bulgarmarsh Recreation Area (just before the 177/81 intersection) and turn right onto Roosevelt. Roosevelt will bring you to Muse Way and the Sandywoods village center.

NOTE: Because Muse Way and the other roads at Sandywoods Farm are newly constructed, you may find that they do not yet show up on your GPS device. info@sandywoodsfarm.org

For more info contact us at

401-683-4589

Aquidneck_Indian@verizon.net

www.aquidneckindiancouncil.org

The Aquidneck Island Intertribal Indian Council is a non-profit volunteer organization for the preservation of mixed Native American Tribal Heritages and Ancestral ways and makes no claims as to be an authority nor expert on any specific Tribe or Nation.

Native Recipe

Indian Pudding



Practically every cookbook has a different version of “Indian Pudding”. Actually it is not a Native invention, as one might assume. The colonials referred to cornmeal as “Indian Corn”, so they wouldn’t confuse it with wheat, hence the name. This pudding is basically a corn mush made with molasses, milk and cornmeal. Later versions added eggs, sugar, butter and spices. Even today it is served in restaurants throughout New England.

Ingredients:

1 ½ cup raisins	1 teaspoon salt
3 cups scalded milk	½ cup sugar
1 ½ cup cold milk	¾ teaspoon ginger
1 cup cornmeal	¼ cup nutmeg
½ cup molasses	¼ cup butter

Add raisins to hot milk. Mix cornmeal into cold milk and add slowly till mixture thickens (10-15 minutes)

Now, add molasses, salt, sugar, ginger, nutmeg and butter. Pour into a 2 quart baking dish and add remaining ½ cup cold milk into center of pudding. *Do not stir.

Set dish in a pan of cold water (about 1 inch high). Bake at 300* for about 2 ½ hours.

Cool 3 to 4 hours before serving. Top with whipped cream or ice cream.

Serves 4 to 6

Next meeting:



**** Sunday Feb 3, 1:00**
@ 222 Middle Rd Portsmouth

Guests Always Welcome

AIIC contact info:

3 Horses Sly Fox (Don Sly), Chairman
Dreams of Wolves (Barbara Sly), Secretary
222 Middle Rd. Portsmouth, RI 02871
401-683-4589

Email: aquidneck_indian@verizon.net

Website: www.aquidneckindiancouncil.org

Inspirational:

"Give others a piece of your heart, not a piece of your mind".

--3 Horses, Comanche

From 3 Horses:

Does everyone remember the legendary question, "Did you ever wonder why" (Andy Rooney, CBS News)? Do you sometimes ponder this question yourself? "Why do I want to know Native history or culture?" "Why do I go to Native functions or events?" "Why do I go to Native ceremonies?" "Why do I want to be around a Native drum?" Do you ever think it's because you feel the connection to your ancestors and more especially to *Wakan Tanka*, the Great Spirit Himself?

The drum, the gatherings, the songs, the ceremonies; all bring us closer to the connectedness with the Ancient One Above. Our Council is not only a teaching council, but a spiritual driven circle of family and friends. If you haven't been to a Council meeting or function lately, you're missing that special something. Did you ever wonder why things may at times seem distant or difficult? Sit and talk with Creator, let him read your heart. Make your heart a sacred place. *May we always meet, act, part and walk in a sacred manner. A-ho!*

See you along the Good Red Road. *Peace.....*

3 Horses & Dreams of Wolves



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For St Joseph's Indian School
(see *Dreams of Wolves* for a detailed list)

